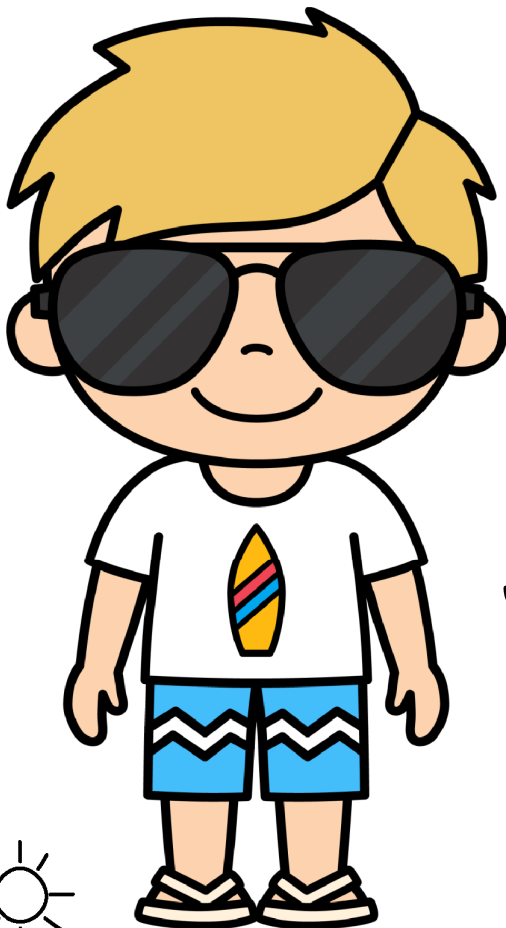


SUMMER

2021

WEEKLY

DETAILED PLANS



LEVEL

1

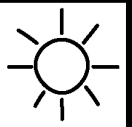
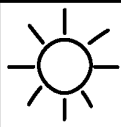


SUGGESTED AGE RANGE:

PRESCHOOL
- GRADE 1

JUNE, JULY & AUGUST

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SUMMER

ACTIVITY-A-DAY

WEEKLY PLANS



INSTRUCTIONS:

1. Print out weekly lesson plans (pages 3 - 11).
2. Print out resources/activities for each week.
These are separated by Months:
 - »» JUNE: Pages 12 - 31
 - »» JULY: Pages 32 - 57
 - »» AUGUST: Pages 56 - 86
1. Complete activities throughout the months of June, July, and August.
2. Each week includes the following activities:
 - Monday = Fine Motor
 - Tuesday = Sensory Fun
 - Wednesday = Visual Perceptual/Visual Motor Integration
 - Thursday = Handwriting
 - Friday = Gross Motor
 - Saturday = Around the House
5. Do not force these activities. Enjoy and have fun with your child.
6. Have a wonderful and safe summer!

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JUNE

2021



SUMMER



WEEKLY PLANS

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LEVEL 1 : SUGGESTED AGE RANGE - PRESCHOOL - GRADE 1



WEEK 1



TUESDAY:
SENSORY

Blowing Games- Use small lightweight feather or cotton ball. Child is to blow across the table. Can blow across the floor while on hands and knees. Can blow ping pong balls across the water of a shallow pool. Make a game by setting up a target to reach.

WEDNESDAY:
VISUAL
PERCEPTUAL/V/M



Color by Number- Use the supplied summer coloring page.

THURSDAY:
HANDWRITING



Tic Tac Toe- Teach strategy while reinforcing the concepts of horizontal, diagonal, and vertical. Practice the formation of X and O.

FRIDAY:
GROSS MOTOR



Jumping Jacks- Practice making an "X" with your body. Jump your legs out wide and lift your arms up high overhead. Next, make an "I". Jump and bring your legs back together and arms down by your sides. Use supplied visual and instructions.

SATURDAY:
AROUND
THE HOUSE

Put Laundry Away- Help parents by placing folded clothes on easy to reach shelves and into drawers. Great opportunity for reaching, squatting and strengthening.



= Indicates a Weekly Plan Printable Resource

>>> WEEK 2

MONDAY:
FINE MOTOR

Lace & Unlace Shoes– Practice lacing and unlacing your shoes. Practice on other shoes in your house too!

TUESDAY:
SENSORY

Sidewalk Chalk– Use chalk to practice coloring and writing. Draw long, curvy lines; child tries to stay on the line while walking. Draw letters about one foot apart; child jumps from letter to letter (a-z or spells out words).

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Cut with Scissors– Use supplied resource.

THURSDAY:
HANDWRITING



Pencil Control– Using a pencil, stay on the paths!

FRIDAY:
GROSS MOTOR

Obstacle Course– Use objects and toys that are available in your yard. This may include a rope, log, plank of wood, hula hoop, bricks, or large box. Arrange items with a start and end spot. Encourage the following actions: step over, jump over, crawl through, jump down, walk forward, walk backward, skip & gallop, crawl on hands and knees, etc.

SATURDAY:
AROUND
THE HOUSE

Organize Toys– Sort through “messy” toys and organize into containers or on shelves.

>>> WEEK 3

MONDAY:
FINE MOTOR



Sort Coins– Use supplied resource to sort coins in the piggy bank.

TUESDAY:
SENSORY



Sensory Coloring– Brown bear: using crushed cereal like cheerios or shredded wheat for fur, black beans for eyes. White bear: using coconut for fur, black beans for eyes.

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI

Shadow Art– See how the sun casts shadows of objects with this fun activity! Have child collect several objects (like plastic animal figurines) that will cast fun shadows. Put the objects in a sunny spot and look where the shadow falls. Place the paper directly under the shadow. Use a pencil or marker to outline the shadow carefully; then remove the paper. Color in the outline and add details to your shadow.

THURSDAY:
HANDWRITING



Pre-Writing Fish Fun - Use supplied resource to make pre-writing strokes on the snow cones.

FRIDAY:
GROSS MOTOR



Copy Me! - Use supplied pictures as a model for children to copy movement patterns.

SATURDAY:
AROUND
THE HOUSE

Help Cook– With adult supervision spread butter, tear lettuce, cut soft food in one-half, pour ingredients, stir, open & close jars, knead dough, peel fruit, and/or make a bowl of cereal.

WEEK 4



MONDAY:
FINE MOTOR



Therapy Putty Exercise – Use supplied resource.

TUESDAY:
SENSORY

Nature Collection – Provide a list of things for your child to find in the yard or at the park. Examples include: green leaf, 2 rocks, acorn, white flower, feather, stone.

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Jelly Fish Craft – Demonstrate how to hold scissors and paper with “thumbs up”. Use supplied cutting resource to cut out jelly fish head and tentacles.

THURSDAY:
HANDWRITING

Shaving Cream Letters – Using shaving cream in a pan, make letters with your finger.

FRIDAY:
GROSS MOTOR

Body Tangles – While the child’s eyes are closed, give directions about how he/she should move their body. Give a series of three directions such as “put your hands on your hips”, “cross your legs”, and “lean forward at the waist.”

SATURDAY:
AROUND
THE HOUSE

Match Socks – Provide a basket of unmatched socks for child to match.

WEEK 5



MONDAY:
FINE MOTOR



Use Tongs – Provide simple tongs to squeeze and release. Grasp small objects (pompoms, erasers, etc.) and place into containers. Use supplied resource.

TUESDAY:
SENSORY



Make Goop – See supplied recipe. Mix corn starch and water for a fun tactile experience. Explore with fingers or mix with spoons or forks.

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Fold & Cut – Use supplied resource to fold & cut.

JULY

2021



SUMMER



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WEEKLY PLANS

LEVEL 1 : SUGGESTED AGE RANGE- PRESCHOOL - GRADE 1

>>> WEEK 1

THURSDAY:
HANDWRITING



Dough Letters– Use supplied resource. Place dough mats in clear protector sleeve. Roll the play dough into lines and curves to form letters.

FRIDAY:
GROSS MOTOR

Hop Scotch– Use sidewalk chalk to make a simple or complex design. Demonstrate how to move from spot to spot by hopping (on one foot) and jumping (on two feet).

SATURDAY:
AROUND
THE HOUSE

Fruit Kabobs– Cut up pieces of fruit and place on skewers with help from a grown up.



= Indicates a Weekly Plan Printable Resource

WEEK 2

MONDAY:
FINE MOTOR

String Fruit Loops- String fruit loop or cereal. Make a necklace!

TUESDAY:
SENSORY

Bubbles- Blow, chase, catch on wand, stomp on, and poke with index finger.

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI

Let me Think- Here is a great visual memory game that helps with observation skills and eye contact. Face your child and tell him/her to look at everything about your appearance for one minute. Next, the adult turns away and changes one thing while the child is not looking. Examples may include: unbuttoning a button, untying a shoe, rolling up a sleeve, messing up your hair, etc. Can your child tell you what was changed? Take turns.

THURSDAY:
HANDWRITING

Form Letters with Wood Twigs- Go on a treasure hunt to collect large and small "straight line" twigs for use to form the following letters: A, E, F, H, I, K, L, M, N, T, V, W, X, Y, Z.

FRIDAY:
GROSS MOTOR



Yoga Pose-Use supplied picture Yoga Card as a model for children to build strength, flexibility, and confidence.

SATURDAY:
AROUND
THE HOUSE

Clean up Toys- Clean up the toys in your bedroom, toy room, or house.

WEEK 3

MONDAY:
FINE MOTOR



Therapy Putty Exercise - Use supplied resource.

TUESDAY:
SENSORY



Puffy Paint- Follow the recipe to create this fun to use paint. You will need: 1 cup white shaving cream, ½ cup white liquid glue, small bowl, food coloring (optional), and paper to be painted. Mix the shaving cream and glue together in a bowl. If the mixture appears too "thin", add more glue to make it "stiffer". Use a brush or fingers to create project.

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Q-Tip Art- Use a Q-Tip to paint the flower. Use supplied resource.

THURSDAY:
HANDWRITING



Print Upper Case Alphabet- Be sure to form each letter correctly; top to bottom and with the proper stroke sequence. Use the supplied upper case printing resource.

FRIDAY:
GROSS MOTOR

Water Balloon Baseball- Fill water balloons with water. Once they are full, the pitcher throws them and the batter hits the balloon with a whiffle bat or pool noodle.

SATURDAY:
AROUND
THE HOUSE

Sweep- Help sweep leaves off the driveway, sidewalk, porch or patio.

WEEK 4



MONDAY:
FINE MOTOR



Thumbprint Art- Use pad of finger to dab paint or ink on the fish.

TUESDAY:
SENSORY

Squirt Toy Painting- Mix tempera paint with water (50/50 mixture) and pour into a squirt toy. Use a canvas, paper, or white bed sheet and tape to a vertical surface. Squeeze the squirt toy and decorate your canvas with the paint!

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Butterfly Copy- Use supplied resource to copy the butterfly.

THURSDAY:
HANDWRITING



Dough Face- Using dough, make a face in the frames.

FRIDAY:
GROSS MOTOR

Walk the Plank- Make a simple balance beam by finding a board or wood beam of 4 inches wide and several feet long. Encourage your child to walk forward, backward, and sideways without falling off. Challenge them to stand still on one foot and to bend down to pick things from the floor as he/she moves across the beam.

SATURDAY:
AROUND
THE HOUSE

Sort Silverware- Sort tablespoons, teaspoons, forks and butter knives.

WEEK 5



MONDAY:
FINE MOTOR



Hole Punch- Use supplied resource and a hole punch to decorate a fish.

TUESDAY:
SENSORY

Make Waves- Blanket Parachute Fun! Spread out a twin sized blanket. Your child holds one end and the adult holds opposite corners. Place a collection of small, lightweight balls into the center of the blanket. Work together to make "waves" with the blanket doing your best to keep all the balls on top for as long as possible!

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Connect the Dots- Use supplied resource.

THURSDAY:
HANDWRITING



Rainbow Writing- Use supplied resource to write upper case letters in many different colors!

FRIDAY:
GROSS MOTOR



Exercise Time- Use supplied resource to move your body!

SATURDAY:
AROUND
THE HOUSE

Wash Tables- Use damp sponge or cloth to wipe table tops or counters.

AUGUST

2021



SUMMER



WEEKLY PLANS

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LEVEL 1 : SUGGESTED AGE RANGE- PRESCHOOL - GRADE 1

>>> WEEK 1

MONDAY:
FINE MOTOR



Clothespins- Use supplied clothespin resource or place on clothesline, edge of box/jar or on a plastic hanger.

TUESDAY:
SENSORY



Ice Eggs- This is a fun sensory activity that children will really enjoy on a hot day. The child will also have a small little toy once the eggs melt!

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Cut & Sort- Use supplied resource to cut and sort the butterflies.

THURSDAY:
HANDWRITING



Summer Memories- Use supplied resource.

FRIDAY:
GROSS MOTOR

Swim - Enjoy a fun day splashing in the water!

SATURDAY:
AROUND
THE HOUSE

Put Away Groceries- Help parents by placing canned and boxed goods on reachable shelves. Practice sorting similar items and reading the names of each product. Great opportunity for reaching, squatting and strengthening.



= Indicates a Weekly Plan Printable Resource

WEEK 2



MONDAY:
FINE MOTOR



Rip Paper Craft– Make a popsicle by ripping up pieces of construction paper and gluing them on the template supplied.

TUESDAY:
SENSORY



Chalk Spray– Use recipe to make chalk spray. Spray chalk on driveway, walkway, etc. and have fun!

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Which is Different?– Use supplied resource to find and color each item that is different from the rest. 2 versions included.

THURSDAY:
HANDWRITING



A-Z Scavenger Hunt– Find something small that starts with the letters of alphabet. If time is a factor, break this activity into several days.

FRIDAY:
GROSS MOTOR



Animal Walks– Use supplied picture cards as a model for children to imitate the actions.

SATURDAY:
AROUND
THE HOUSE

Make Bed– Teach your child by turning this into a game of Simon Says. Have your child stand across the bed from you and tell them what to do, step by step. Transforming bed making into a game will turn what may seem like a chore to a special and fun time!

WEEK 3



MONDAY:
FINE MOTOR

Pipe Cleaner Animals– Cut and twist pipe cleaners to form the following ocean animals: fish, octopus, turtle, etc.

TUESDAY:
SENSORY

Tactile Tray– Fill a shallow tray with sand, salt, corn meal, or shaving cream. Child uses his/her finger to draw letters, numbers, shapes, and/or pictures.

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Tangrams – Use supplied resource to make a fish!

THURSDAY:
HANDWRITING



Print Lower Case Alphabet– Be sure to form each letter correctly; top to bottom and with the proper stroke sequence. Use the supplied lower case printing resource.

FRIDAY:
GROSS MOTOR



Yoga Pose–Use supplied picture Yoga Card as a model for children to build strength, flexibility, and confidence.

SATURDAY:
AROUND
THE HOUSE

Fold Laundry– Fold towels, small blankets and pillow cases into one-half and then quarters.

>>> WEEK 4

MONDAY:
FINE MOTOR



Dough Mat - Squeeze, roll, pound, and tear the dough. Use a garlic press, plastic safety knife, and cookie cutters. Use supplied dough mat.

TUESDAY:
SENSORY

Water Play– Fill a large bucket or bin with water. Provide a large baster, spoons, cups, sponge, and squeeze bottle for some fun!

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Summer Puzzle– Use supplied resource to make cut and glue together a watermelon puzzle.

THURSDAY:
HANDWRITING



Print #'s– Be sure to form each numeral correctly; top to bottom & with the proper stroke sequence. Use supplied resource.

FRIDAY:
GROSS MOTOR

Hike– Plan a hike that is appropriate for your child's endurance; consider the length and terrain. Make a list of things your child should try to “discover” such as a: butterfly, chipmunk, squirrel, bird, acorn, large rock, red leaf, or a spider.

SATURDAY:
AROUND
THE HOUSE



Make a Snack– Use supplied resource to make a fun snack.

>>> WEEK 5

MONDAY:
FINE MOTOR

Build with Legos– Use legos to build designs, cars, houses, etc. Use your imagination and have fun!

TUESDAY:
SENSORY



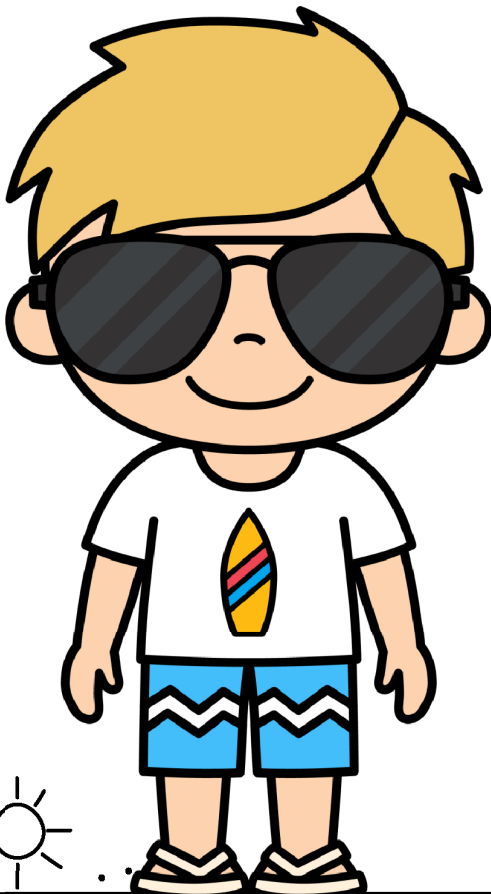
Dough Mats– Use supplied resource

SUMMER

JUNE

2021

WEEKLY
RESOURCES



LEVEL
1

SUGGESTED AGE RANGE:

PRESCHOOL
- GRADE 1

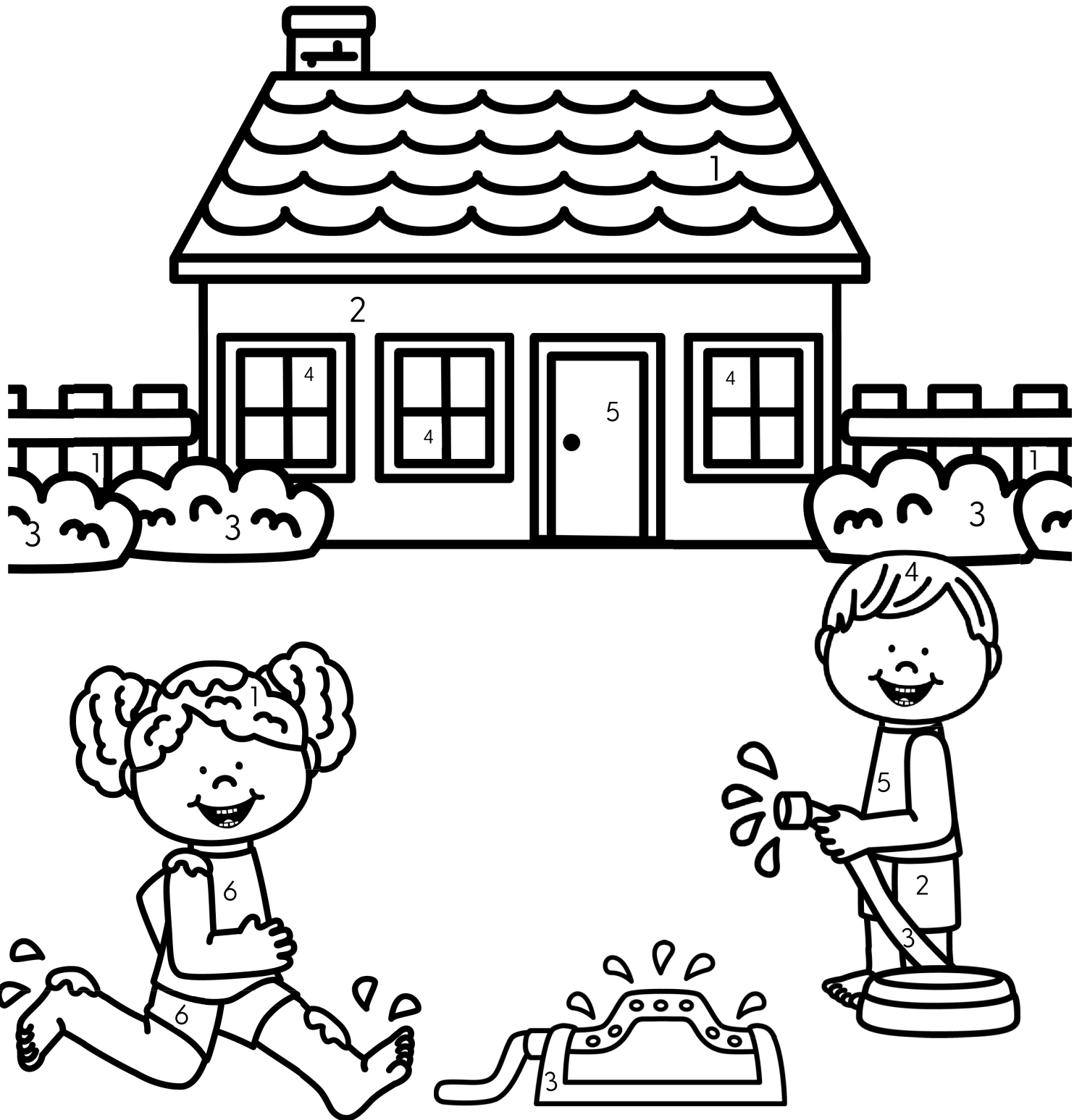
JUNE
WEEK
LEVEL 1

SUMMER FUN!

COLOR BY NUMBER



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COLOR
CODE

BROWN	BLUE	GREEN	ORANGE	RED	PURPLE
1	2	3	4	5	6

JUNE

WEEK
1

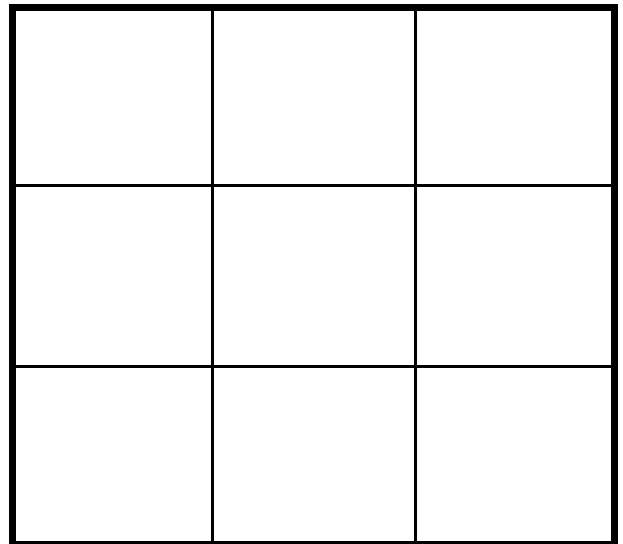
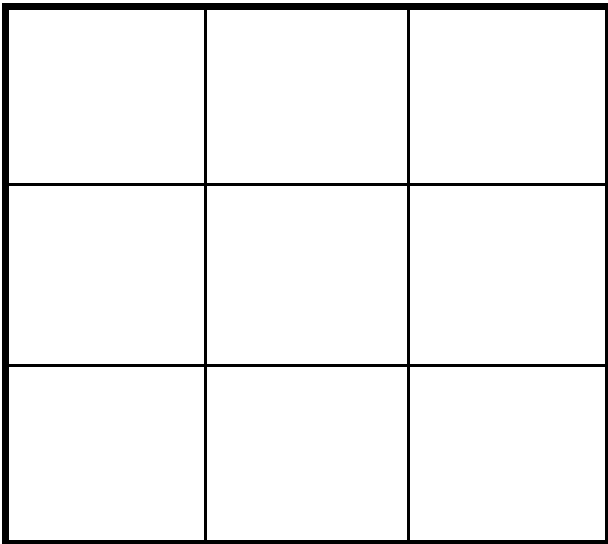
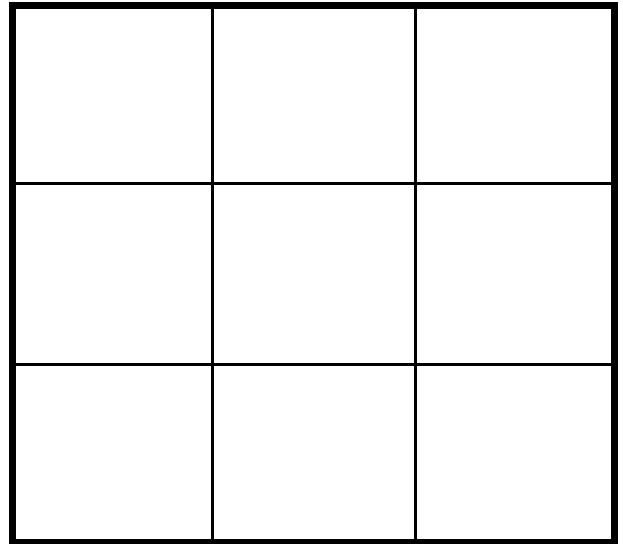
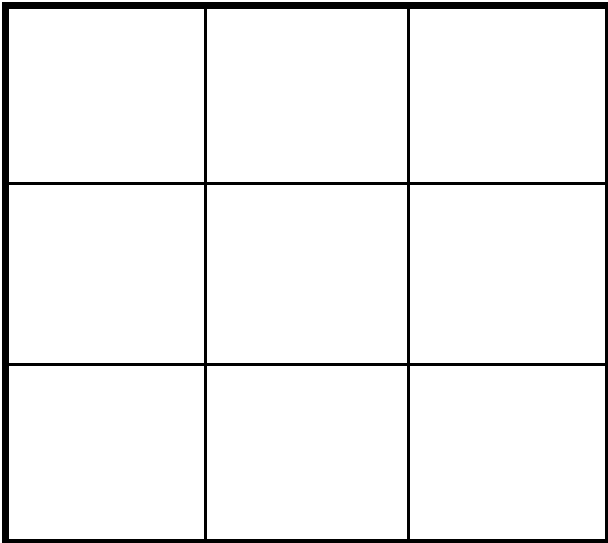
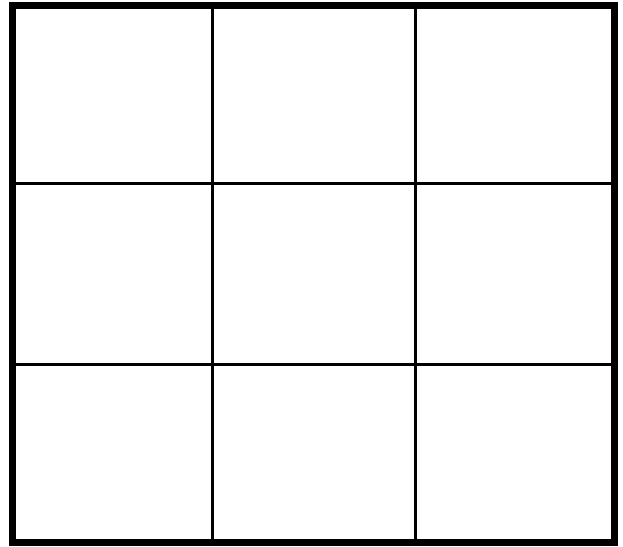
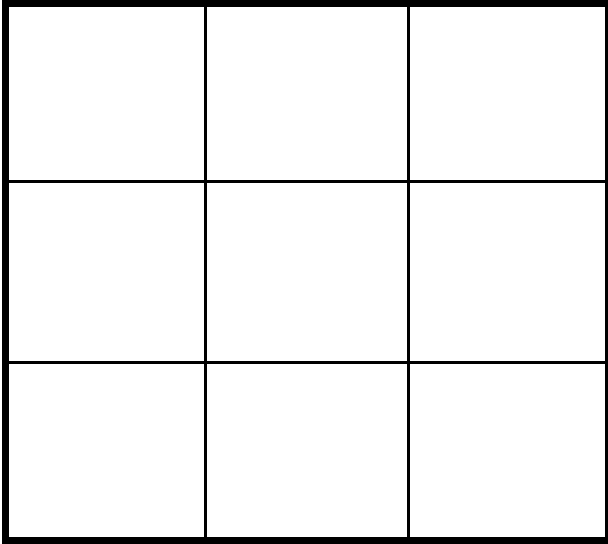
LEVEL 1



TIC TAC TOE!



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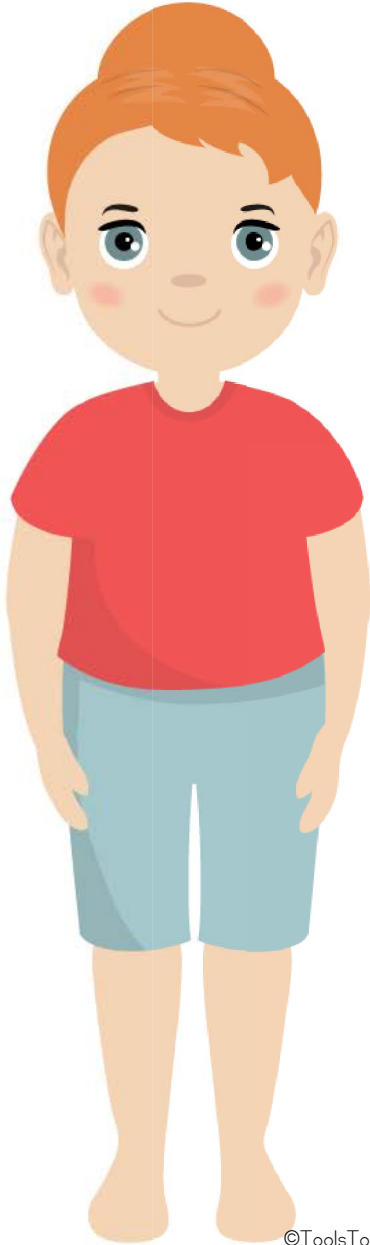
JUNE

WEEK 1
LEVEL 1



JUMPING JACKS!

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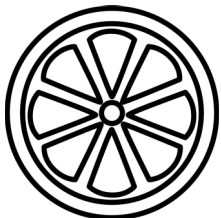
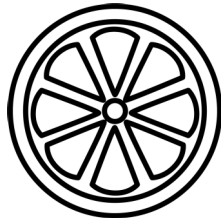
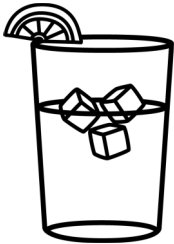
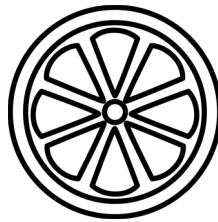
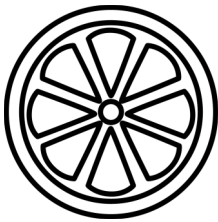
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- ✓ Start by standing with feet together on a shape or marked area, arms down at sides.
 - ✓ Jump feet open (feet off of the shape/marker) while opening arms up overhead.
 - ✓ Then jump feet closed while bringing arms back to sides.
 - ✓ Repeat 10 times!
-

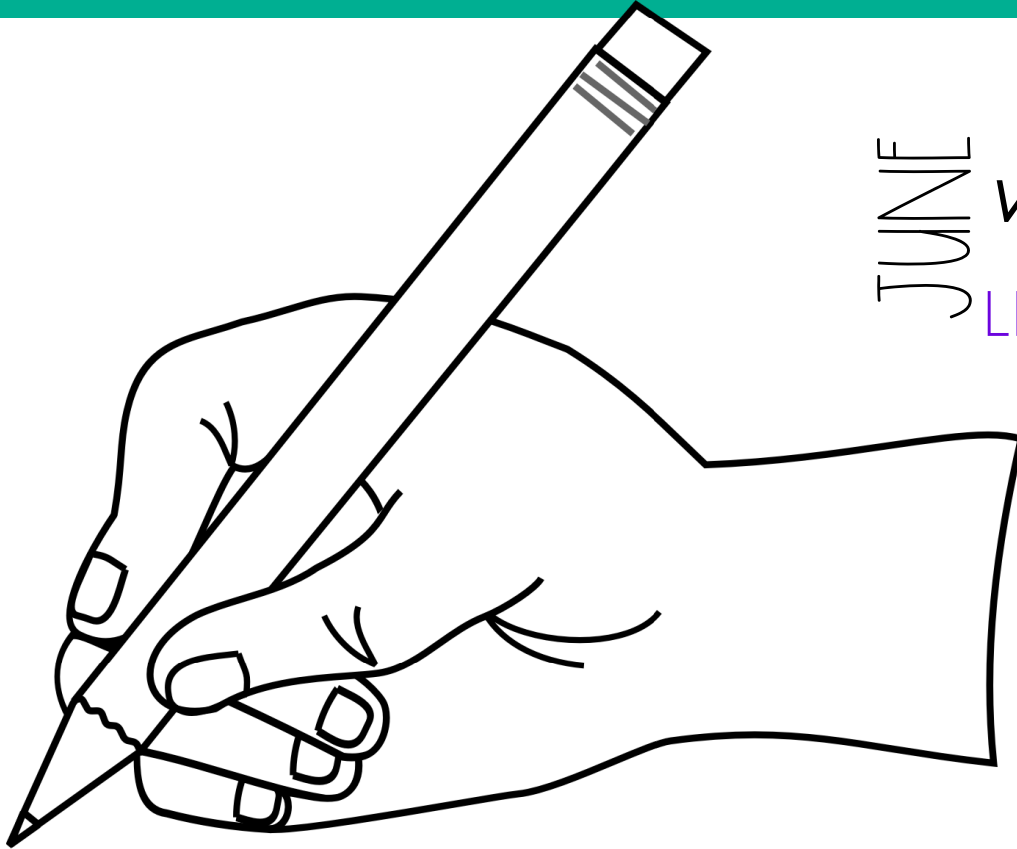
PATTERN & CUT

Color, Cut and Glue in the correct place to extend the patterns.



Hold Your PENCIL CORRECTLY

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- 1 Hold the pencil with your thumb and index finger.
 - 2 Thumb and index finger point toward tip of pencil.
 - 3 Pencil rests on side of middle finger.
 - 4 Last 2 fingers curl into palm.
-

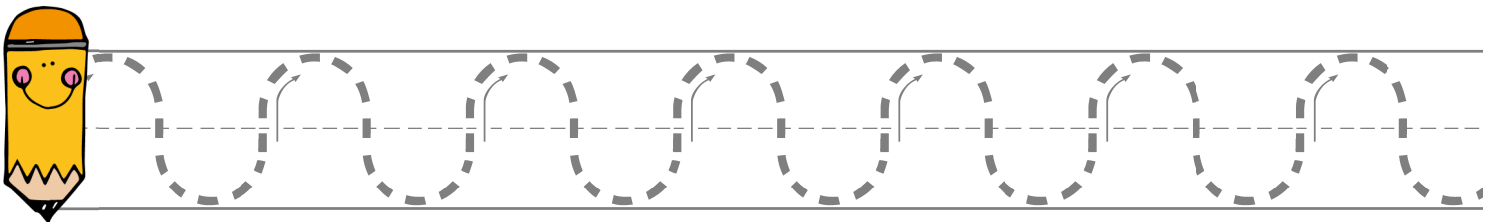
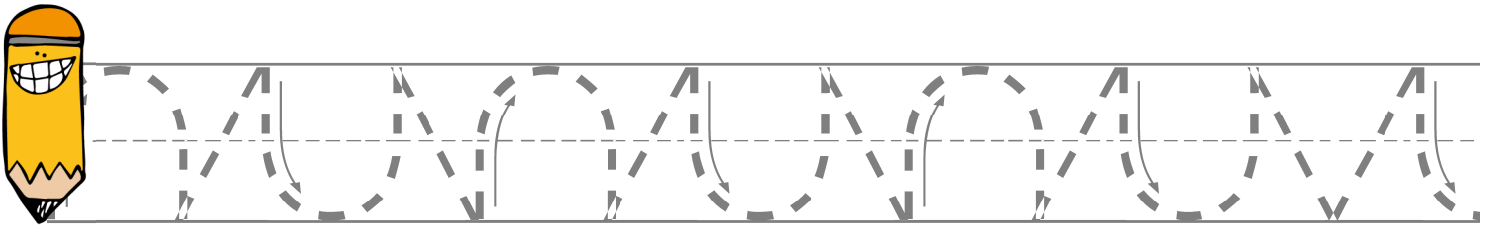
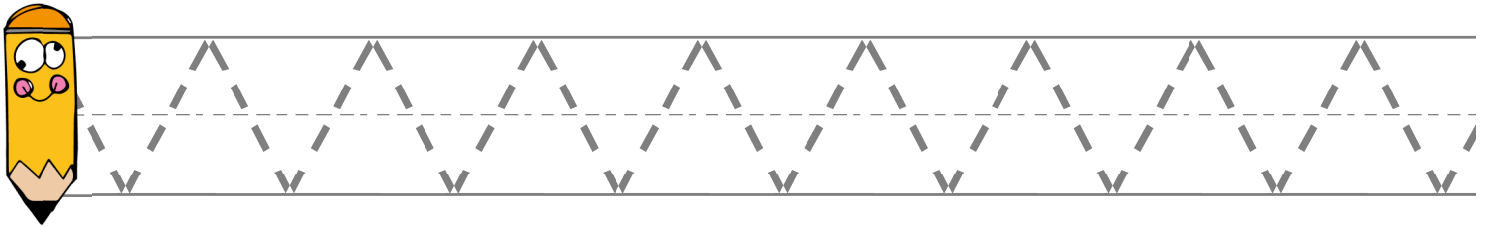
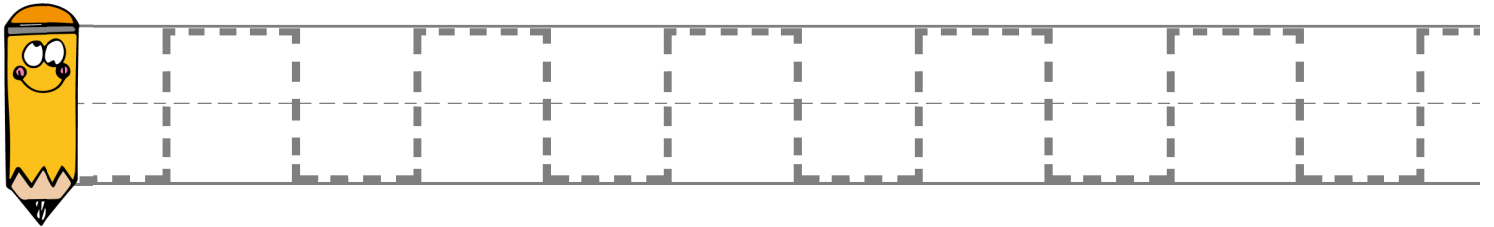
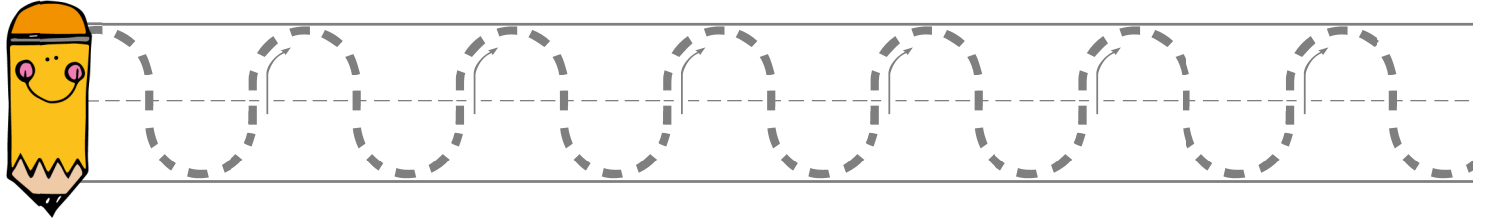
JUNE
WEEK
2
LEVEL 1

PENCIL PATHS!

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Stay on the dotted lines and trace over each path below.
Do not lift up your pencil from start to finish.



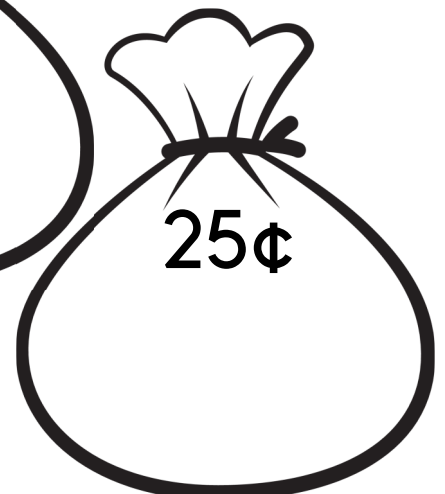
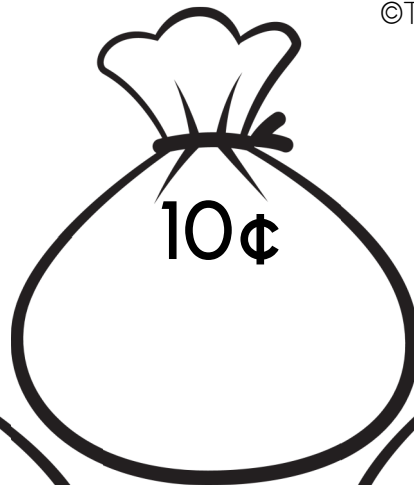
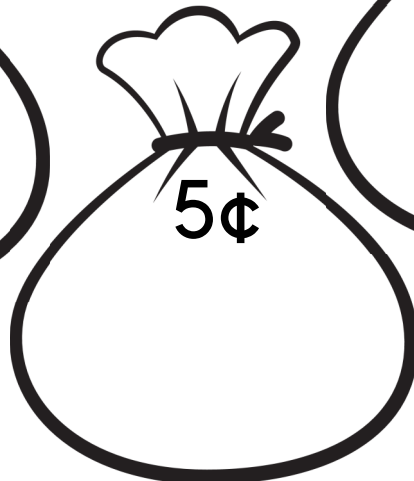
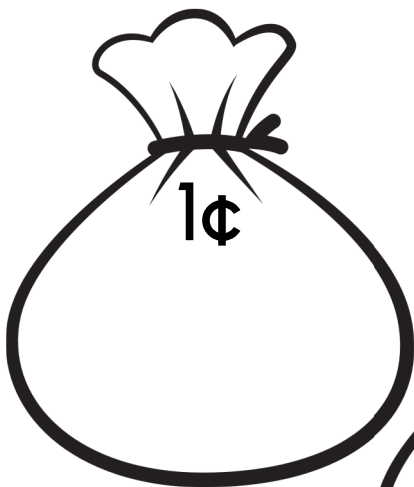
SORTING COINS!



Place the coins in the piggy bank as indicated.
Next, sort each coin into the appropriate money bag.



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JUNE

WEEK 3
LEVEL 1

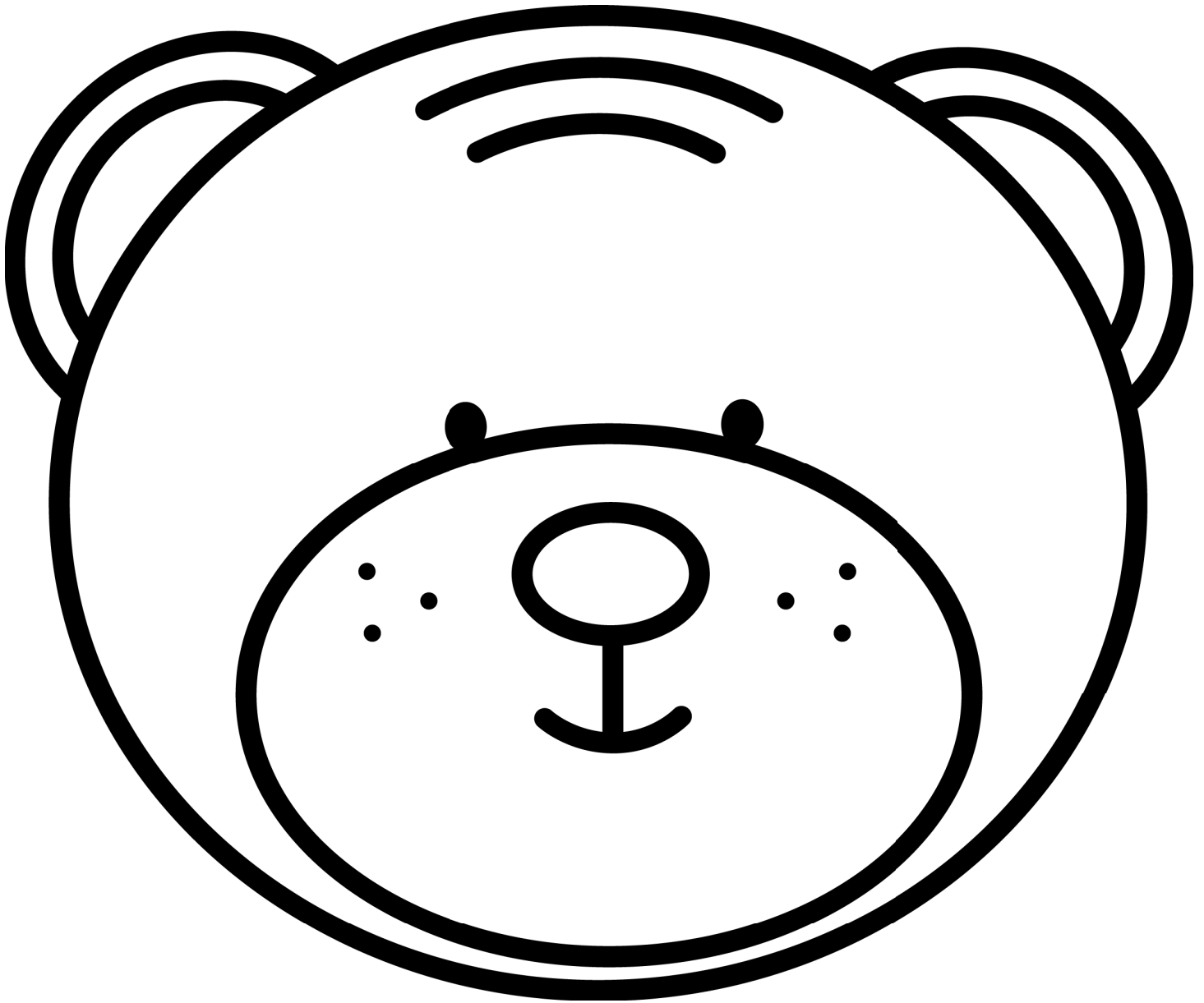
SENSORY COLORING



INSTRUCTIONS:

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Brown bear: using crushed cereal like cheerios, raisin bran, or shredded wheat for fur, black beans or raisins for eyes.
White bear: using coconut for fur, black beans or raisins for eyes.

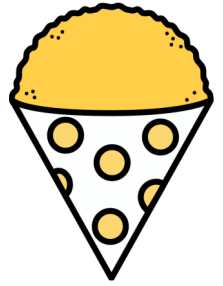


JUNE

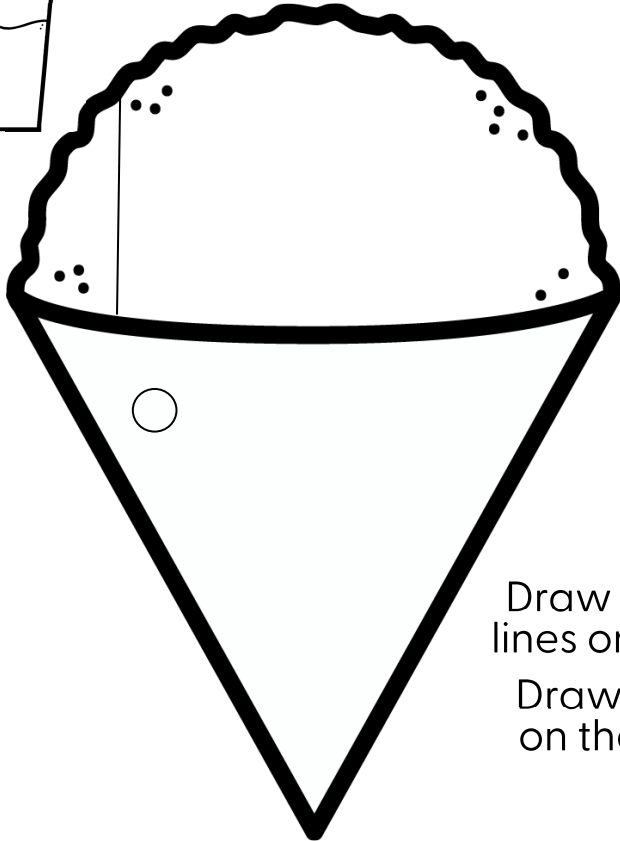
WEEK 3

LEVEL 1

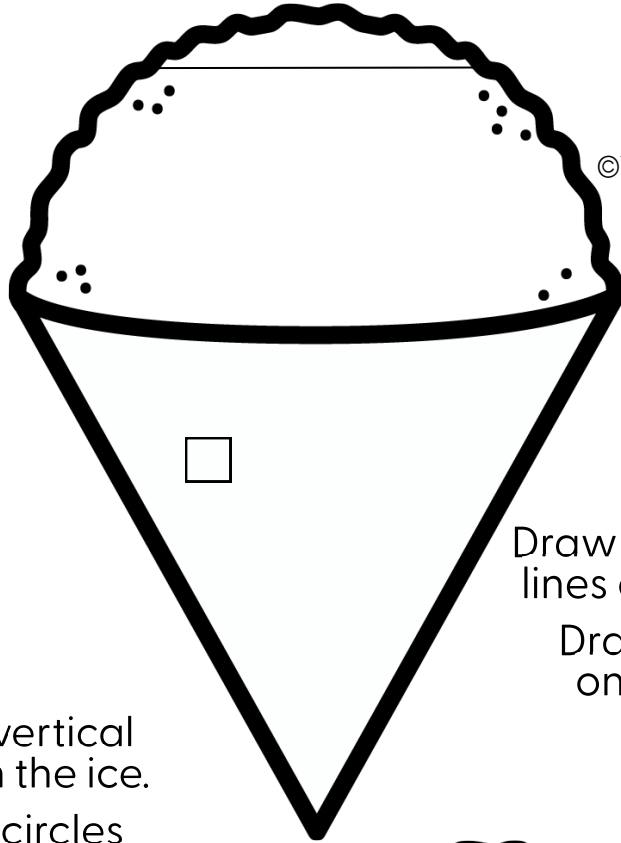
SNOW CONE FUN!



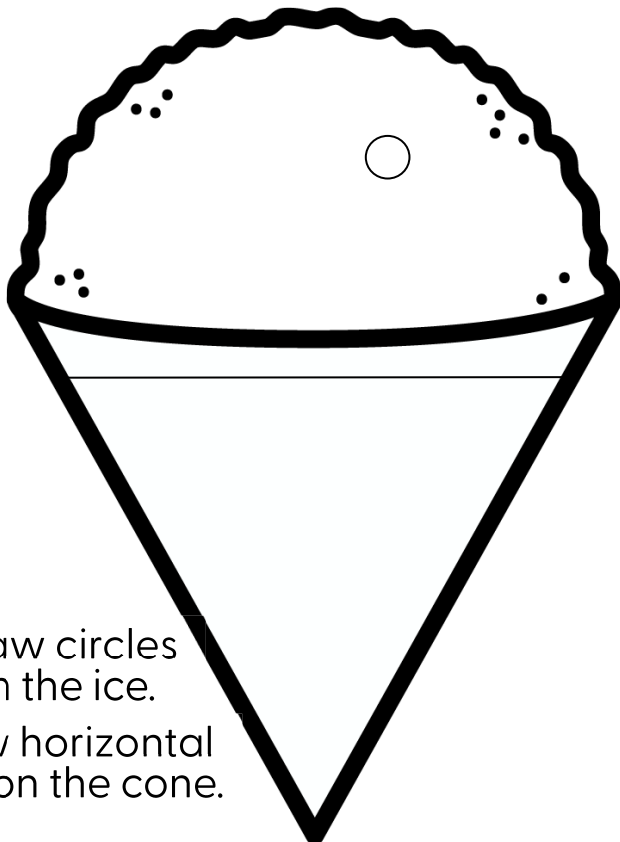
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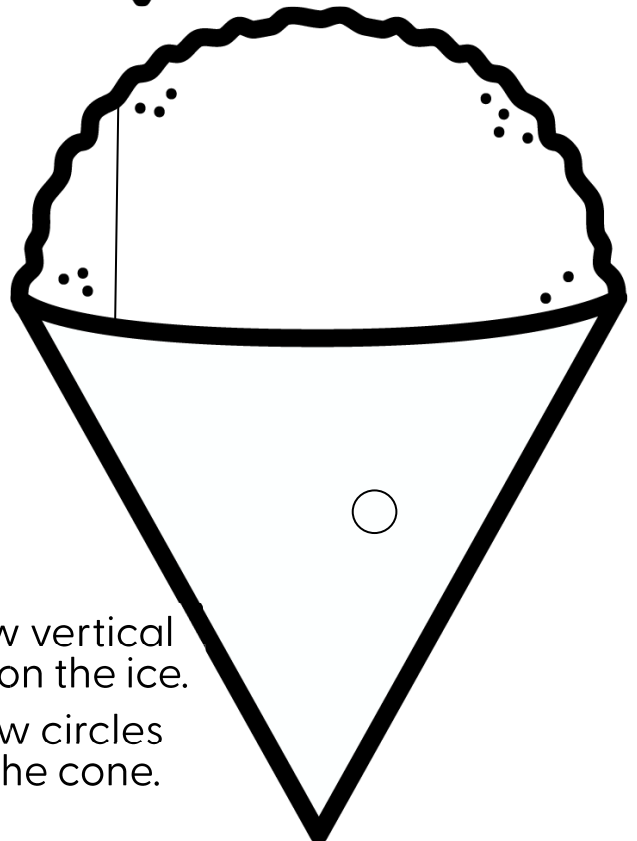
Draw vertical lines on the ice.
Draw circles on the cone.



Draw horizontal lines on the ice.
Draw squares on the cone.



Draw circles on the ice.
Draw horizontal lines on the cone.

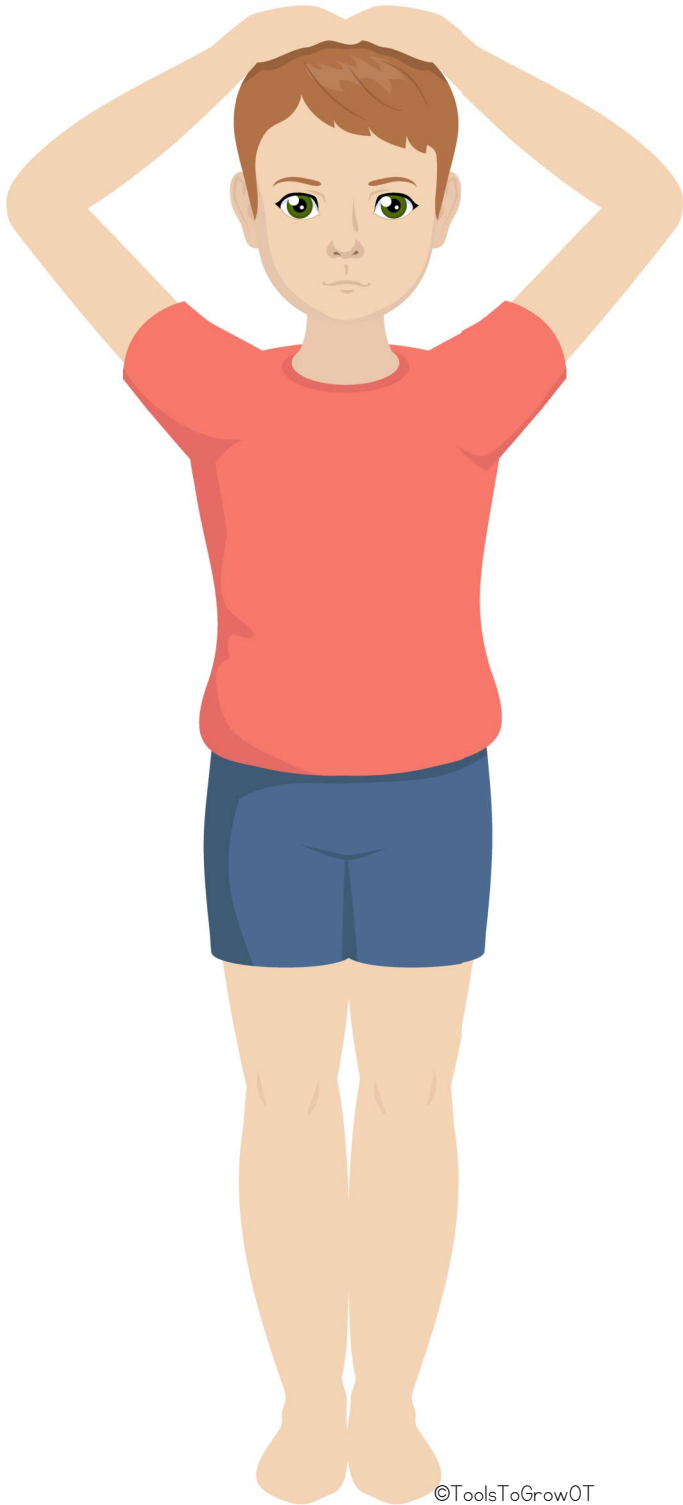


Draw vertical lines on the ice.
Draw circles on the cone.



COPY ME!

BODY POSITIONS

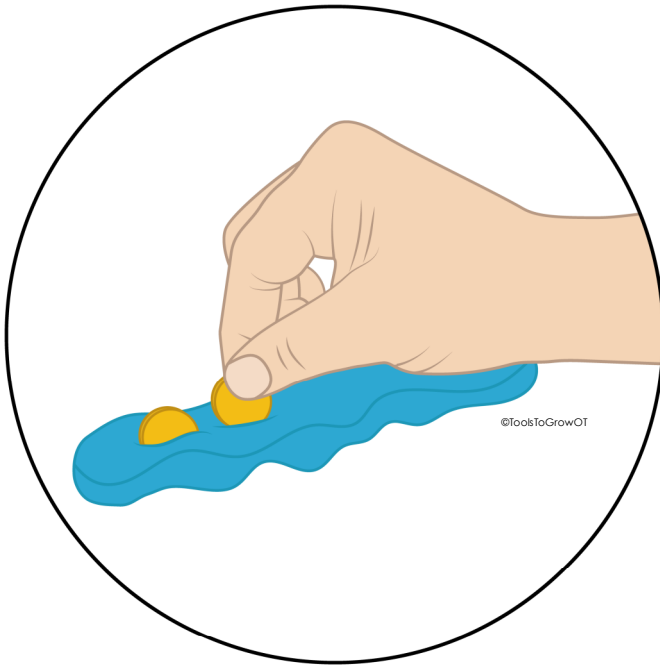


THERAPY PUTTY

HAND EXERCISE

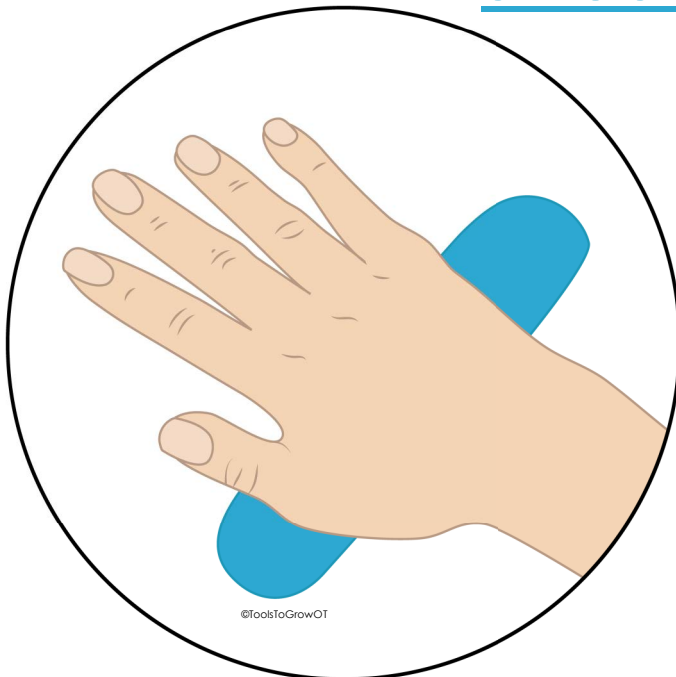


>>> COIN PUSH & PULL <<<

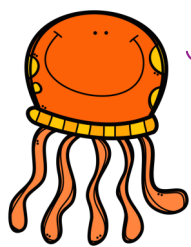


- 1 Place a thick strip of putty on a flat surface.
- 2 Grasp a clean coin between the tip of your thumb and index finger.
- 3 Push coins down into the putty.
- 4 Pull coins out in the same manner.
- 5 Reform and repeat.

>>> SAUSAGE <<<



- 1 Place a mound of putty on a flat surface.
- 2 Using a straight wrist and fingers, gently press into putty and roll back and forth to create a log.

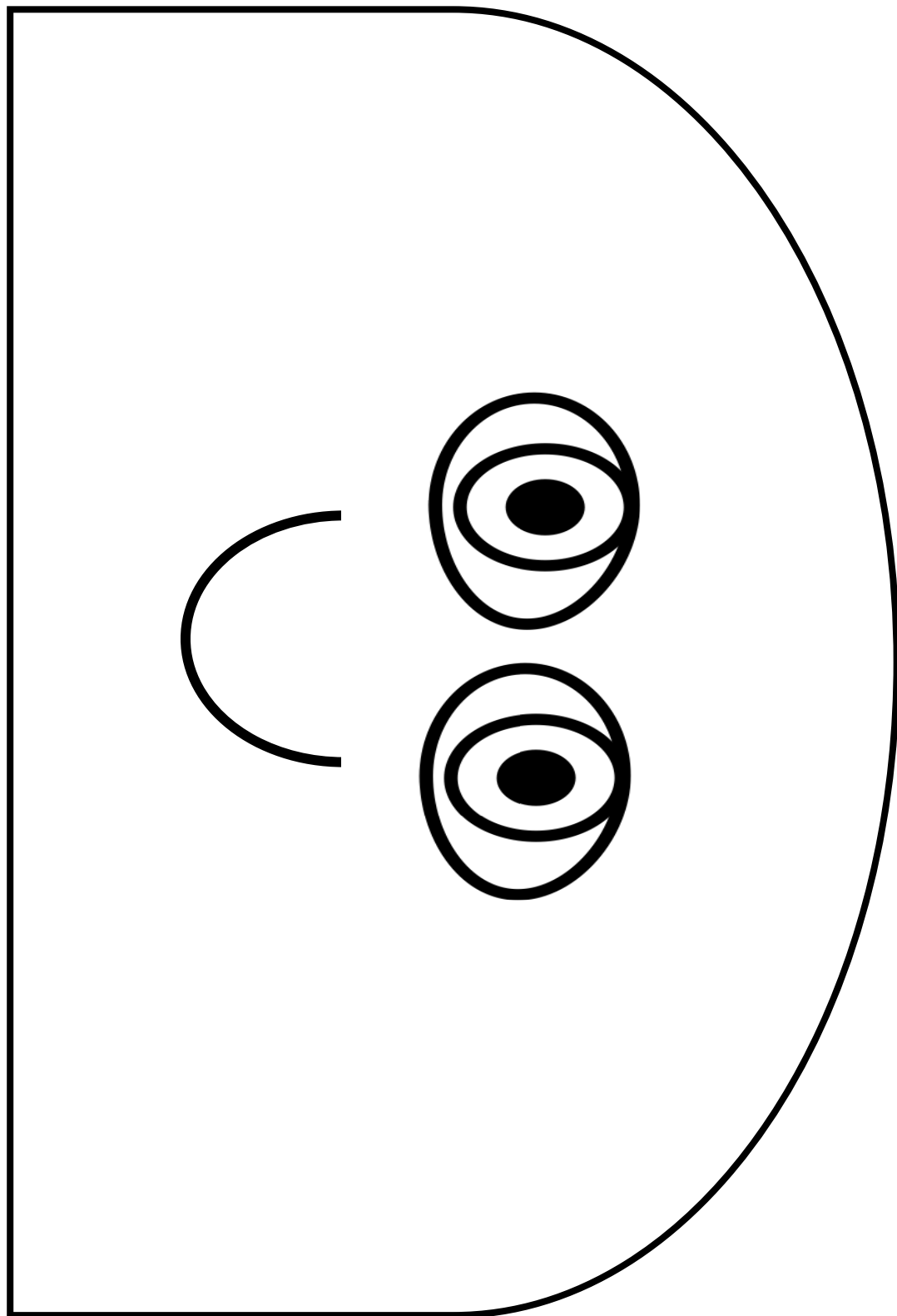


SO HAPPY TO **S E A** YOU!
FINE MOTOR CRAFT!



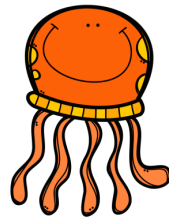
INSTRUCTIONS:

1. Cut out Jelly Fish head and tentacle square.
2. Cut out each tentacle/each row.
3. Glue tentacles behind head straight down.
4. Squeeze a drop of white glue on each dot.
5. Place a cheerio on the glue.
6. Allow craft to dry before hanging it up.



JUNE 
WEEK
4
LEVEL 1

JELLY FISH
HEAD TEMPLATE



JELLY FISH TENTACLES TEMPLATE



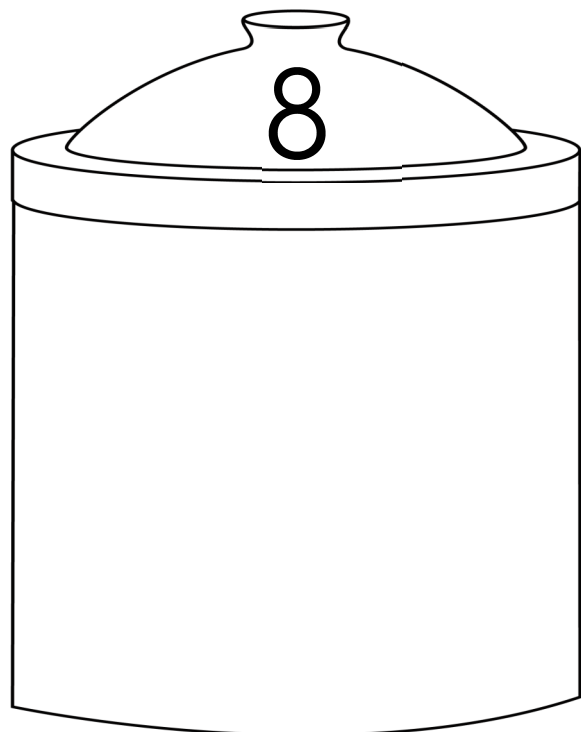
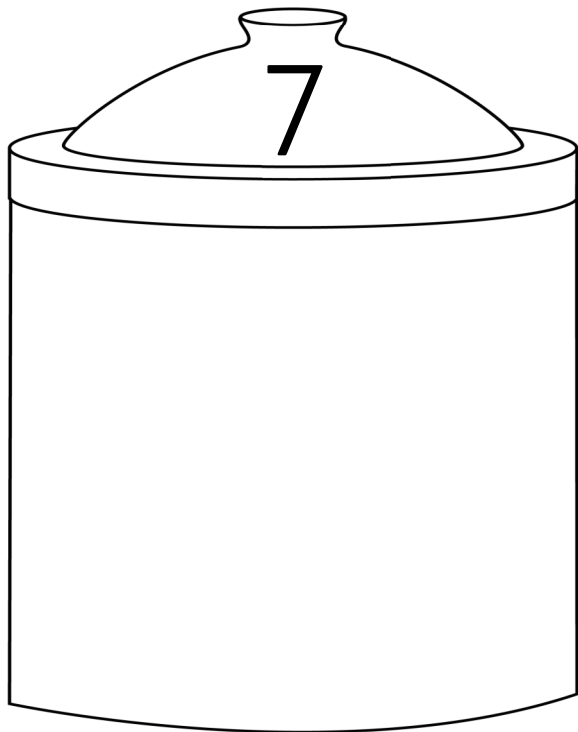
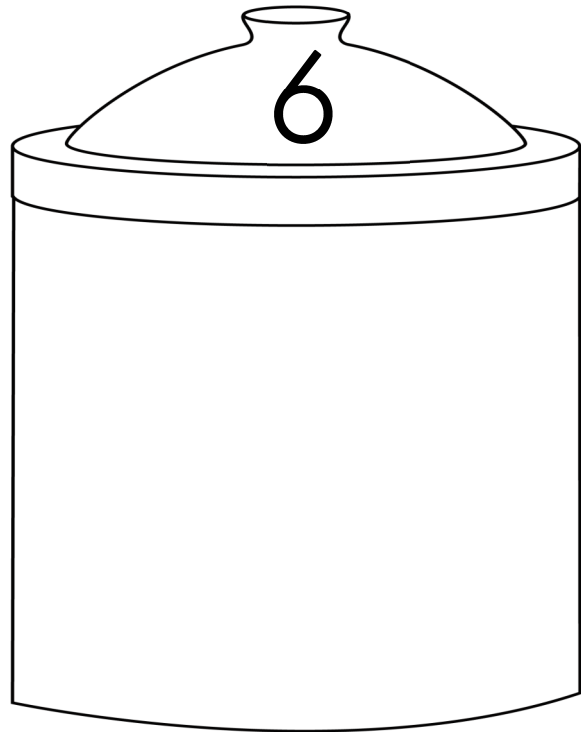
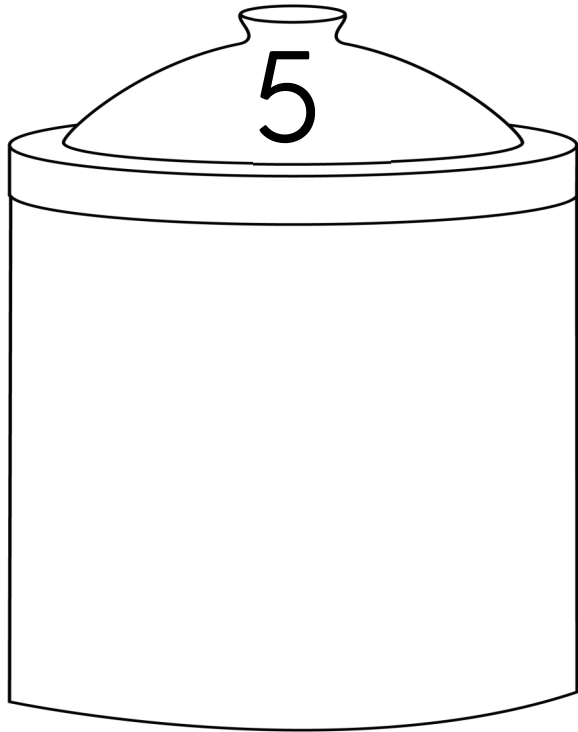
JUNE

WEEK 5

LEVEL 1

TWEEZERS & TONGS JARS

Use tongs or tweezers to place the number of items that match the number on each lid. Use any manipulative (buttons, cereal, pegs, beads, etc.).



JUNE >>>
WEEK
5
LEVEL 1

LET'S MAKE GOOP!



YOU WILL NEED:

- ✓ 2 cups corn starch
- ✓ 4 cups water
- ✓ Food coloring (optional)
- ✓ 1 large pan (about 10x12 inches with elevated sides)

DIRECTIONS:

1. Pour corn starch into the pan.
2. Slowly add the water.
3. Squeeze and knead the mixture as water is very slowly added.

FUN TIPS:

- ☺ This tactile mixture fascinates young children.
- ☺ It crumbles when you try to pick it up, but once in your hand it “melts” out.
- ☺ This activity can get messy; have protection for the clothing and the play area.

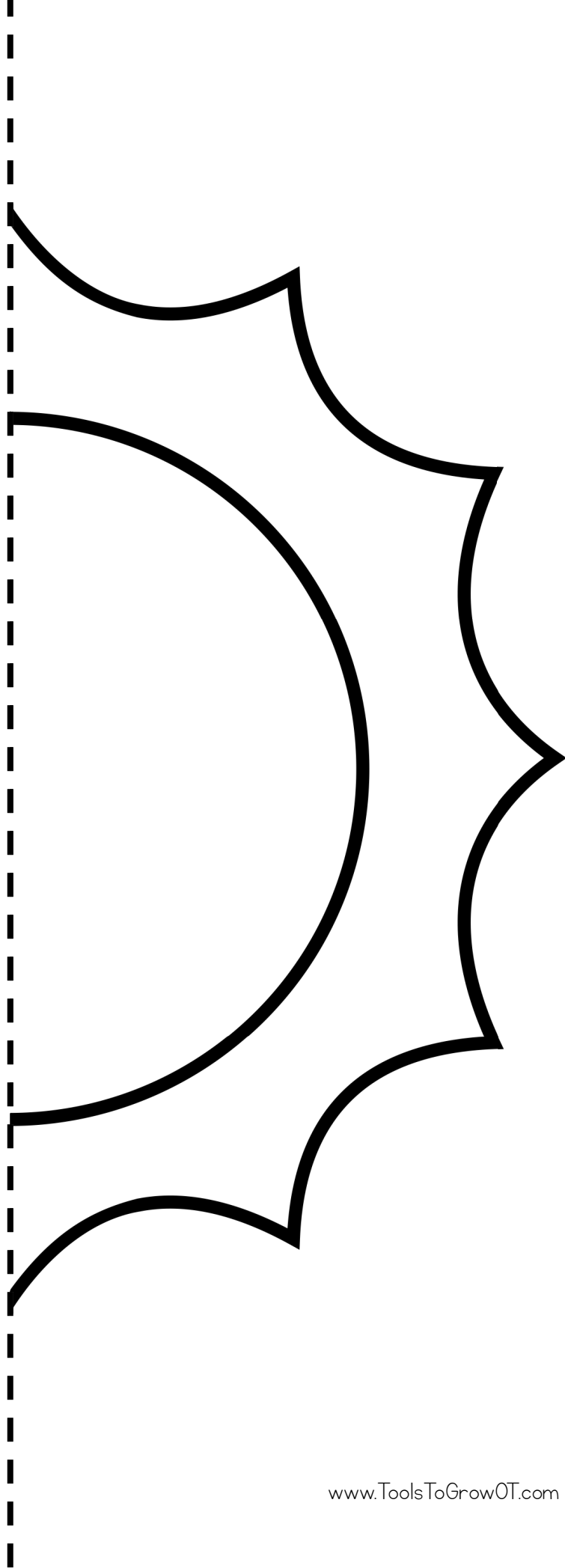
FOLD & CUT!

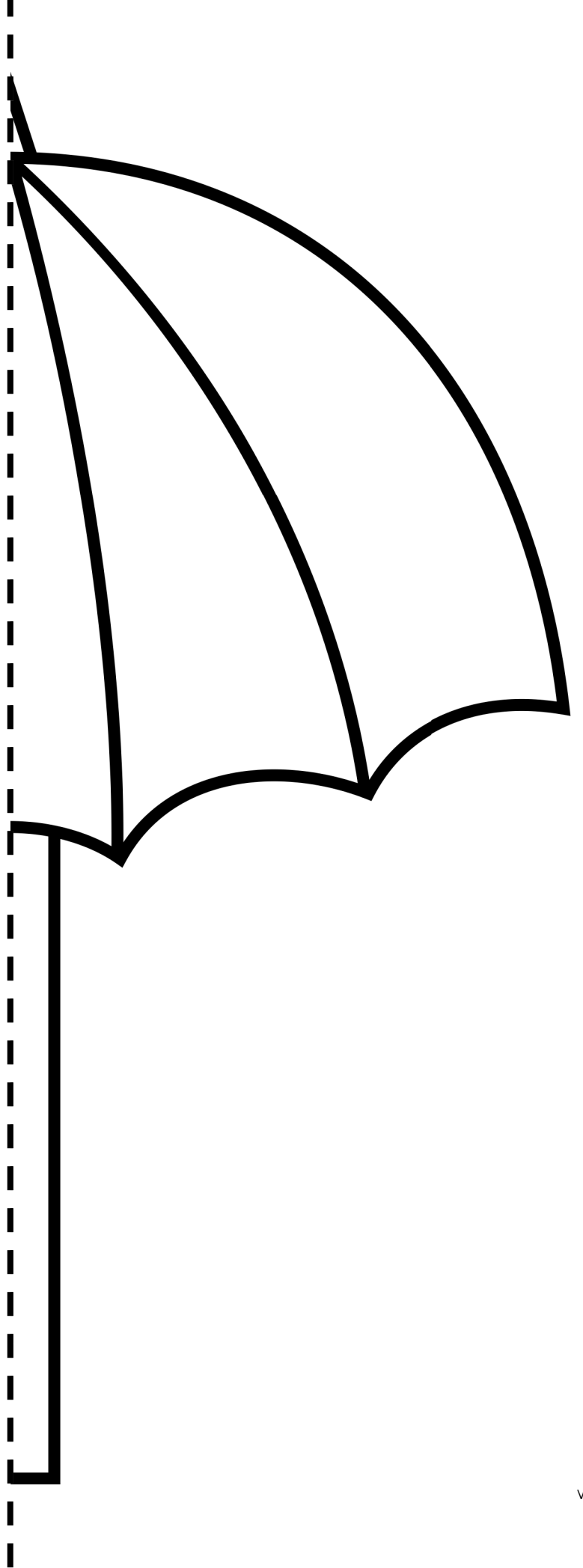
INSTRUCTIONS:

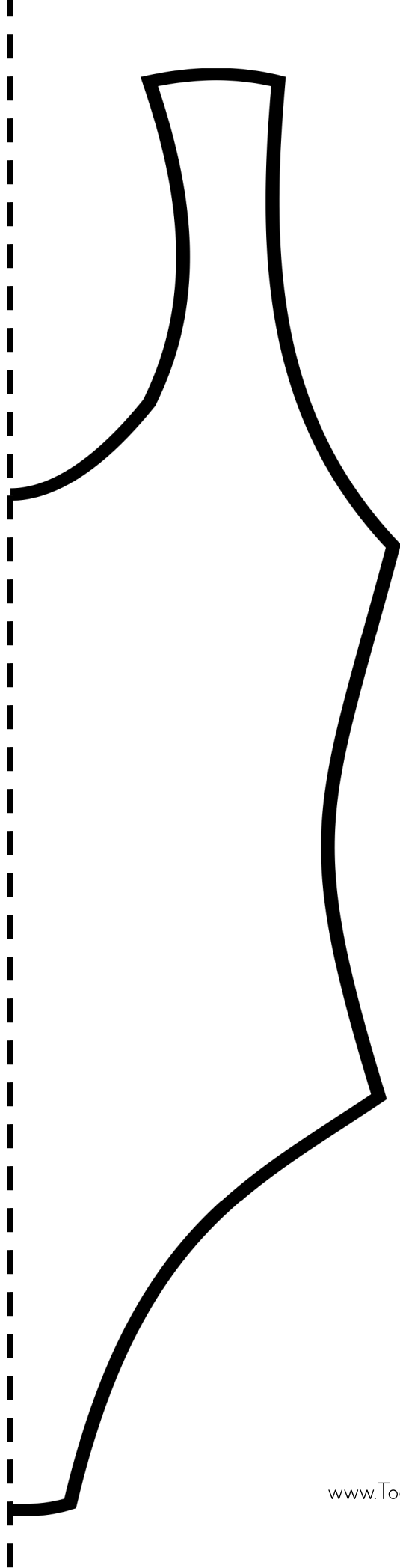
1. Fold the paper in half down the middle dotted line.
2. Cut on the black outer lines.
3. Open the paper to reveal the Spring design.
4. Copy the design and draw the other side.

VERSIONS INCLUDED:

- Sun
- Umbrella
- Bathing suit





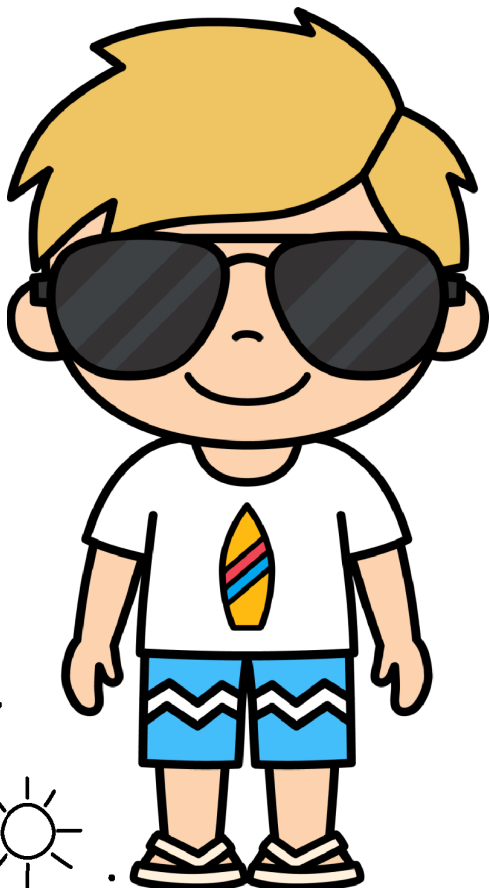


SUMMER

JULY

2021

WEEKLY RESOURCES



LEVEL 1

SUGGESTED AGE RANGE: PRESCHOOL - GRADE 1

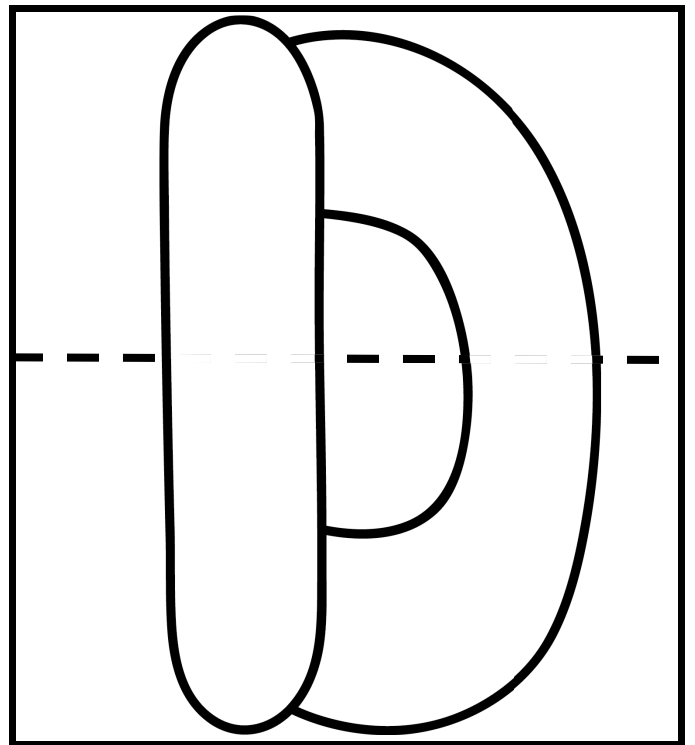
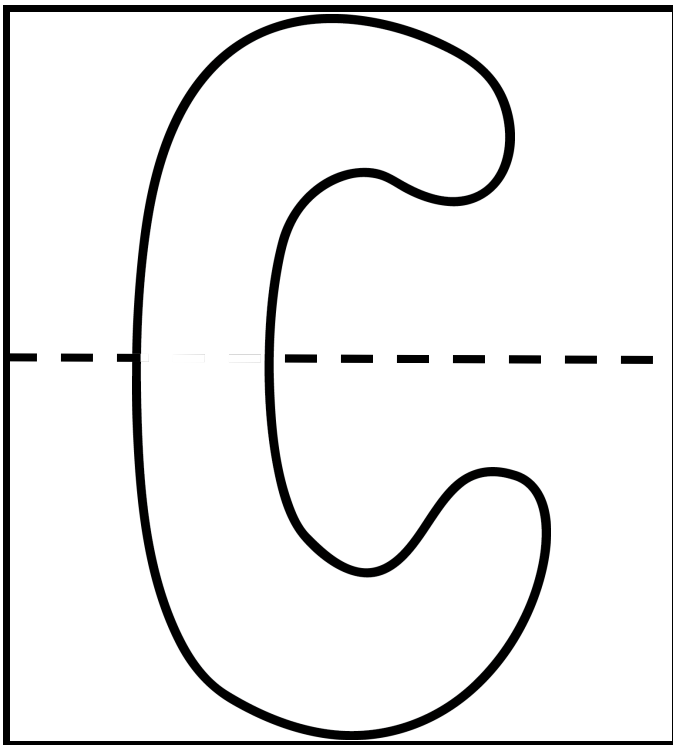
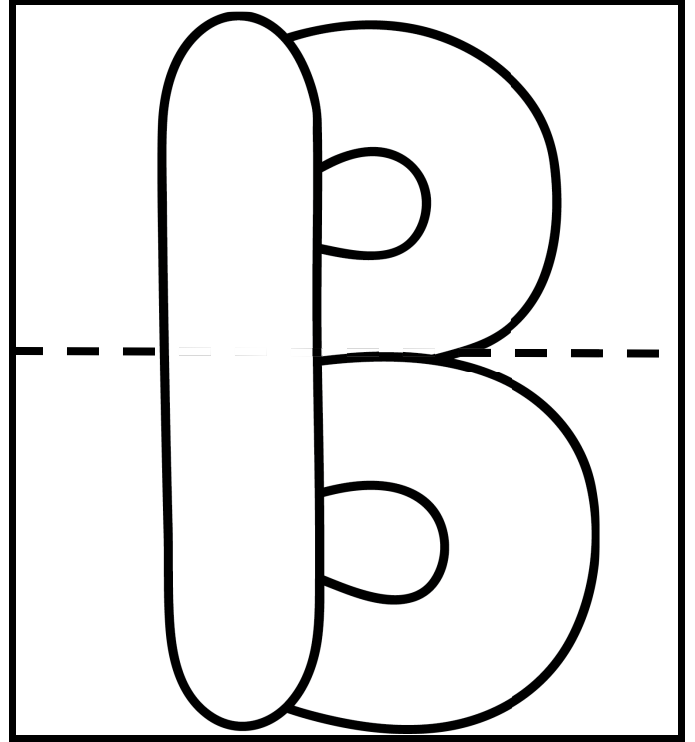
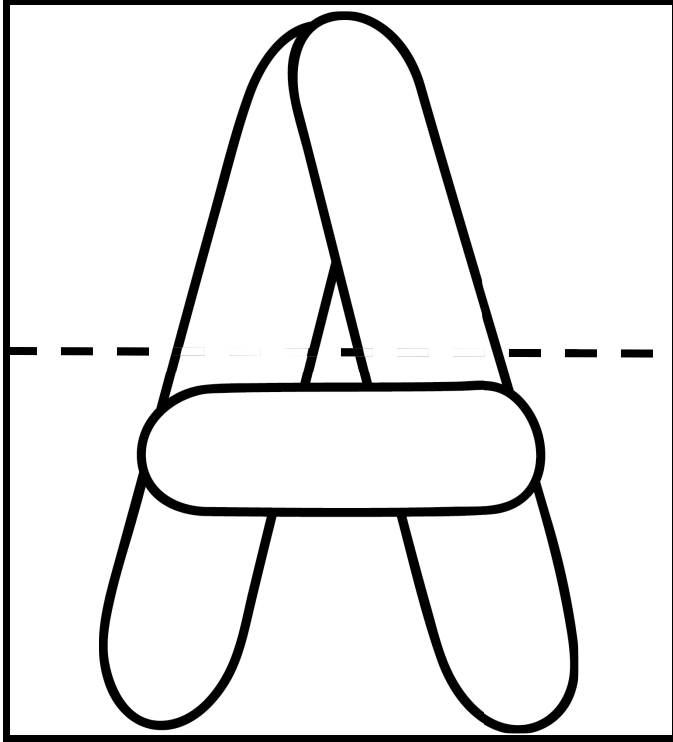
DOUGH LETTERS

INSTRUCTIONS:

Place sheet in clear protector sheet.
Roll out dough to form letters



©ToolsToGrowOT



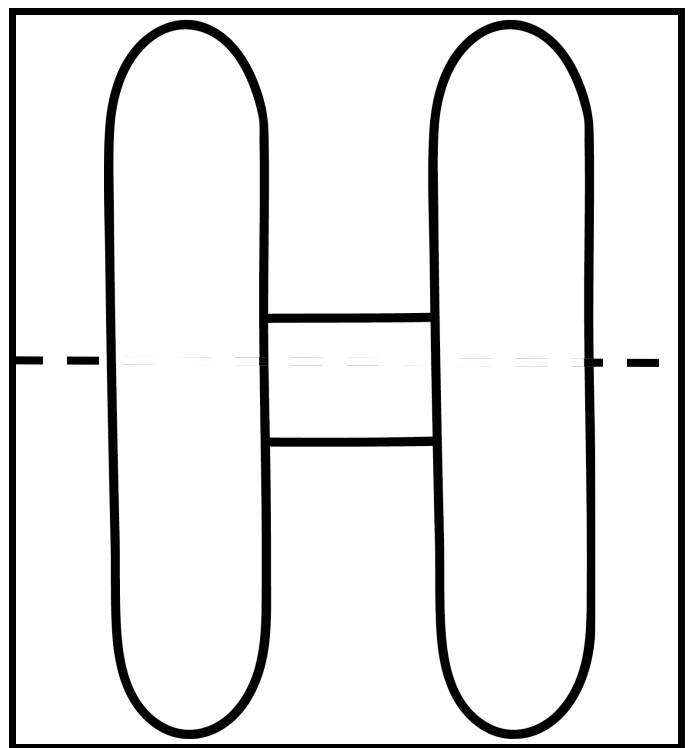
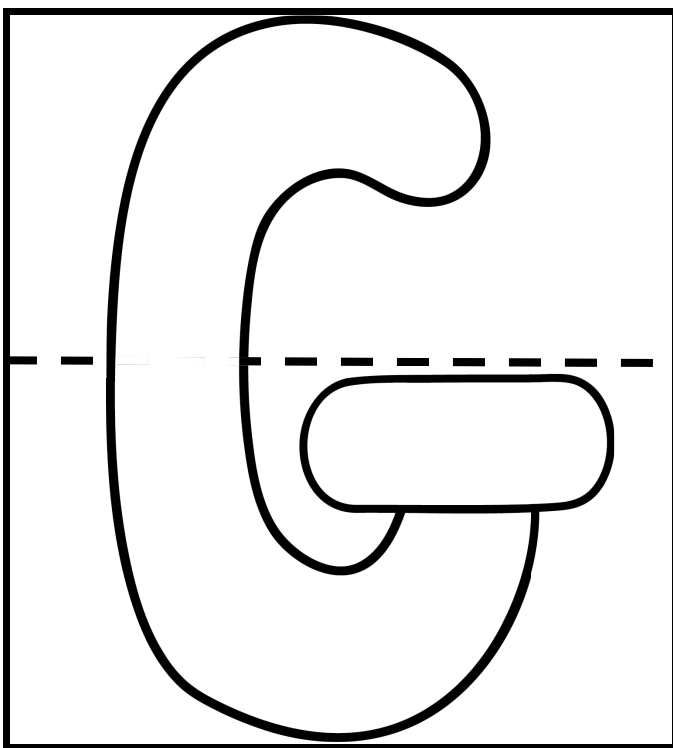
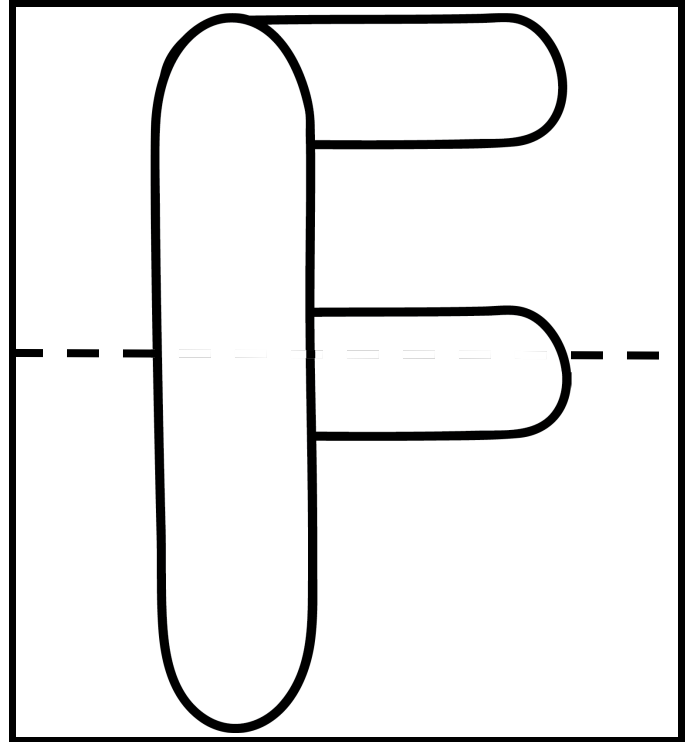
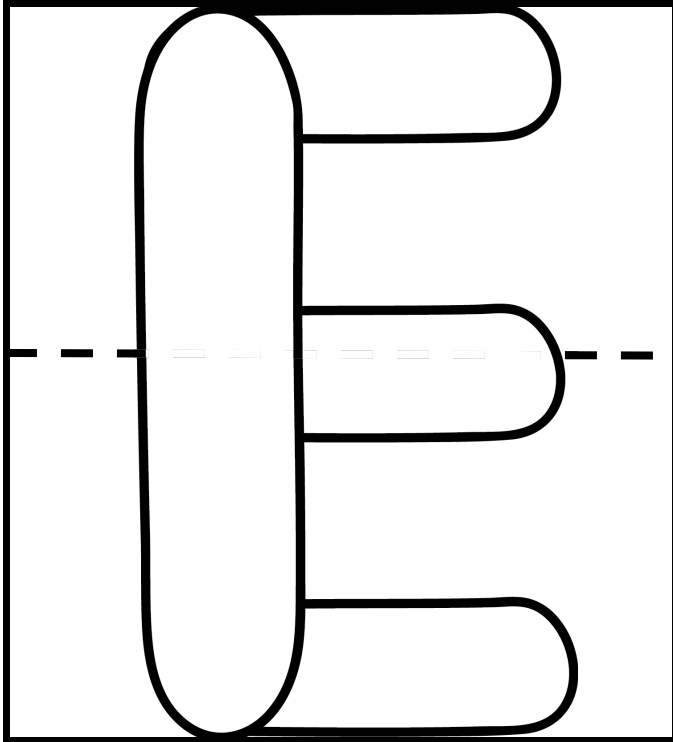
DOUGH LETTERS



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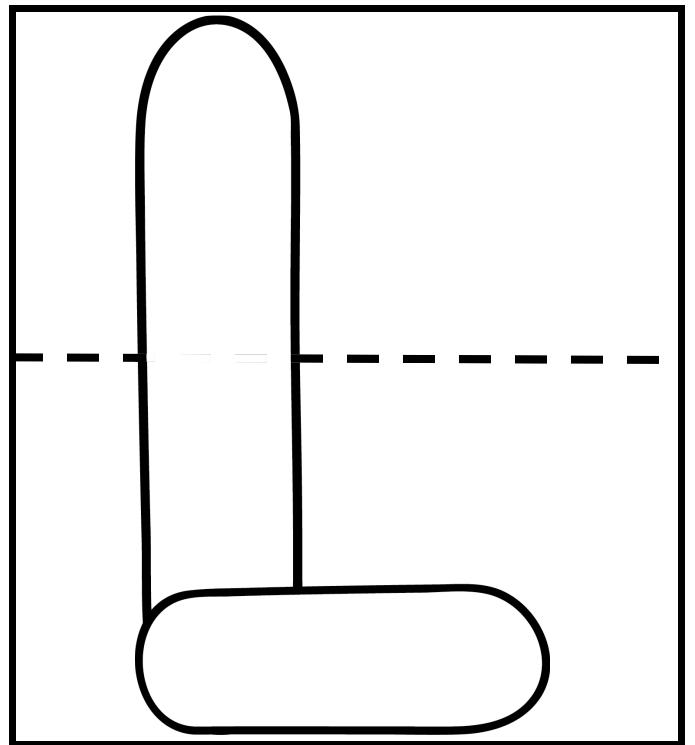
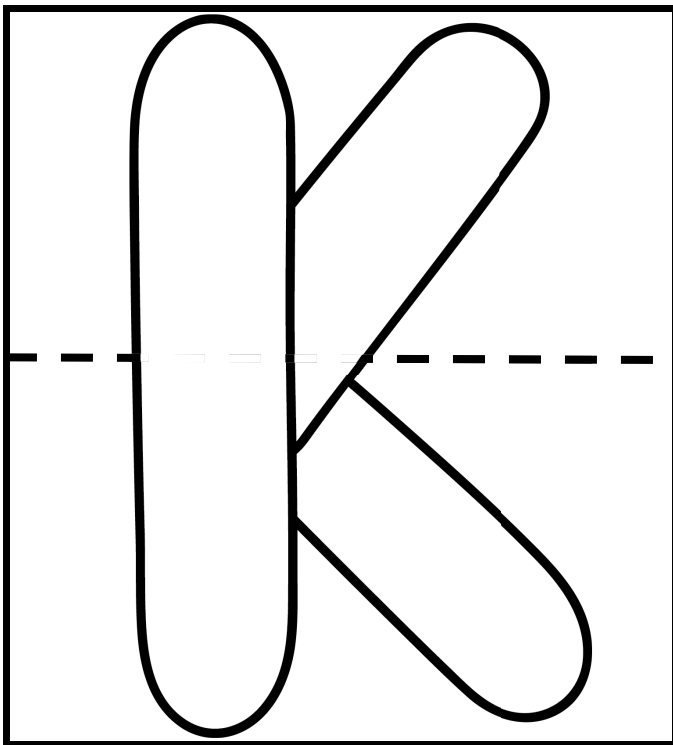
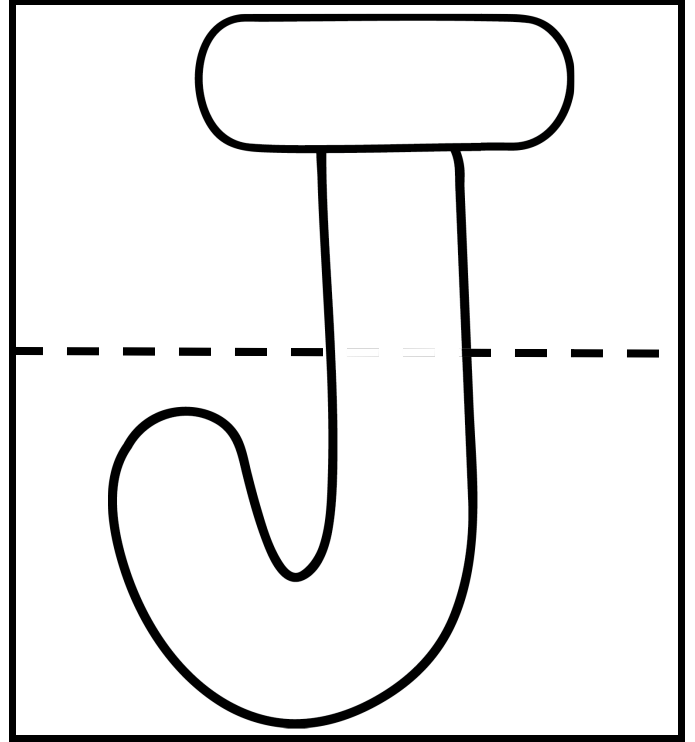
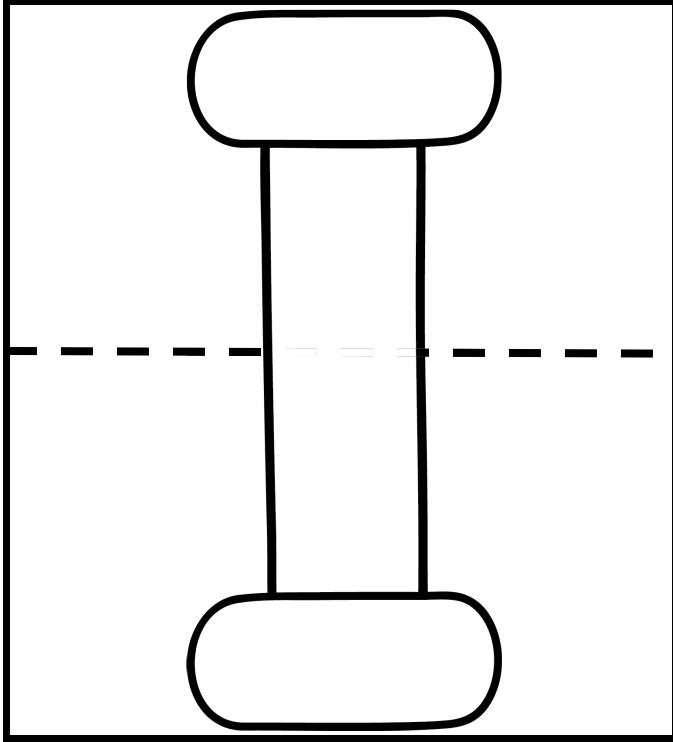
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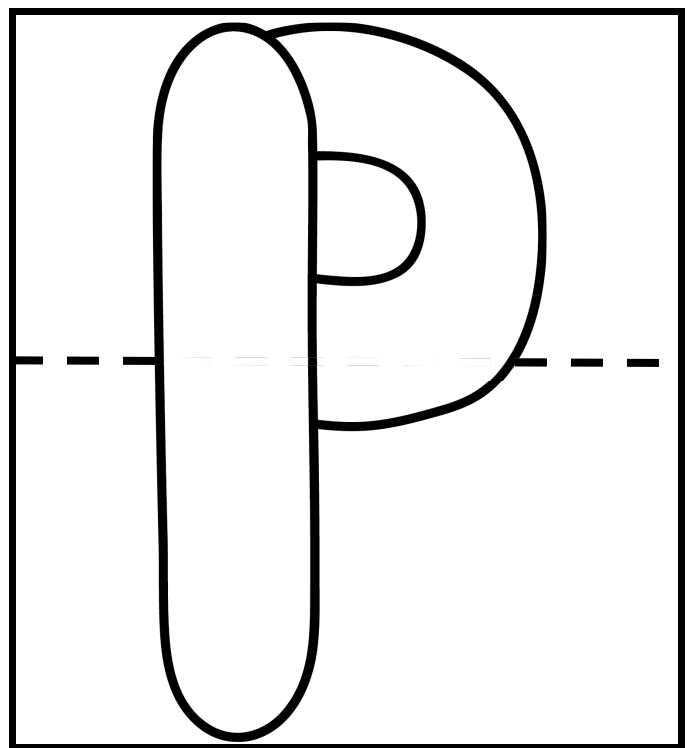
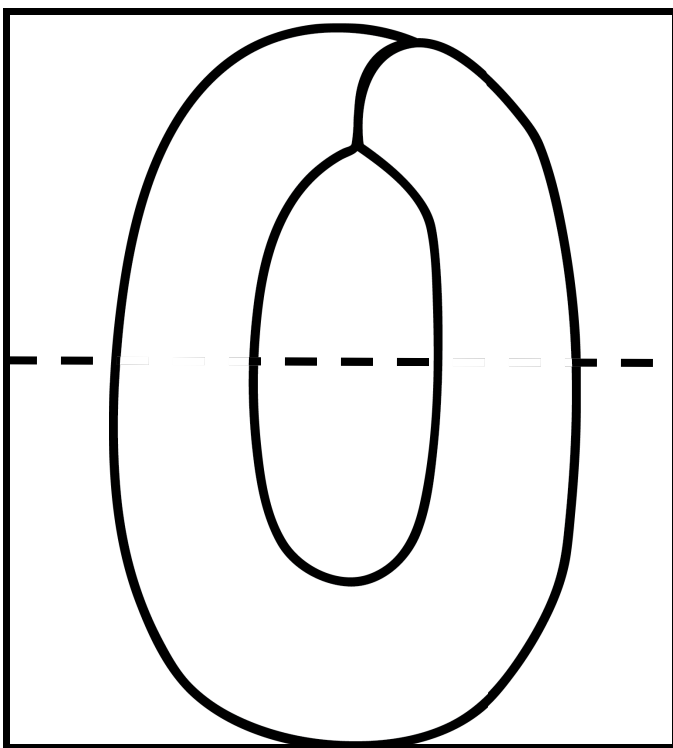
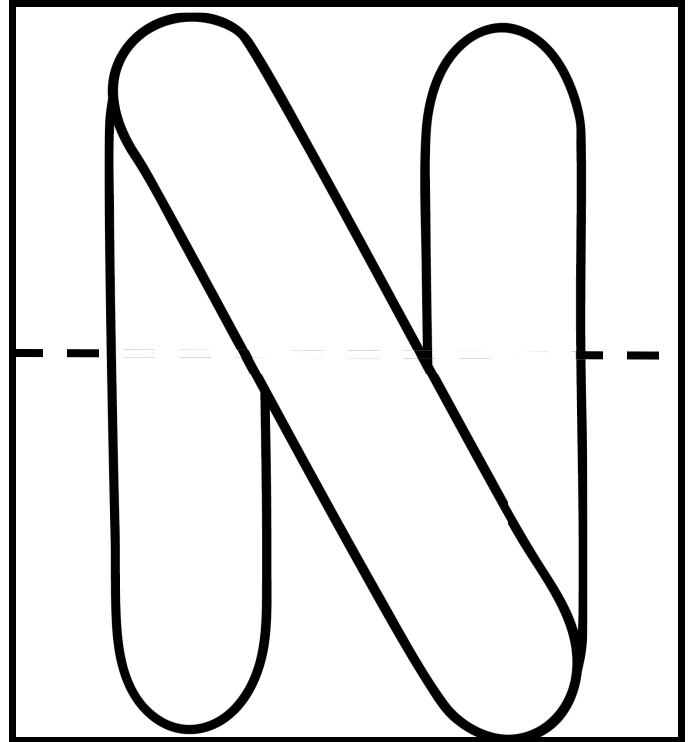
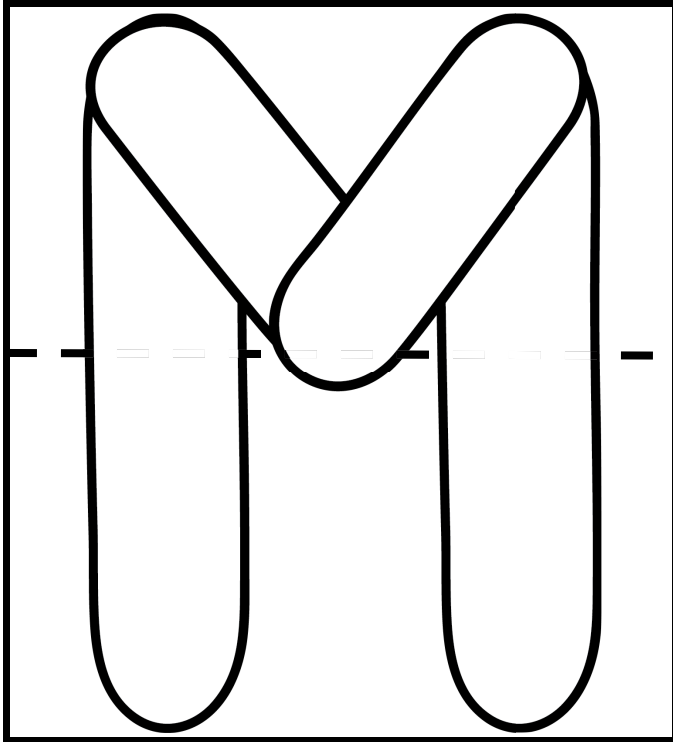
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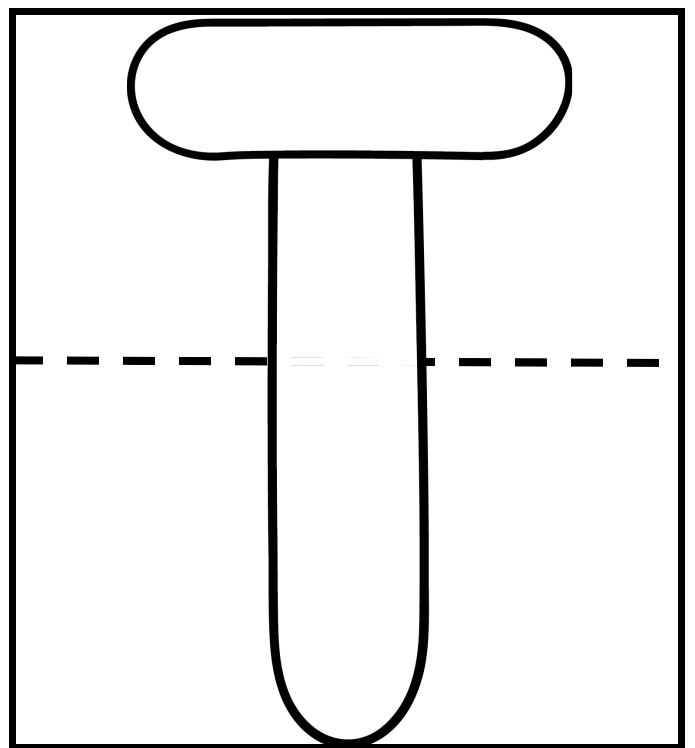
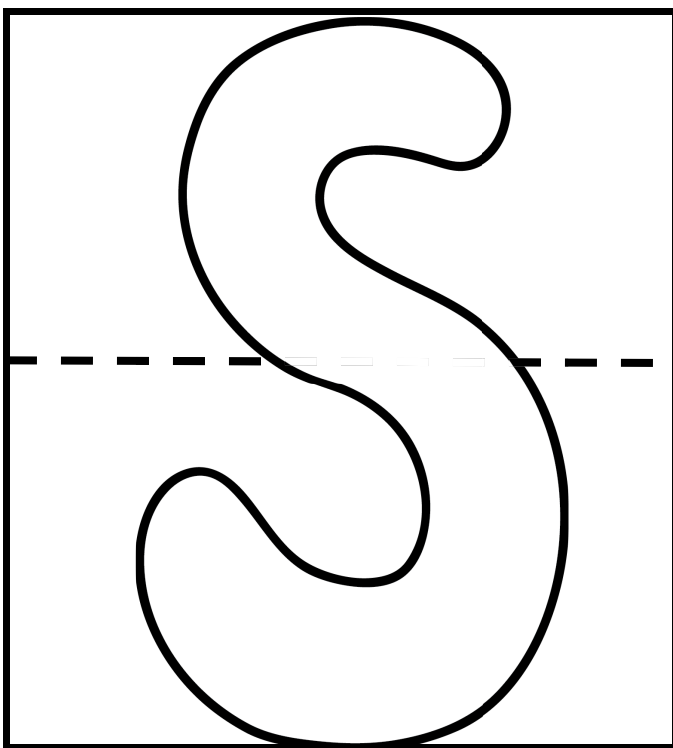
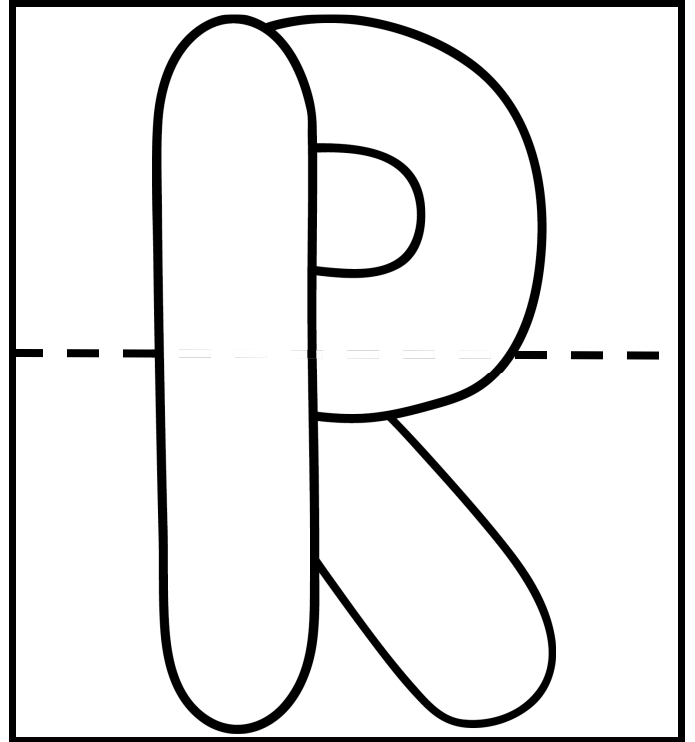
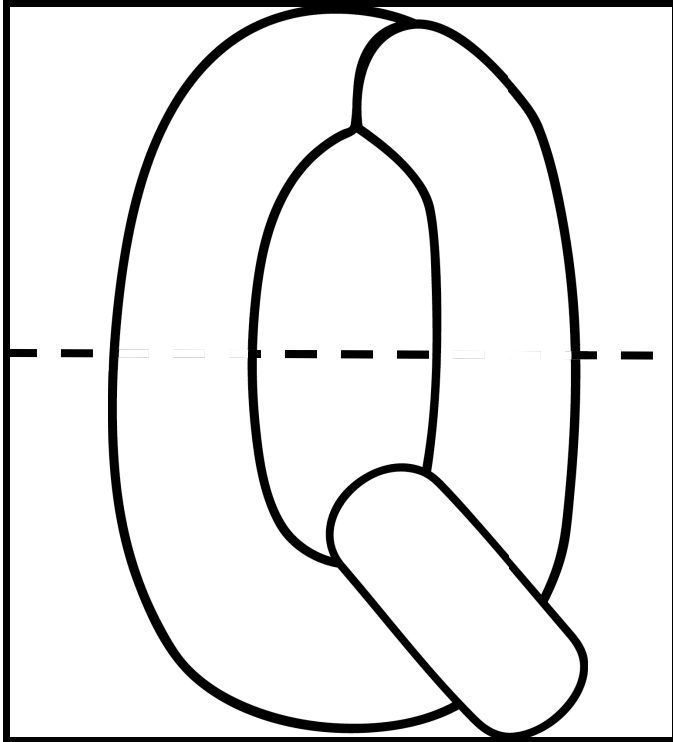
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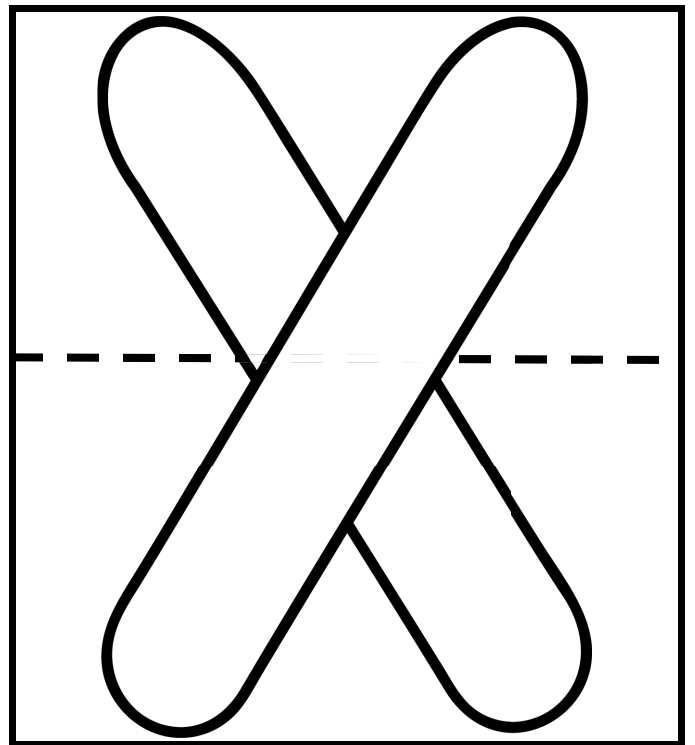
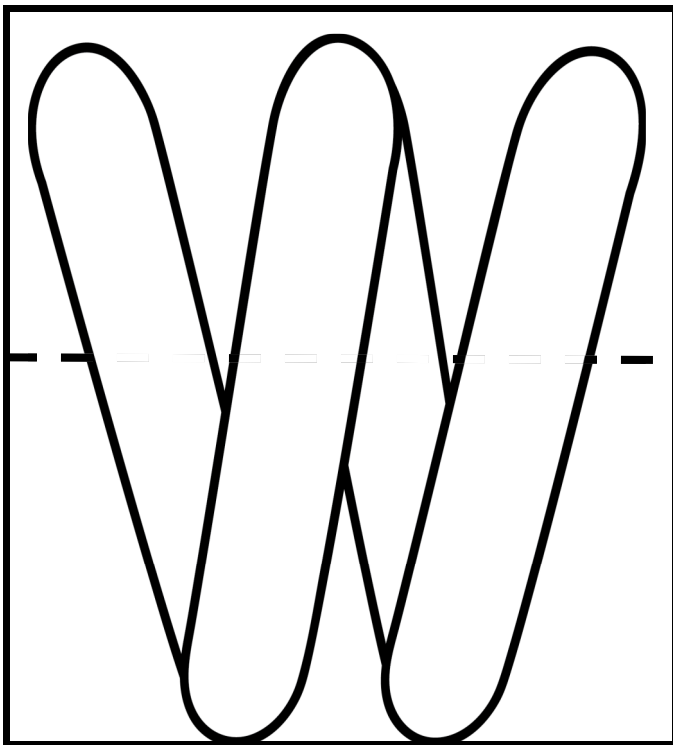
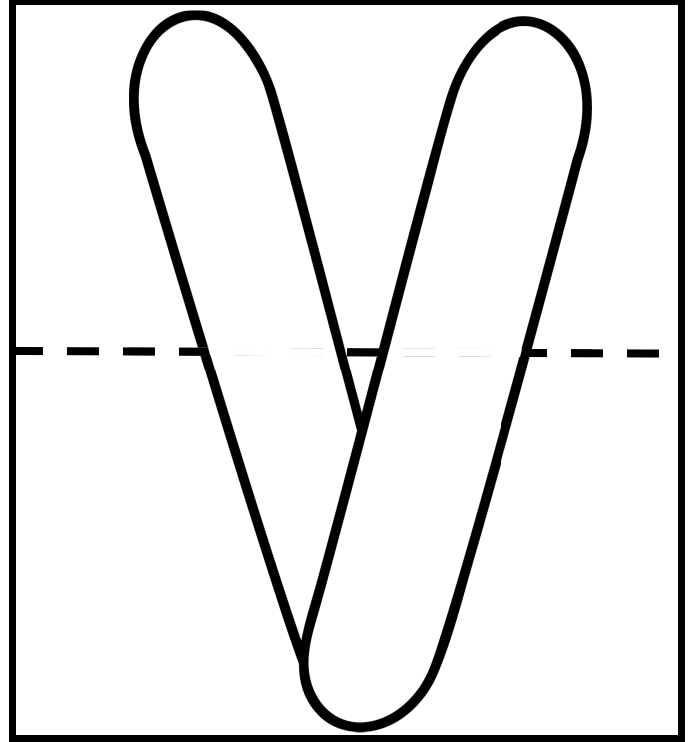
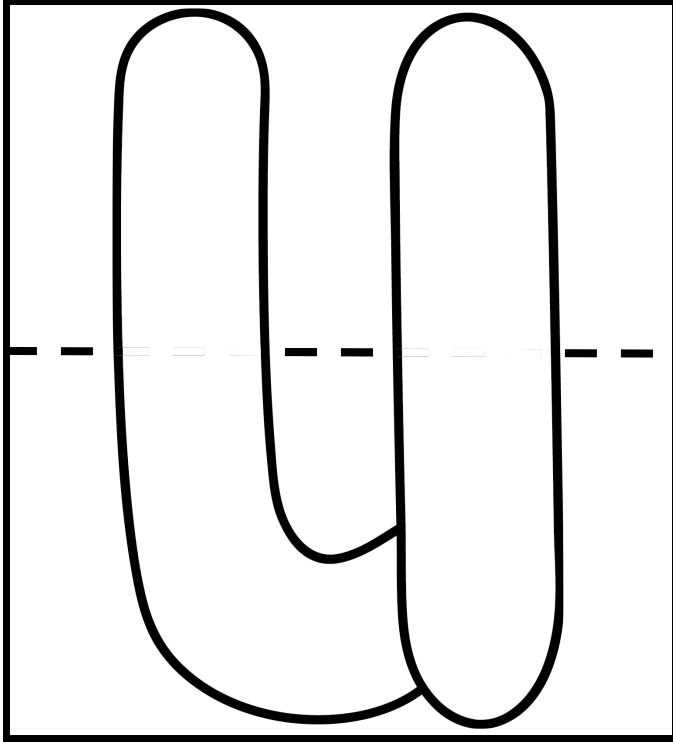
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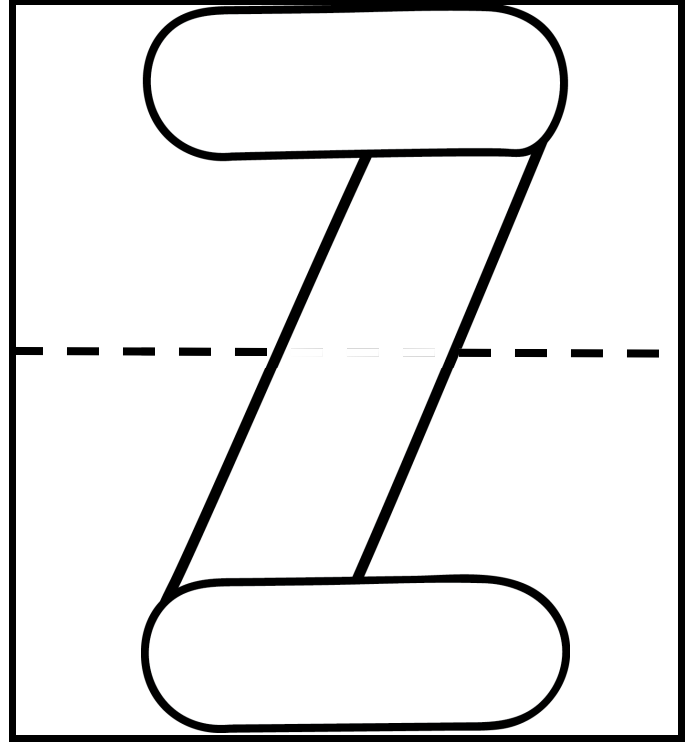
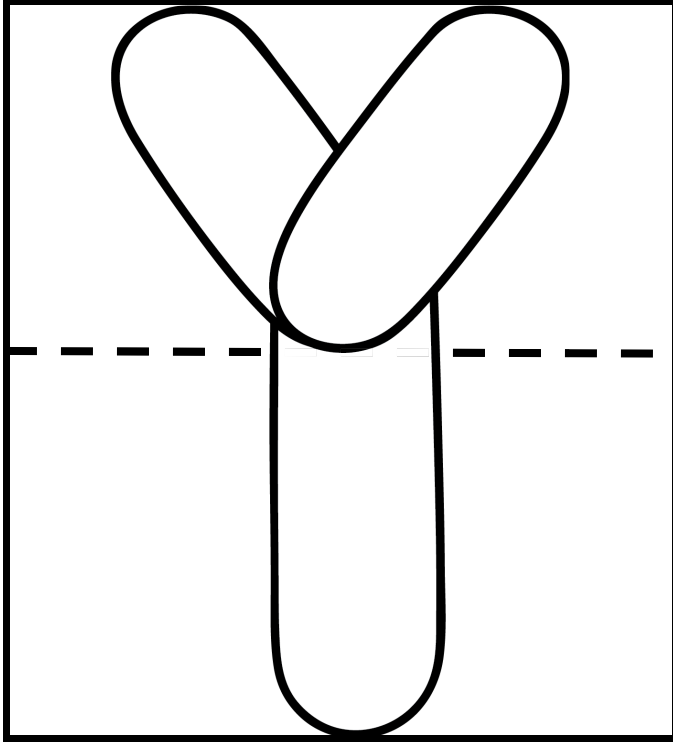
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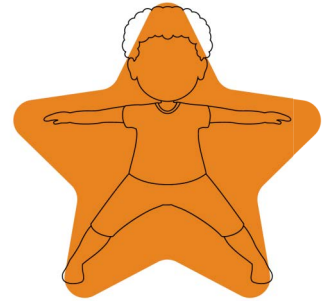
Print My Name:

Handwriting practice lines consisting of four sets of solid top and bottom lines with a dashed middle line.



STAR POSE

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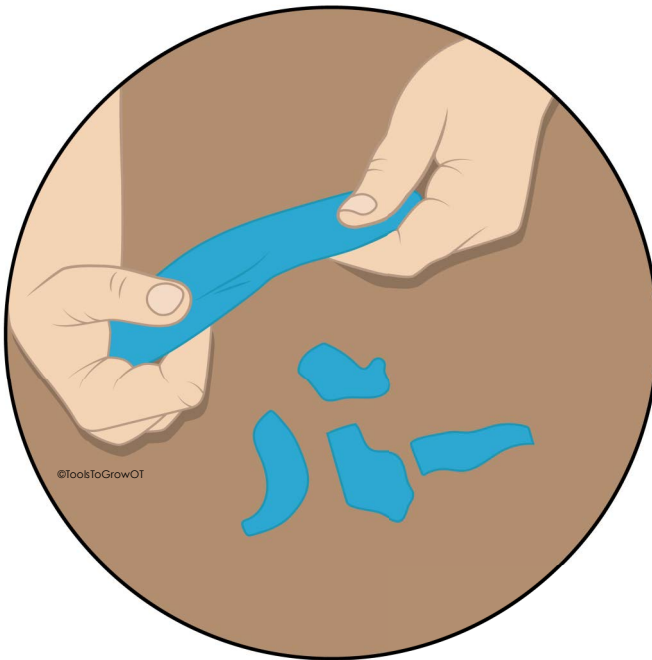
1. Stand tall, with feet shoulder width apart.
 2. Extend arms straight out to the sides.
 3. Stand still or sway back and forth.
-

THERAPY PUTTY

HAND EXERCISE

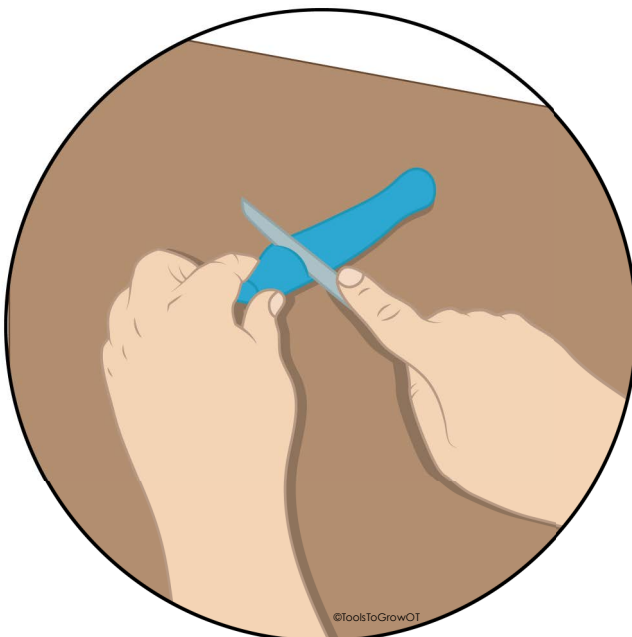


>>> THE TEAR <<<



- 1 Grasp a ball of putty between the thumbs and fingers of both hands.
- 2 Gently pull until a small piece of putty is torn off.
- 3 Continue until only tiny pieces of putty remain.

>>> CUT WITH PLASTIC KNIFE <<<



- 1 Create a log of putty.
- 2 Grasp a safety knife handle with your thumb and pointer finger on top of the handle.
- 3 Your last three fingers are tucked into your palm.
- 4 Press down while moving back/forth to cut.
- 5 Repeat.

PUFFY PAINT CRAFT



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MATERIALS NEEDED:

- ☑ Ice Cream template (attached)
- ☑ Puffy Paint Recipe (attached)
- ☑ White Glue
- ☑ Shaving Cream
- ☑ Scissors
- ☑ Brown Crayon/Colored Pencil
- ☑ Hole Punch & Colored Paper (Optional)

PRINT INSTRUCTIONS:

1. Print out Ice Cream Template (attached) on heavy card-stock paper. One per child.
2. Print out blank page. One per child.

HOW TO COMPLETE CRAFT:

1. Cut out ice cream and cone.
2. Glue on blank page as indicated.
3. Create puffy paint per recipe.
4. Add paint on top of ice cream.
5. Optional: Use a hole punch to punch out dots for sprinkles and/or chocolate chips. Draw a cherry on top!
6. Once painted, project will require several hours to dry.

PUFFY PAINT RECIPE



YOU WILL NEED:

- ✓ 1 cup white shaving cream
- ✓ 1/2 cup white liquid glue
- ✓ Small bowl
- ✓ Food Coloring (optional)

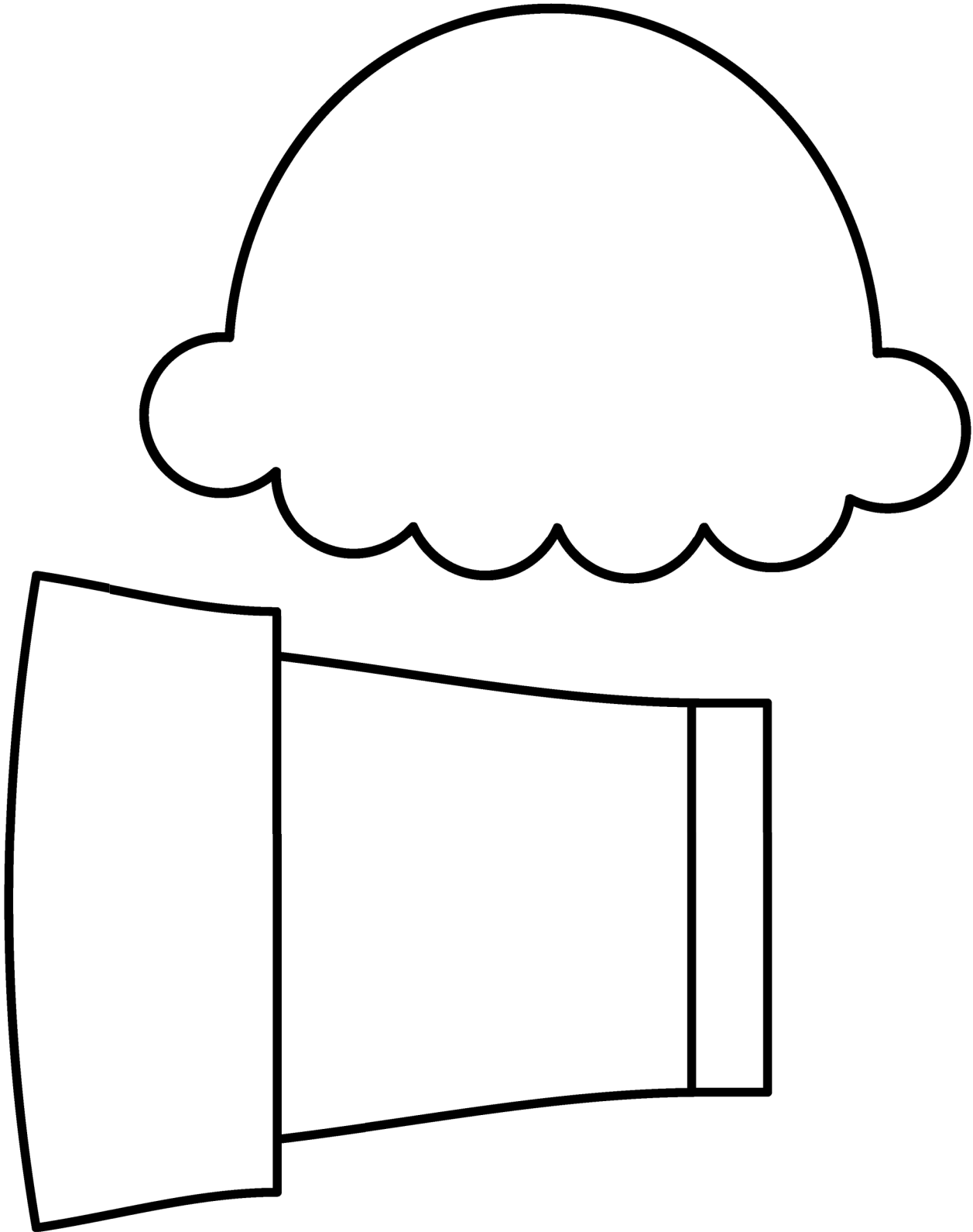
DIRECTIONS:

1. Mix the shaving cream and glue together in a bowl.
2. If the mixture appears too “thin”, add more glue to make it “stiffer”.
3. Add food coloring to make your “flavored” ice cream.

FUN TIPS:

- ☺ Some children may initially resist mixing the ingredients with their fingers.
- ☺ Allow them to use a spoon until he or she develops a tolerance.
- ☺ Some children may need to apply the mixture with a paint brush.
- ☺ Gently entice your child to use the mixture as finger paint.
- ☺ When dry the paint will have an elevated or puffy appearance.

PUFFY PAINT TEMPLATE





PUFFY PAINT ICE CREAM!



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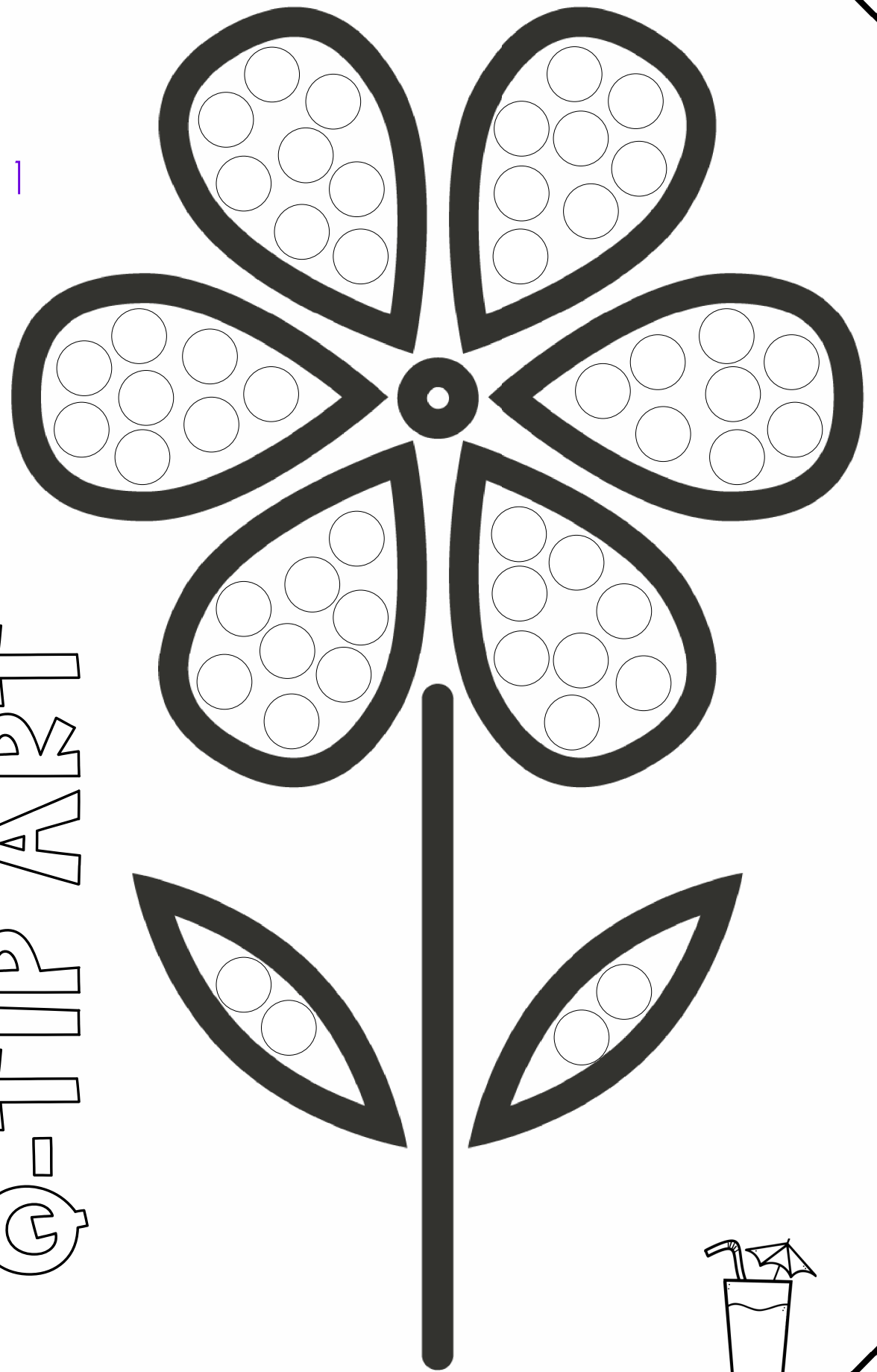
Glue Ice Cream
HERE

Glue Cone
HERE

JULY

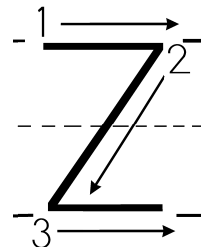
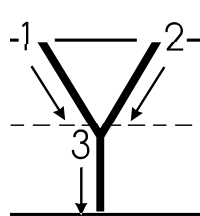
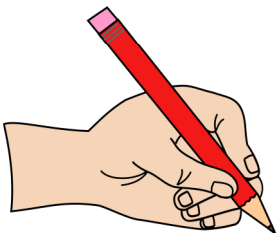
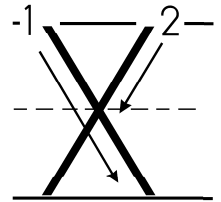
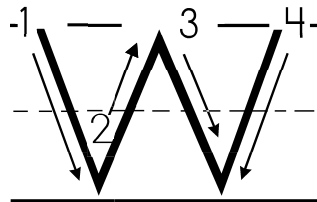
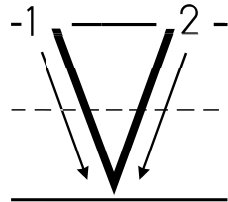
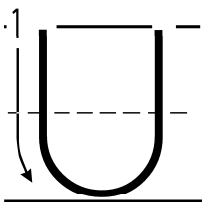
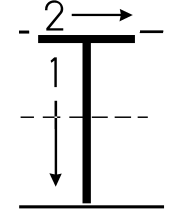
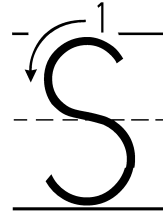
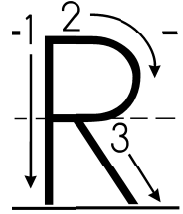
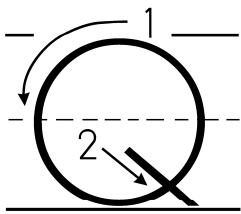
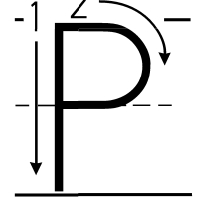
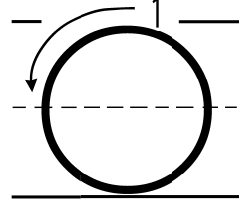
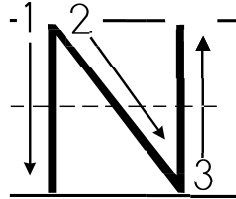
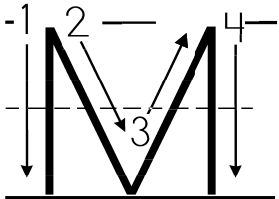
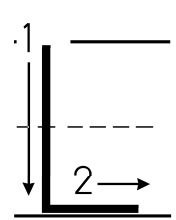
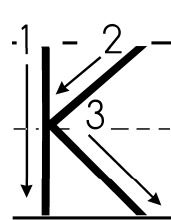
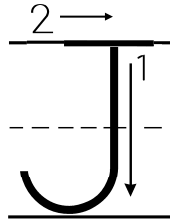
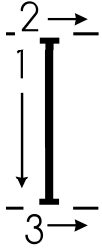
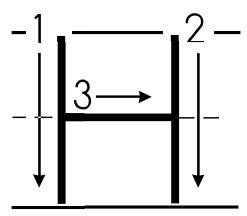
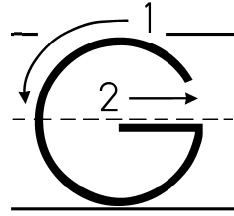
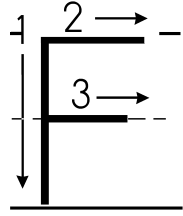
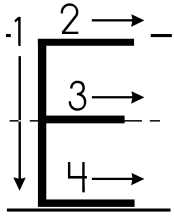
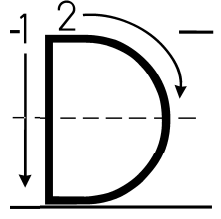
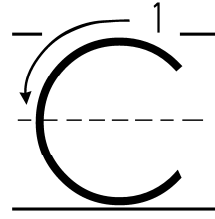
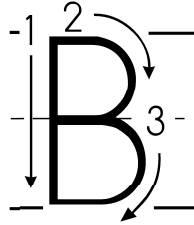
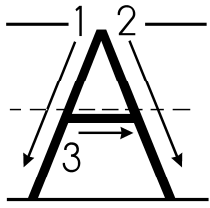
WEEK 3 LEVEL 1

FLOWER Q-TIP ART



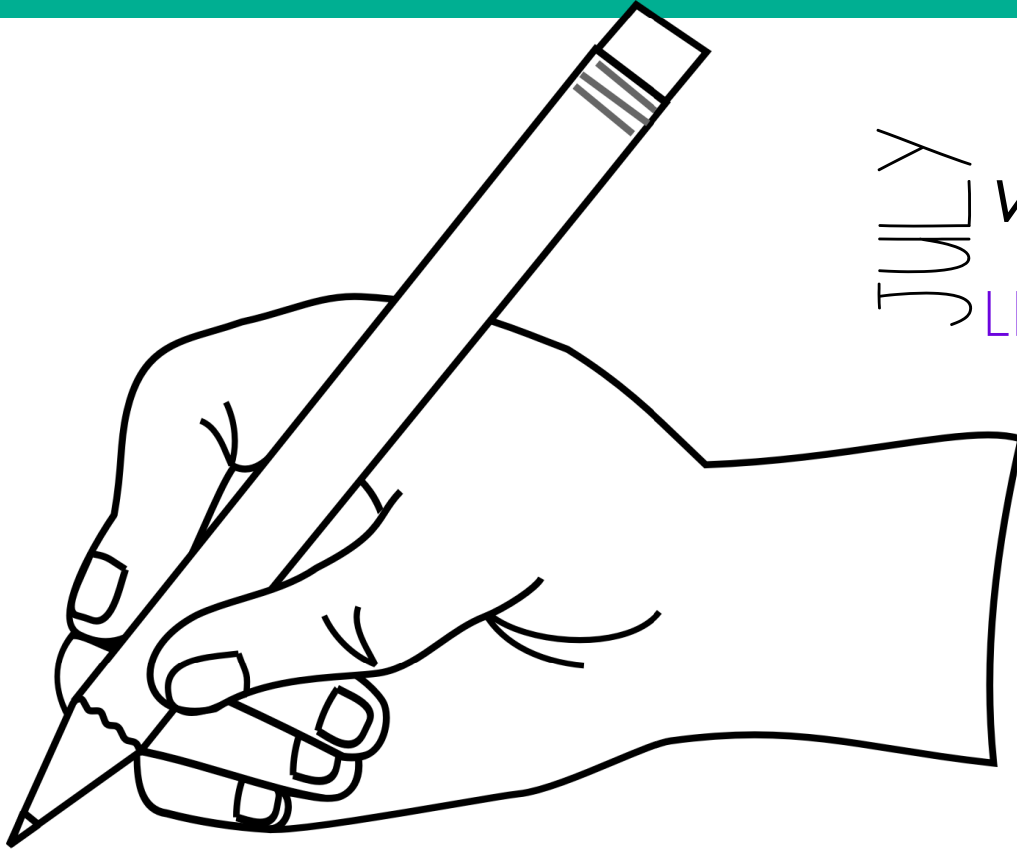
LETTER FORMATION

UPPER CASE LETTERS



Hold Your PENCIL CORRECTLY

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- 1 Hold the pencil with your thumb and index finger.
 - 2 Thumb and index finger point toward tip of pencil.
 - 3 Pencil rests on side of middle finger.
 - 4 Last 2 fingers curl into palm.
-

JULY
WEEK
3
LEVEL 1

ALPHABET PRACTICE

UPPER CASE LETTERS



©ToolsToGrowOT

A

B

C

D

E

F

G

H

I

J

K

L

JULY

WEEK
3
LEVEL 1

ALPHABET PRACTICE

UPPER CASE LETTERS



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M

N

O

P

Q

R

S

T

U

V

W

X

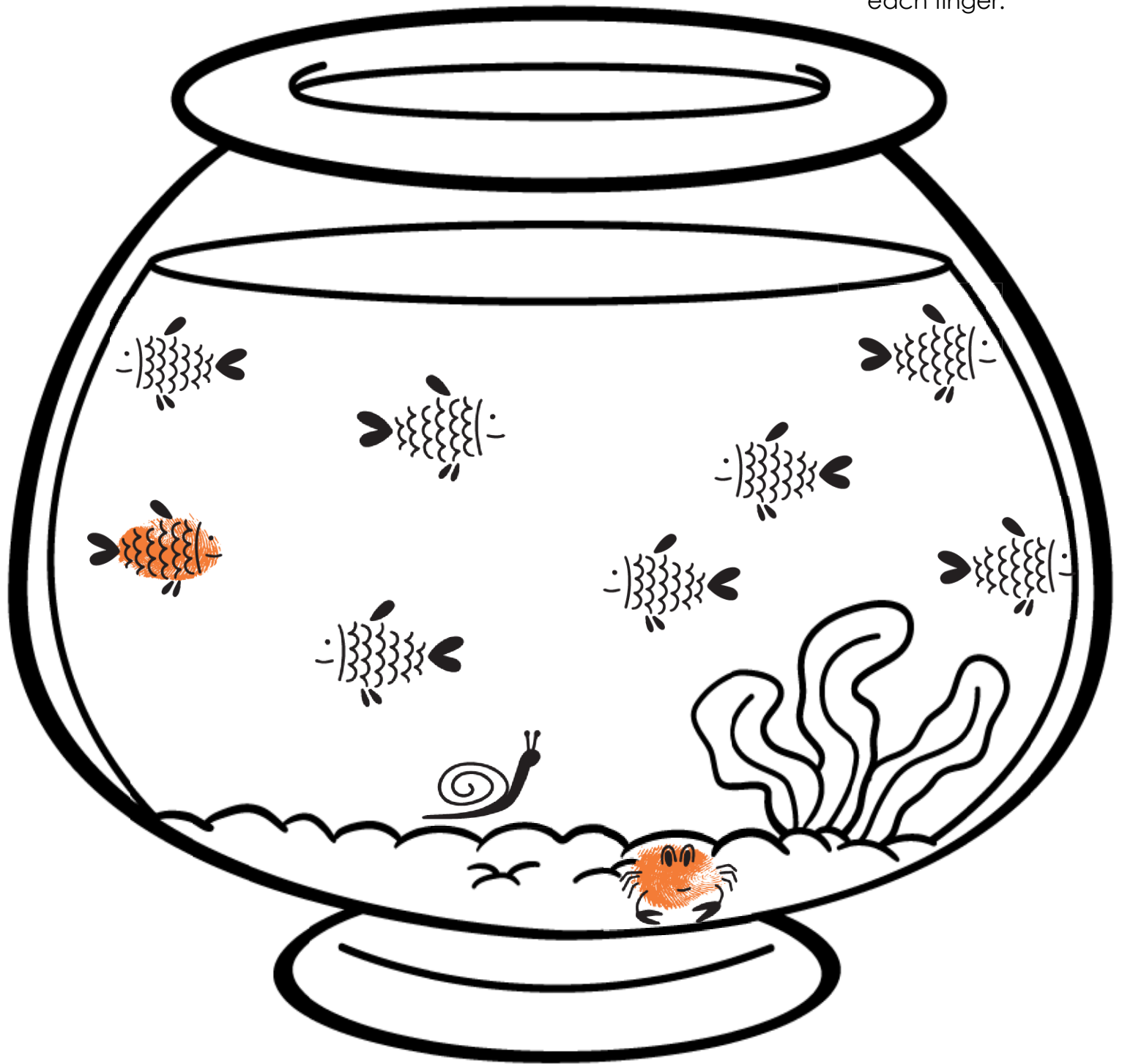
Y

Z

FISH TANK

F U N

Use pad of finger to dab
paint or ink on fish.
Try a different color on
each finger.

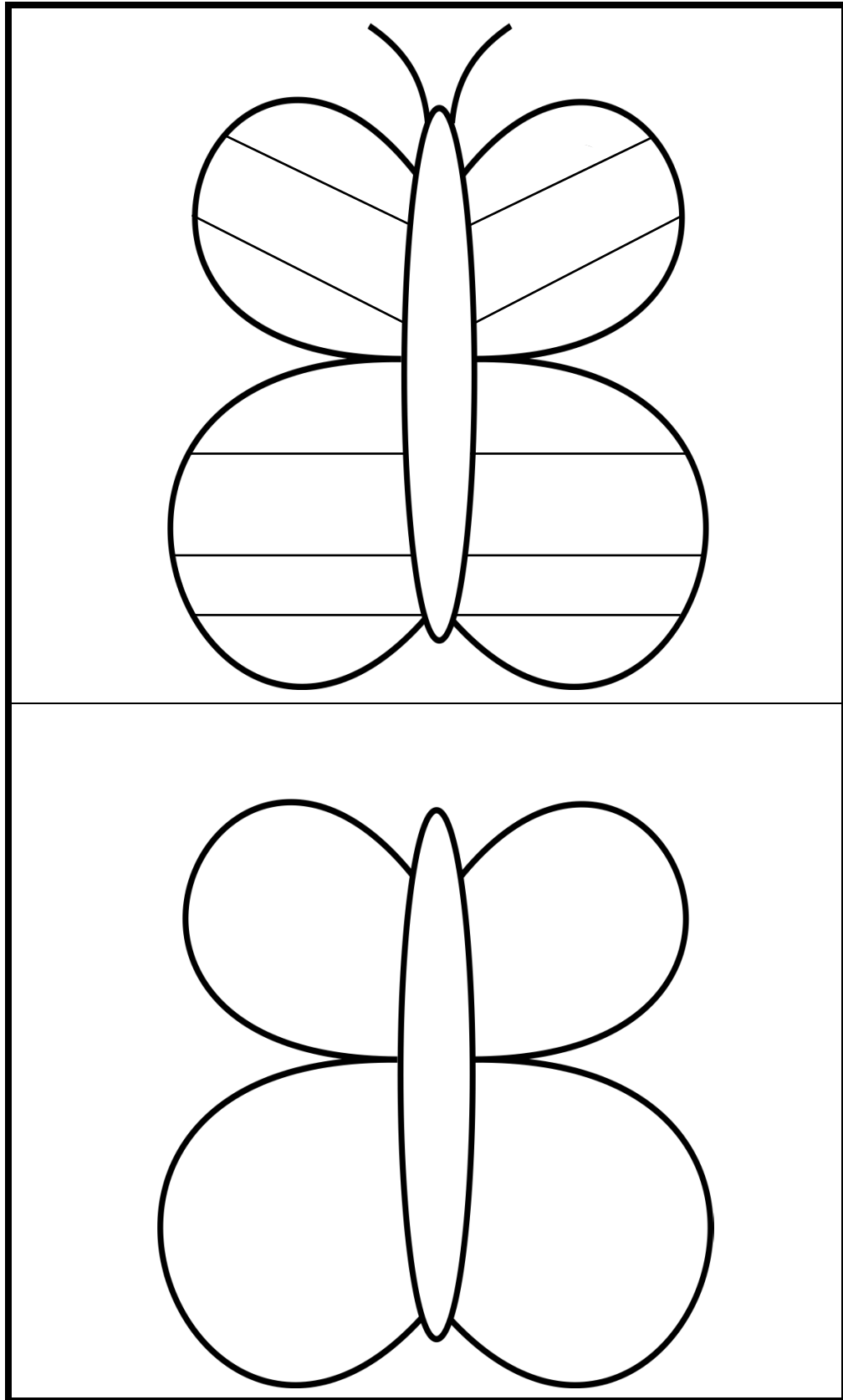


FINGERPRINT
painting



COPY THE BUTTERFLY

Copy the butterfly in the box below.



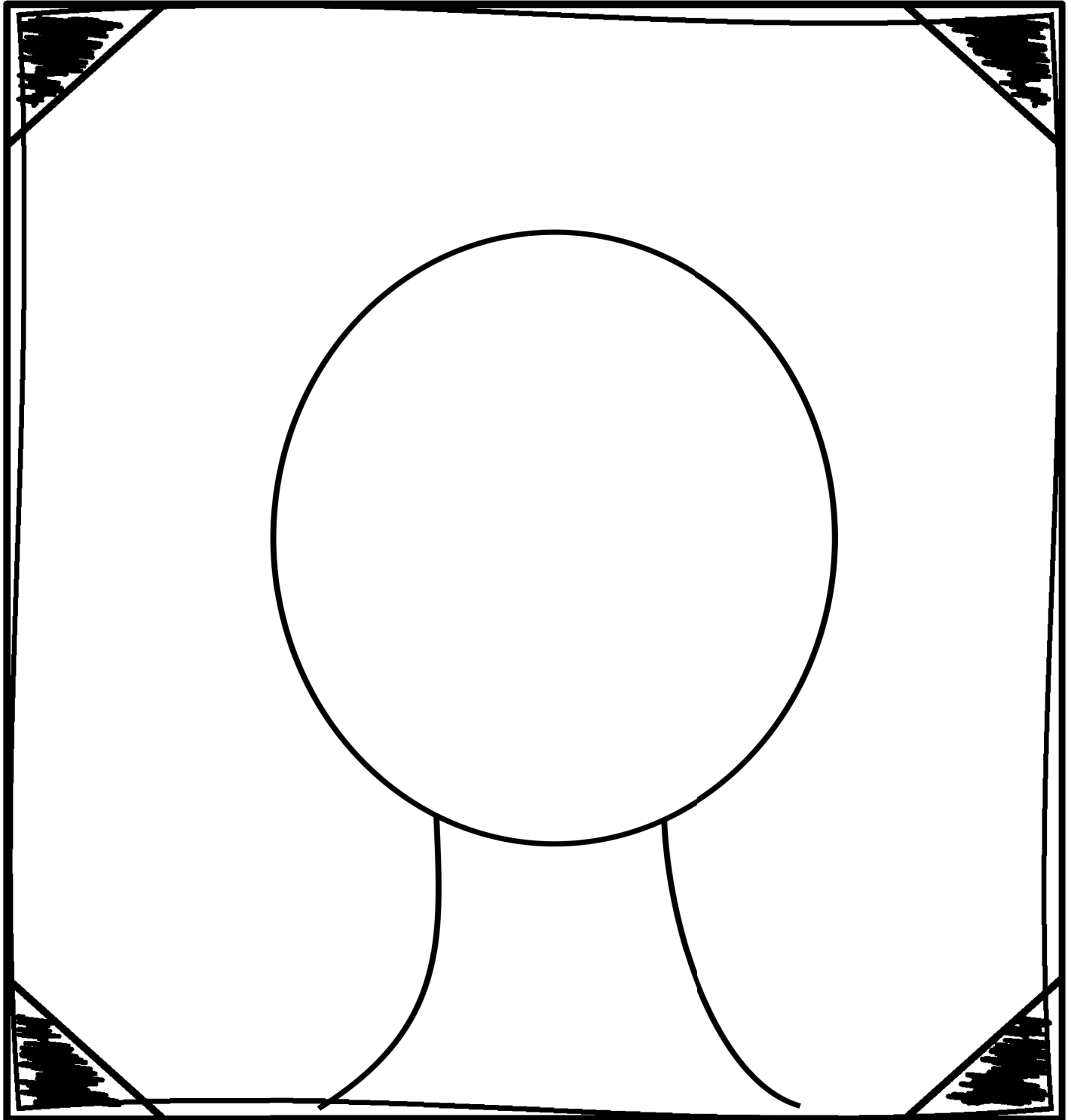
JULY
WEEK
4
LEVEL 1

DOUGH MAT MAKE A FACE!



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Place in clear protector sheet or laminate.
Using dough, make a face and hair in the frame.

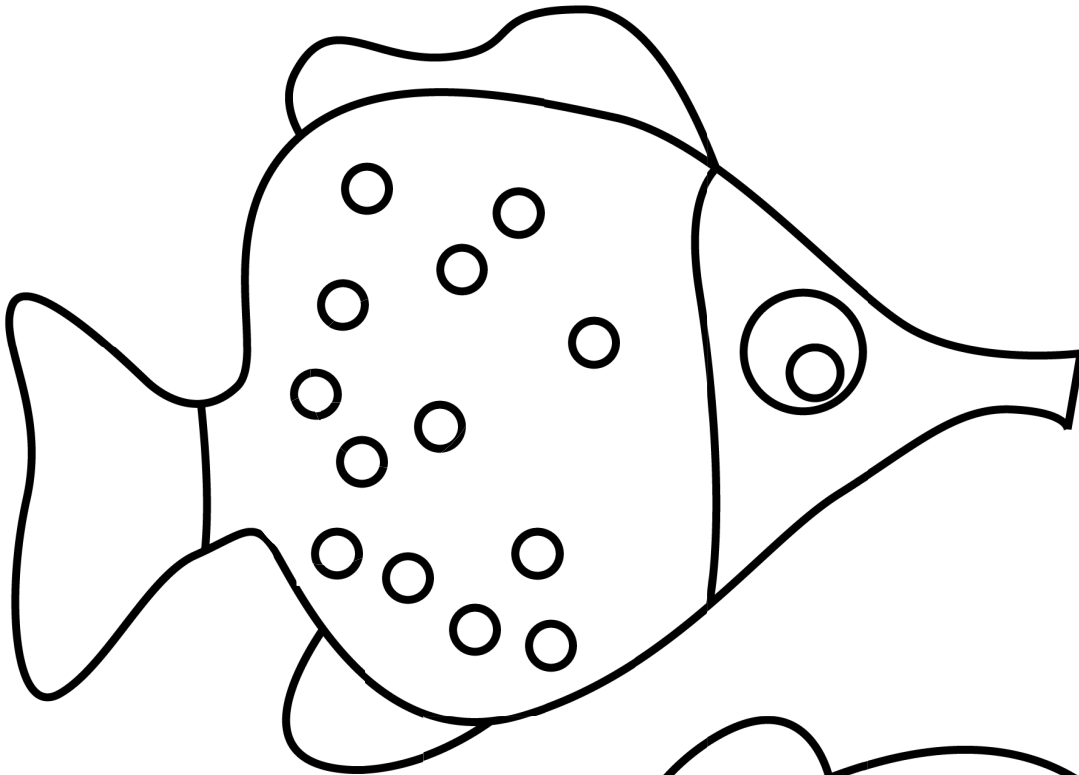


HOLE PUNCH FISH FUN!



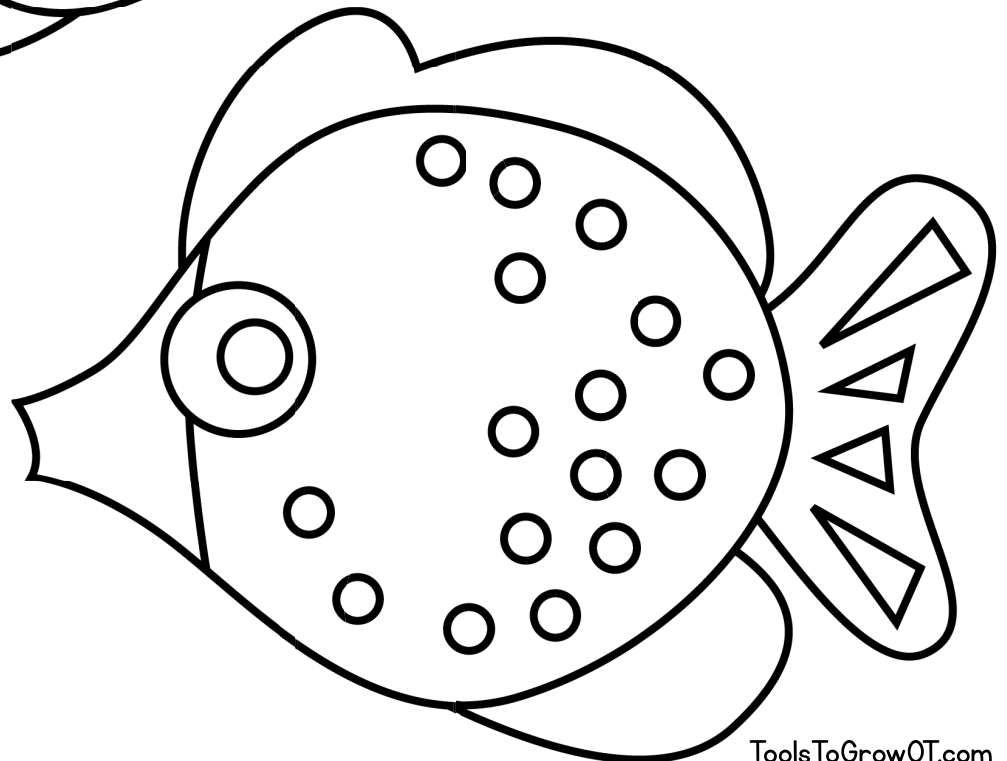
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Using a hole punch and colored construction paper, punch out the number of circles and glue them onto the images as indicated.



1. Color the fish blue.
2. Punch out 13 orange dots.
3. Glue them on the circles.

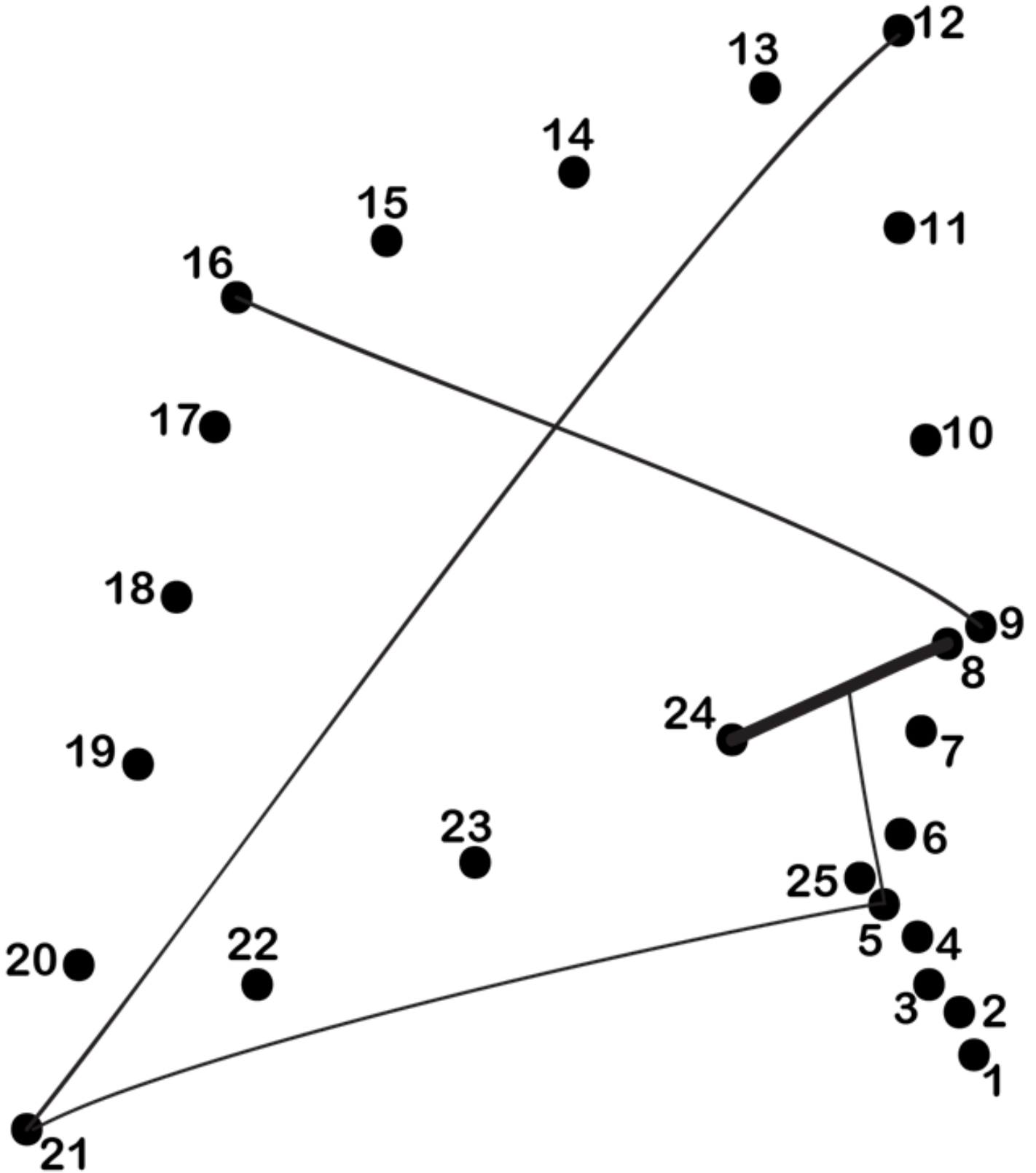
1. Color the fish yellow.
2. Punch out 16 purple dots.
3. Glue them on the circles.



CONNECT DOTS SUMMER FUN!



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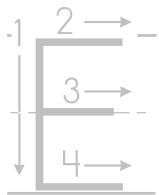
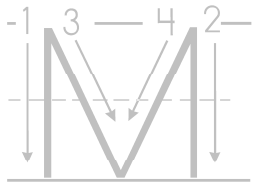
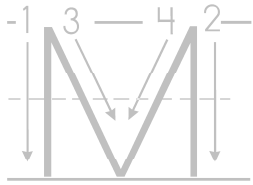
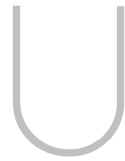
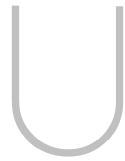
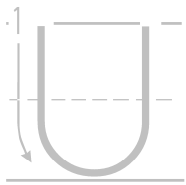


RAINBOW WRITING



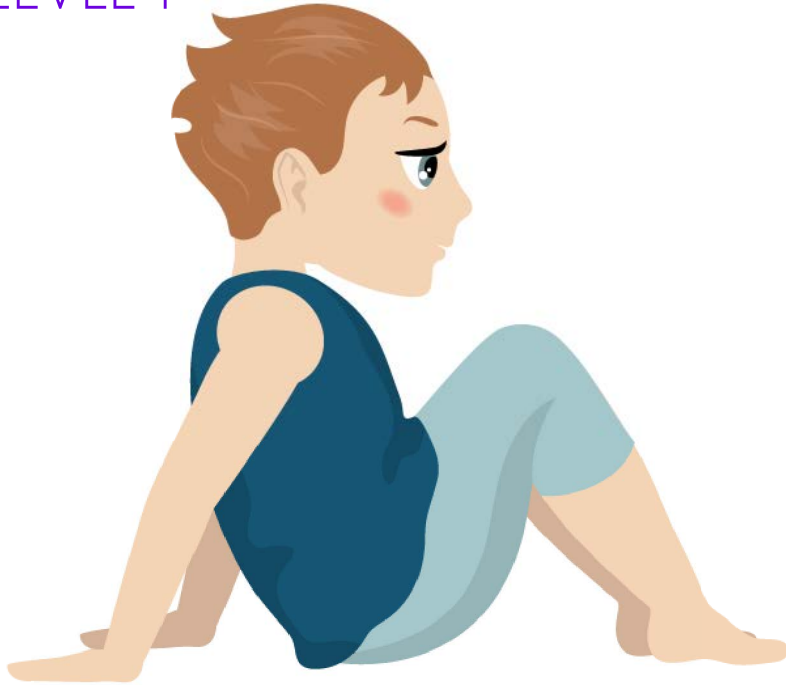
Choose different colored
crayons to trace the upper case letters!

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TABLES!



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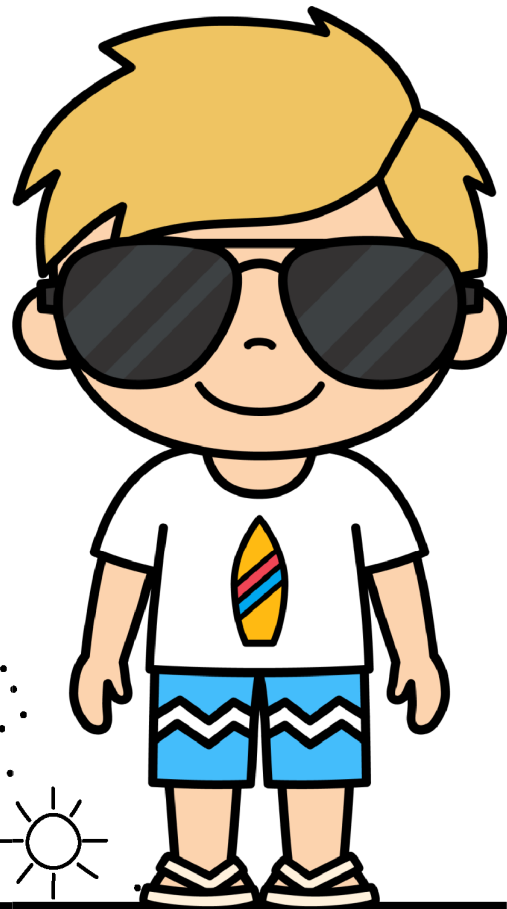
- ✓ Sit on floor with feet and hands flat on the floor and belly facing up
- ✓ Lift bottom off of the floor to make a flat table with your body.
- ✓ Hold for a count of 3 and return to starting position.
- ✓ Repeat 5 times!

SUMMER

AUGUST

2021

WEEKLY
RESOURCES



LEVEL
1

SUGGESTED AGE RANGE:
PRESCHOOL
- GRADE 1

CLOTHESPIN FUN!

- Cut out each of the cards below.
- Laminate, print on cardstock, or glue onto firm paper/cardstock.
- Clip a clothespin to the correct number of items in each box.



©ToolsToGrowOT

2	4	1

5	6	4

10	7	4

6	8	9

CLOTHESPIN FUN!

- Cut out each of the cards below.
- Laminate, print on cardstock, or glue onto firm paper/cardstock.
- Clip a clothespin to the correct number of items in each box.



©ToolsToGrowOT

5	4	7

10	6	9

3	5	4

6	8	9

ICE EGGS RECIPE



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This is a fun sensory activity that children will really enjoy on a hot day. The child will also have a small little toy once the eggs melt!

YOU WILL NEED:

- ✓ Small Bowl
- ✓ Tiny plastic toys to place in center of balloons
- ✓ Small balloons

DIRECTIONS:

1. Carefully place a tiny plastic toy/figure (ex: animal, dinosaur, fairy) into the center of a small balloon.
2. Add water and tie.
3. Place the balloons into the freezer and allow to freeze.
4. Once frozen, peel off the balloon and allow child to play with the frozen ice egg.
5. Help your child learn the various sensory features of this activity by labeling and discussing vocabulary such as hard, cold, wet, etc.

AUGUST

WEEK
1
LEVEL 1

CUT & SORT BUTTERFLY FUN!

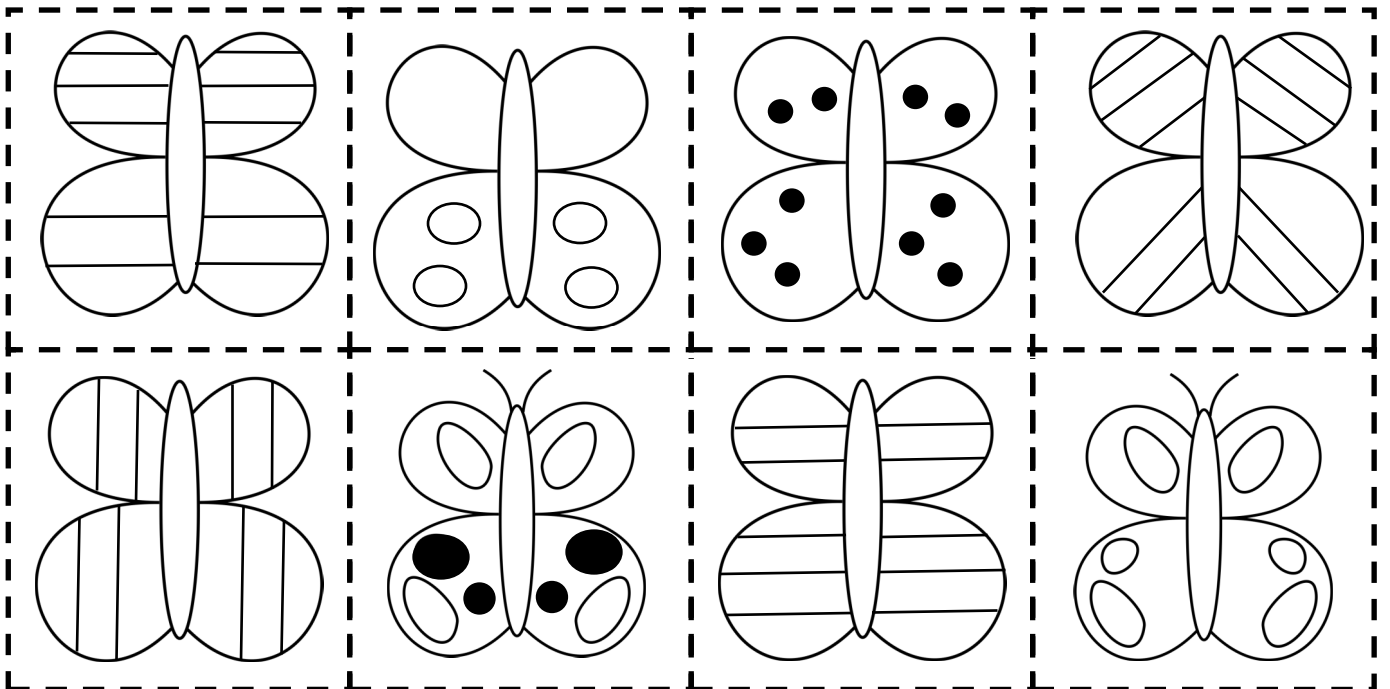


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Cut and Paste into the correct category.

<p>STRIPES —</p>	<p>SPOTS ○ ● ○</p>
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AUGUST



WEEK



LEVEL 1

LET'S COLOR! SUMMER MEMORIES



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Picture of me :

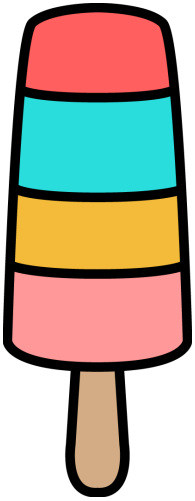
To cool off I ...

I played ...

Something fun I did ...

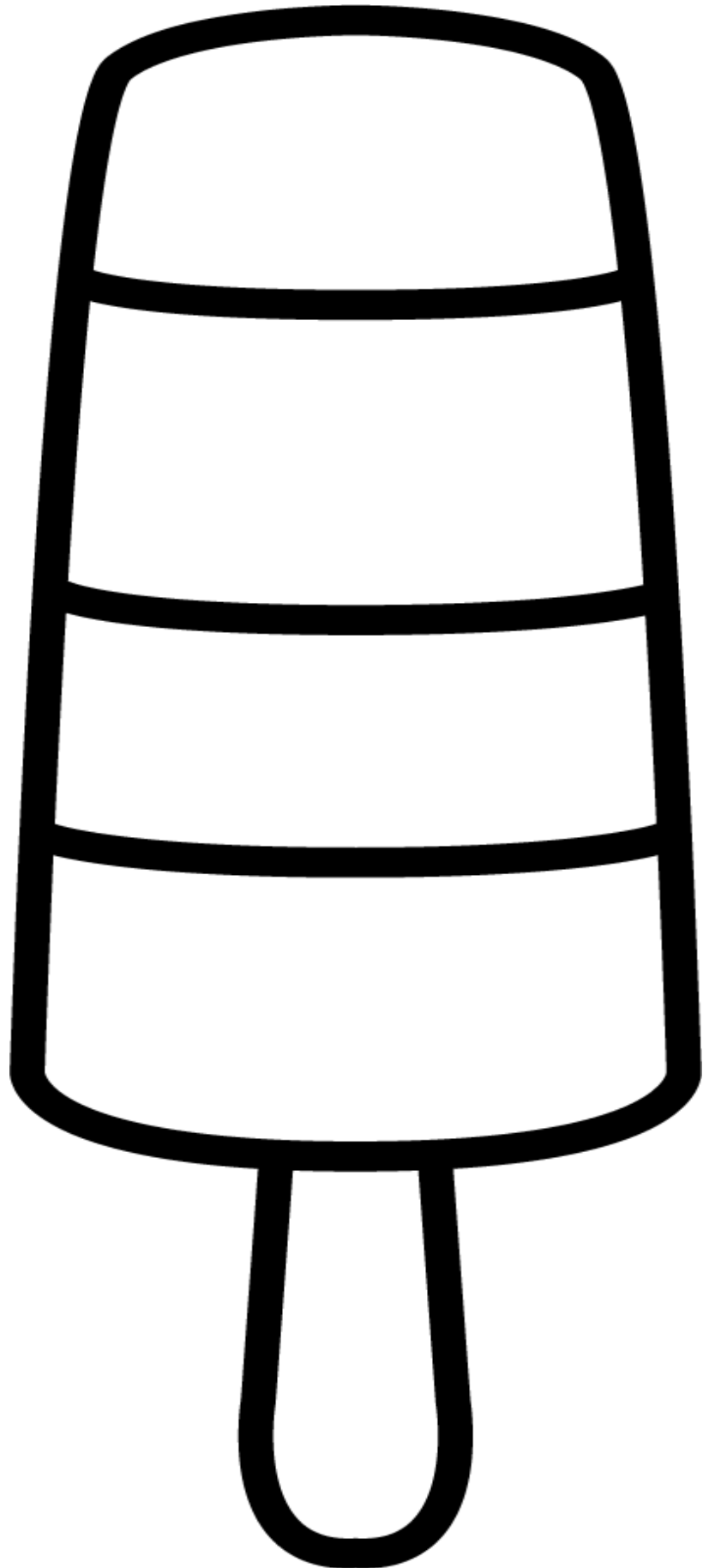


RIP PAPER CRAFT



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AUGUST
WEEK
2
LEVEL 1



- Using 4 different colored construction paper, rip up small pieces.
- Glue pieces on the popsicle.
- Using brown construction paper, rip up small pieces.
- Glue to the stick.

AUGUST

WEEK
2

LEVEL 1



CHALK SPRAY



©ToolsToGrow®

You Will Need:

- ✓ One squirt bottle
- ✓ Bowl
- ✓ Small amount of liquid dish soap
- ✓ One cup of hot water
- ✓ One tsp of washable tempera paint
- ✓ 1/2 cup cornstarch

Directions:

1. In a bowl add cornstarch to 1 cup of hot water. Wisk to mix and eliminate lumps.
2. Add 1 tsp of washable tempera paint and a squirt of dishwashing liquid. Mix well.
3. Pour into a squirt bottle and shake well.
4. Shake well in between uses.

How to Use: Spray chalk on driveway, sidewalk.

AUGUST

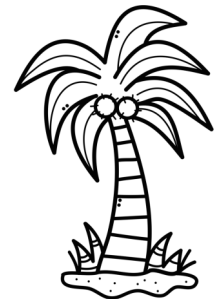
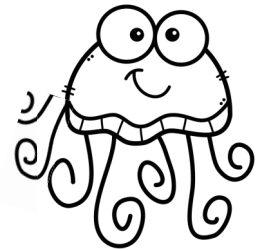
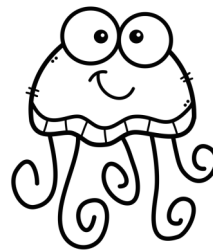
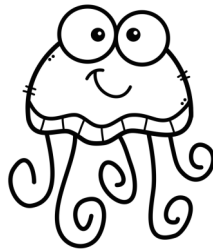
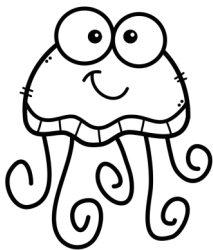
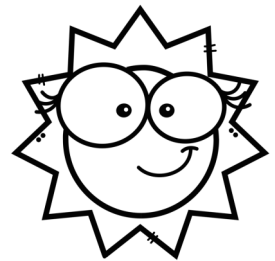
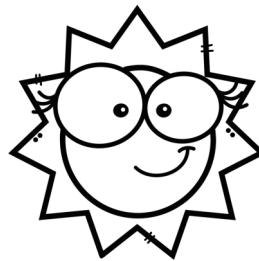
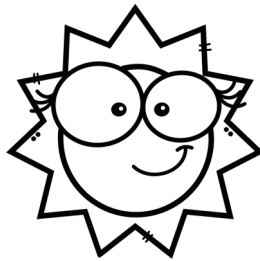
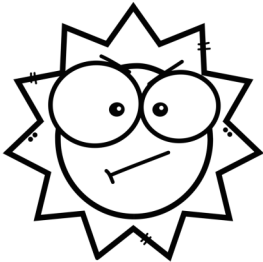
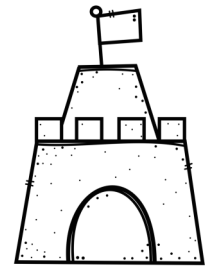
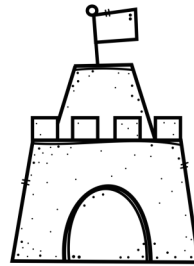
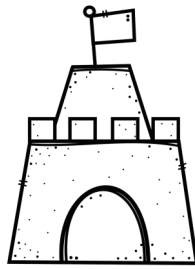
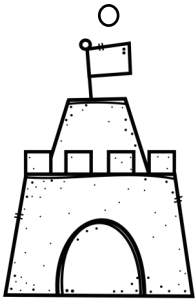
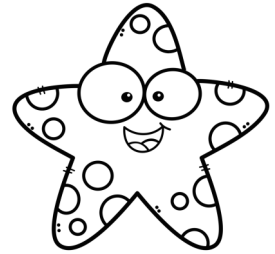
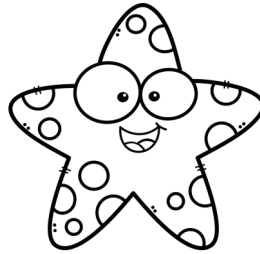
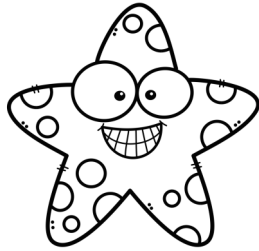
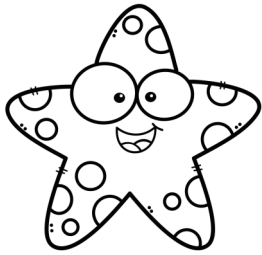
WEEK
2
LEVEL 1

WHICH IS DIFFERENT? VISUAL DISCRIMINATION



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Color the Summer Item that is different in each row

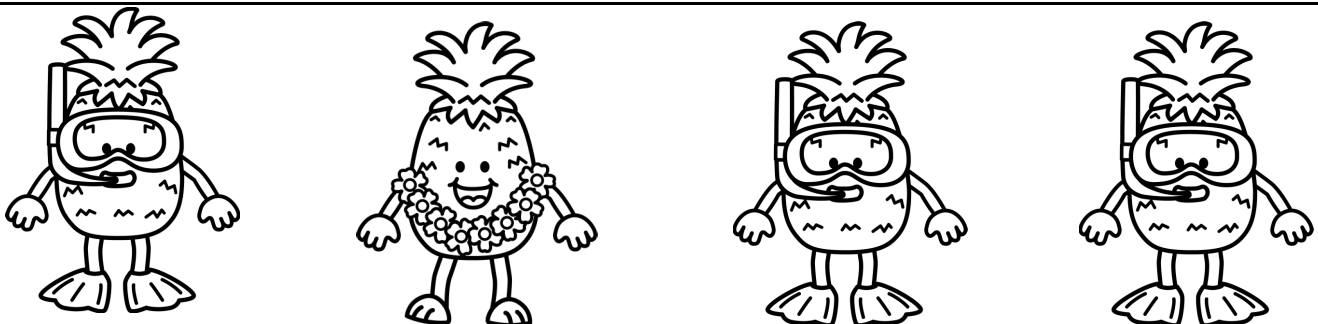
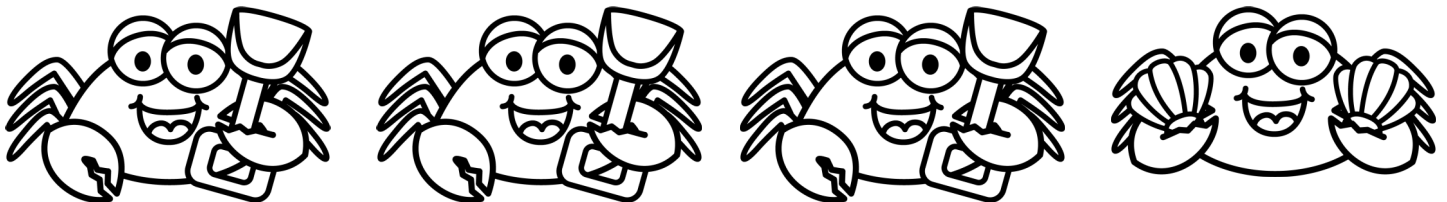
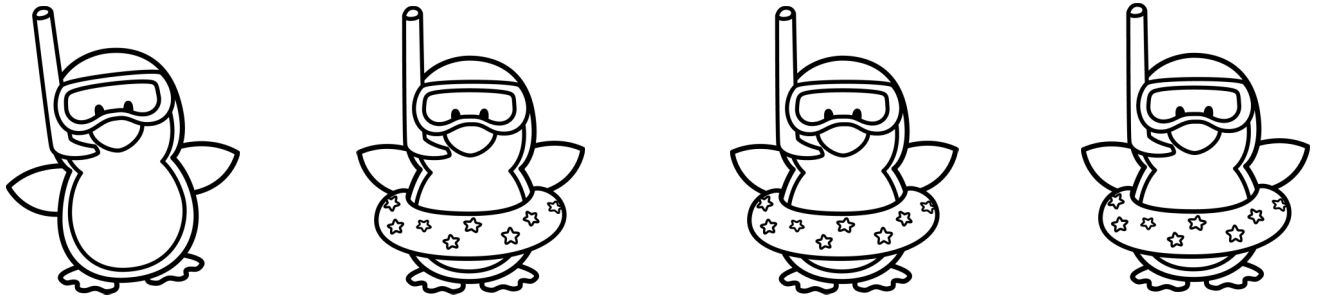
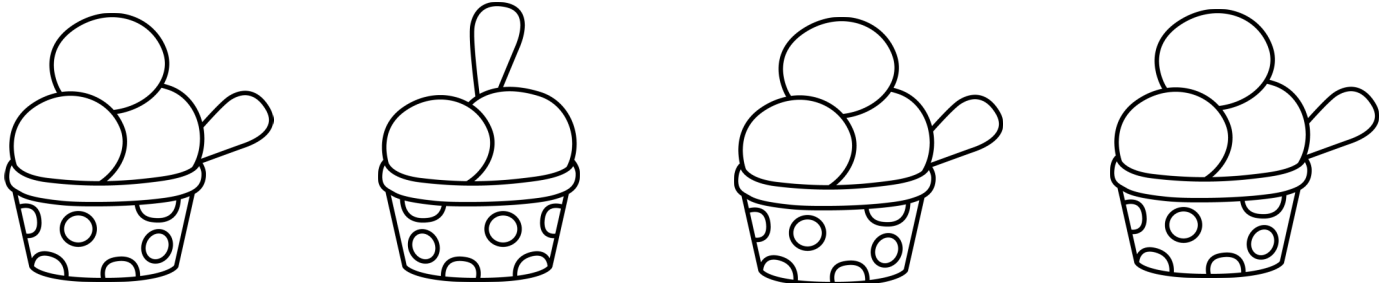
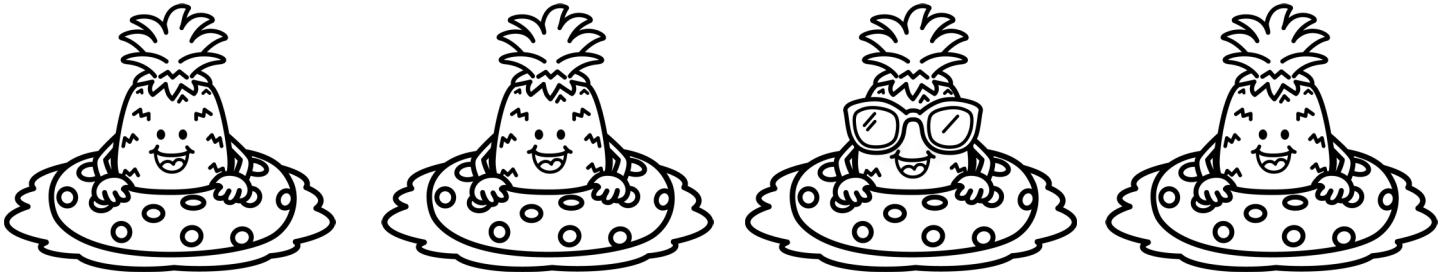


>>> WHICH IS DIFFERENT?



Color the Summer Item that is different in each row

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AUGUST

WEEK
2

LEVEL 1

A-Z SCAVENGER HUNT

Find something small that starts with the letters of alphabet. Once you find the item, print the word or letter and check the box.



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A: _____

B: _____

C: _____

D: _____

E: _____

F: _____

G: _____

H: _____

I: _____

J: _____

K: _____

L: _____

M: _____

N: _____

O: _____

P: _____

Q: _____

R: _____

S: _____

T: _____

U: _____

V: _____

W: _____

X: _____

Y: _____

Z: _____

SPIN & WALK LIKE A?

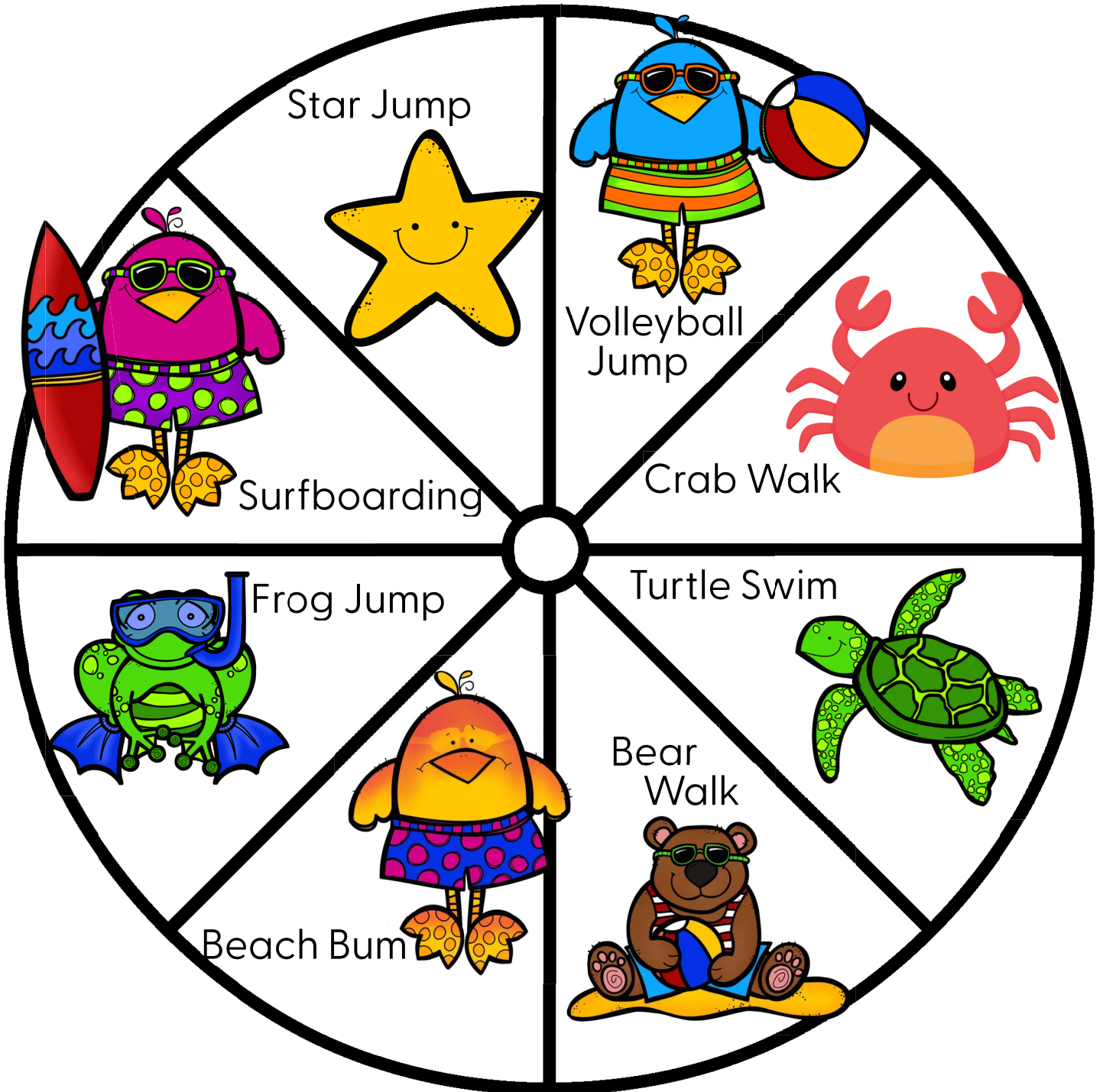


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Flick the spinner and complete the summer animal action that you land on.

TO CREATE SPINNER:

Place a paperclip in the middle of the circle. Use a pencil with the point/ tip in the middle of the paperclip and flick paperclip with finger.



SUMMER ANIMAL WALKS

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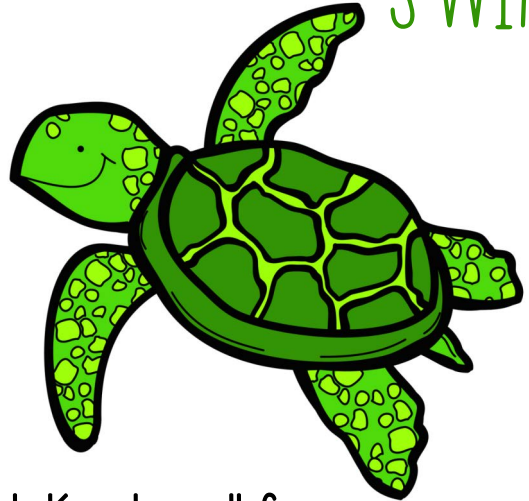
BEAR WALK

1. Bend forward to place hands on floor while keeping your weight on your feet.
2. Move right hand and right foot at the same time.
3. Move left foot and left hand at the same time.



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TURTLE SWIM



1. Kneel on all fours.
2. Slowly move your right arm and left leg at the same time.
3. Next move your left arm and right leg at same time.

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FROG JUMP

1. Squat down with your hands in-between your knees.
2. Push off with your feet to spring forward.



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BEACH BUM



1. Place your hands on your hips and bend your elbows.
2. Move your elbows back and forth to flap your wings!

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SUMMER ANIMAL WALKS

©ToolsToGrowOT

SURF BOARDING

1. Stand up tall with your arms to your side.
2. Pretend you are riding the waves and rock your body side to side.



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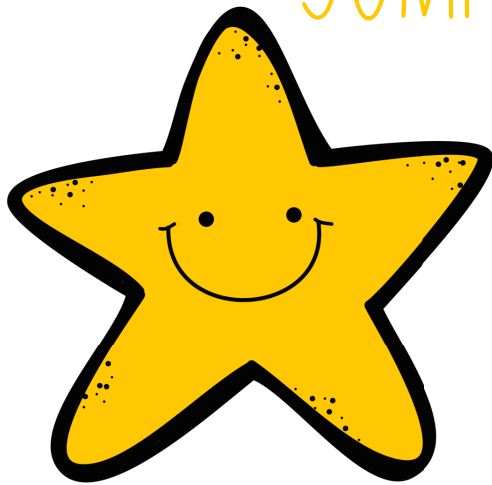
CRAB WALK

1. In a squatting position reach backwards with your arms and put both hands flat on the floor behind you.
2. Raise up bottom until your head, neck, and body are in a straight line.
3. Move forward, backwards, or sideways.



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STAR JUMP



1. Jump outwards, opening your legs wide.
2. As you jump, move your arms out, creating a star shape while in the air.

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VOLLEYBALL JUMP

1. Stand up tall.
2. Raise both arms straight above your head.
3. Jump forward pretending to hit/volley a volleyball!



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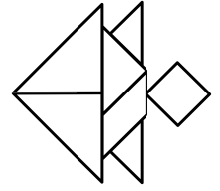
AUGUST

WEEK
3

LEVEL 1



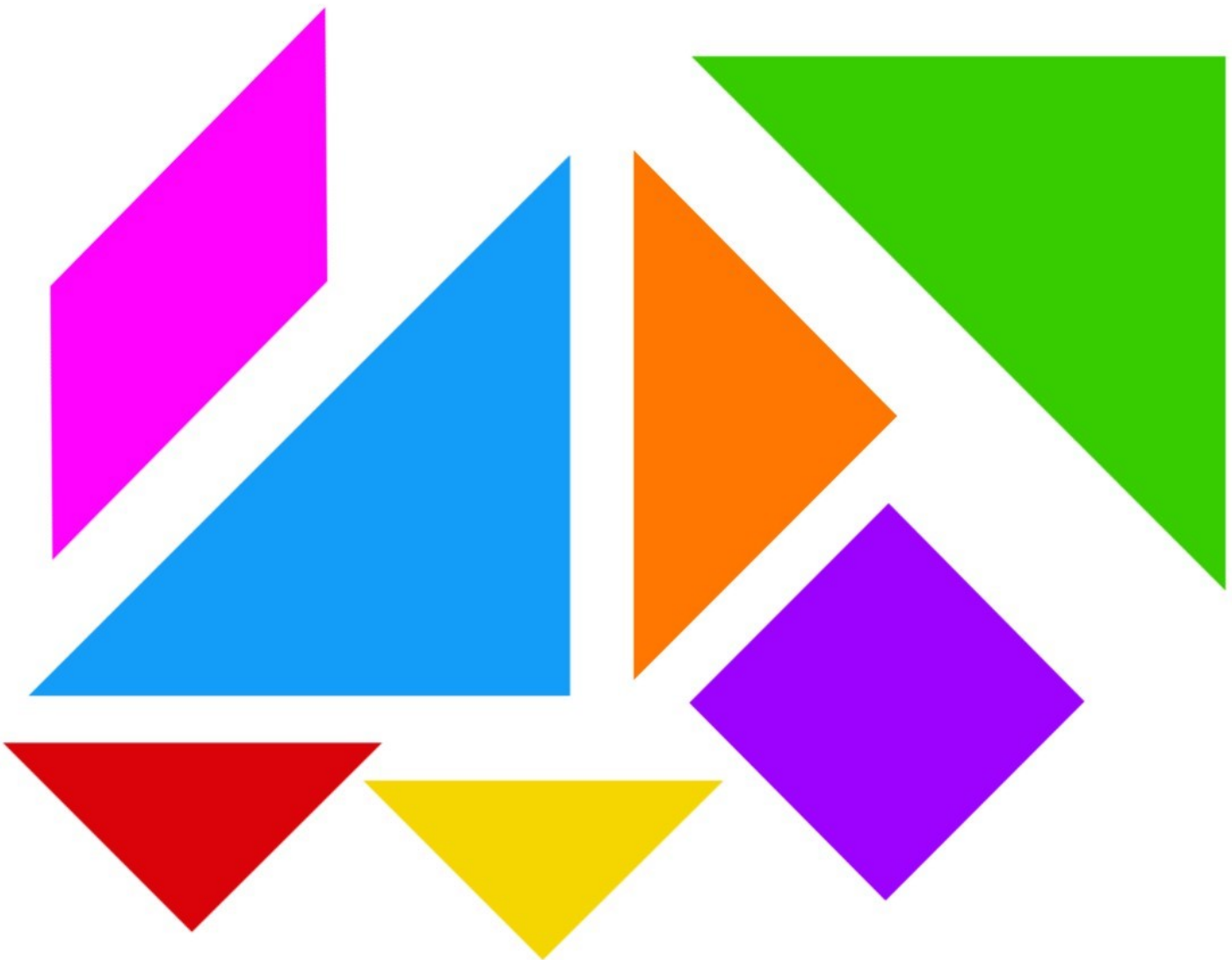
TANGRAM FISH



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INSTRUCTIONS:

1. Print on cardstock and laminate for durability.
2. Cut out each tangram piece.
3. Using solution on next page, create a fish with all the pieces.

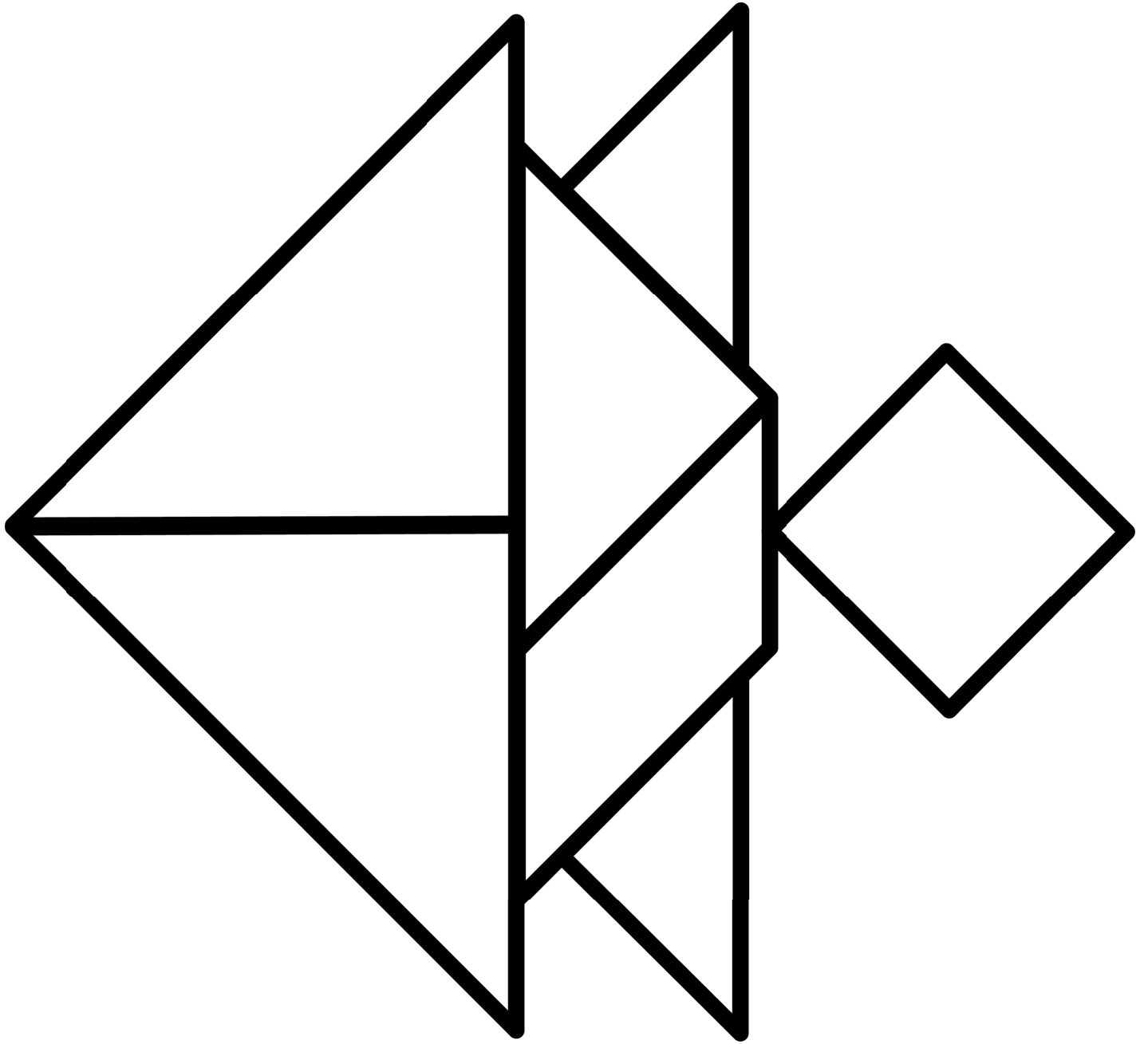


AUGUST
WEEK
3
LEVEL 1

TANGRAM FISH



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AUGUST



WEEK

3

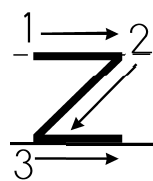
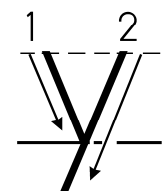
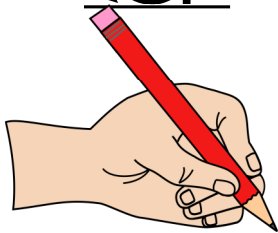
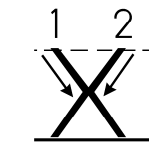
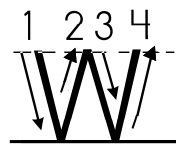
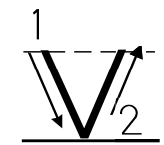
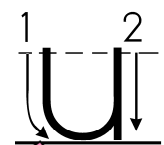
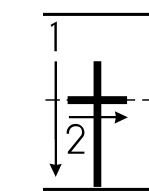
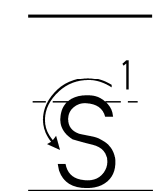
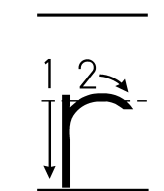
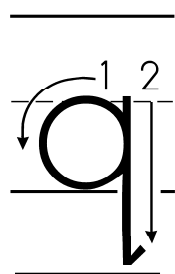
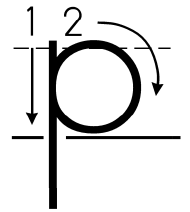
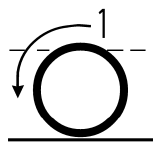
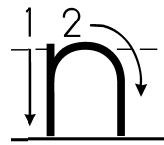
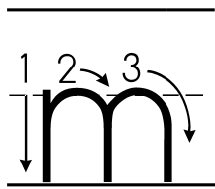
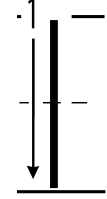
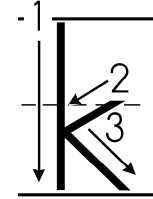
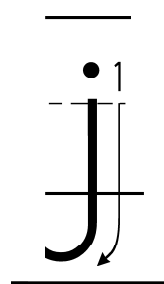
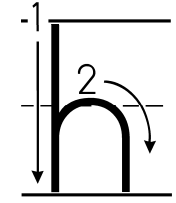
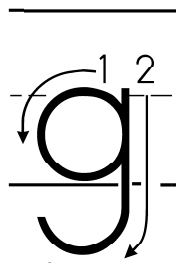
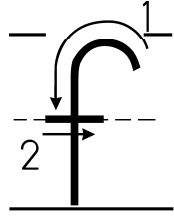
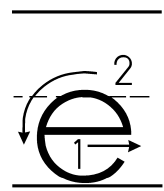
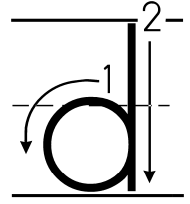
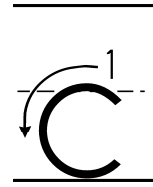
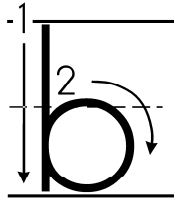
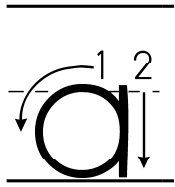
LEVEL 1

LETTER FORMATION

LOWER CASE LETTERS



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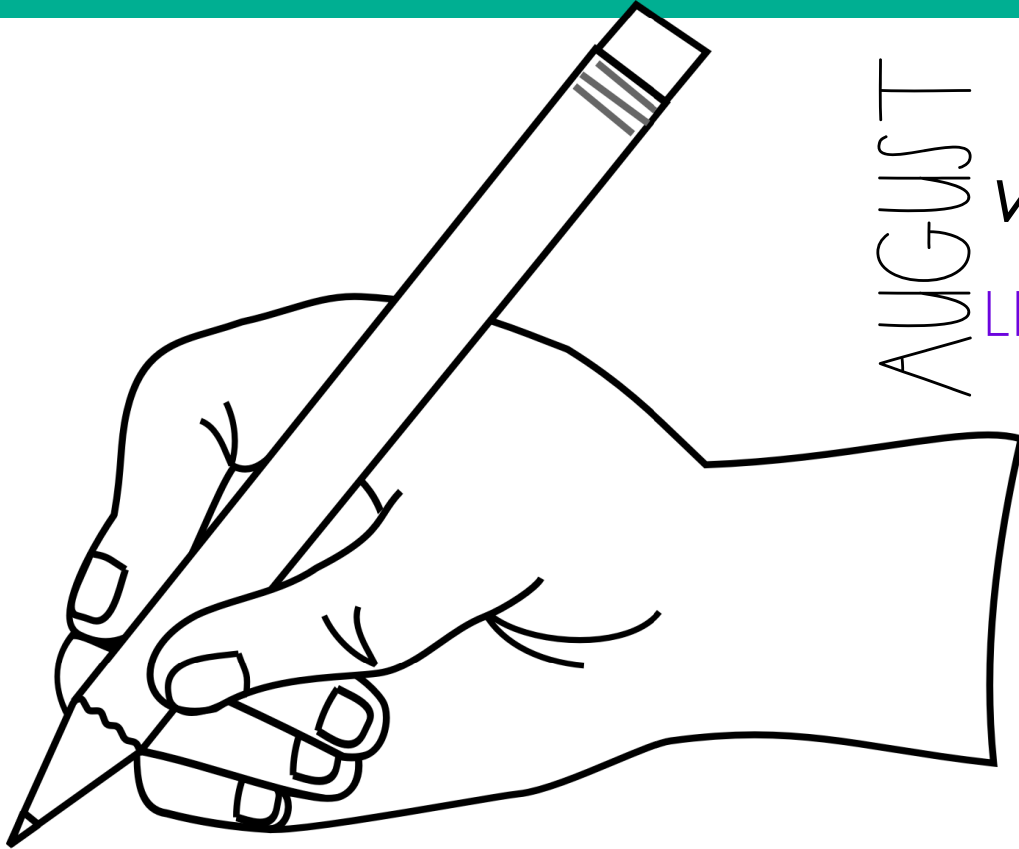


Hold Your PENCIL CORRECTLY

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AUGUST

WEEK
3
LEVEL 1



- 1 Hold the pencil with your thumb and index finger.
 - 2 Thumb and index finger point toward tip of pencil.
 - 3 Pencil rests on side of middle finger.
 - 4 Last 2 fingers curl into palm.
-

AUGUST

WEEK
3
LEVEL 1

ALPHABET PRACTICE

LOWER CASE LETTERS



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a

b

c

d

e

f

g

h

i

j

k

l

AUGUST

WEEK
3
LEVEL 1

ALPHABET PRACTICE

LOWER CASE LETTERS



©ToolsToGrowOT

m

n

o

p

q

r

s

t

u

v

w

x

y

z

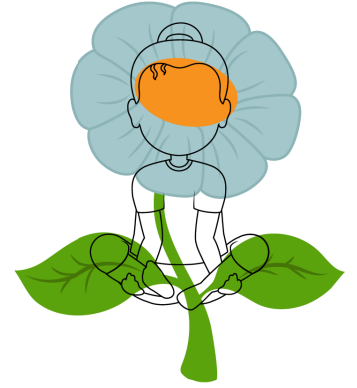
AUGUST

WEEK
3
LEVEL 1



FLOWER POSE

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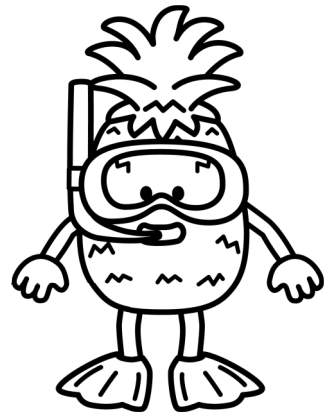
1. Sit on bottom, body upright.
 2. Bring bottoms of feet together and knees out to the sides.
 3. Thread hands under lifted knees.
-

AUGUST

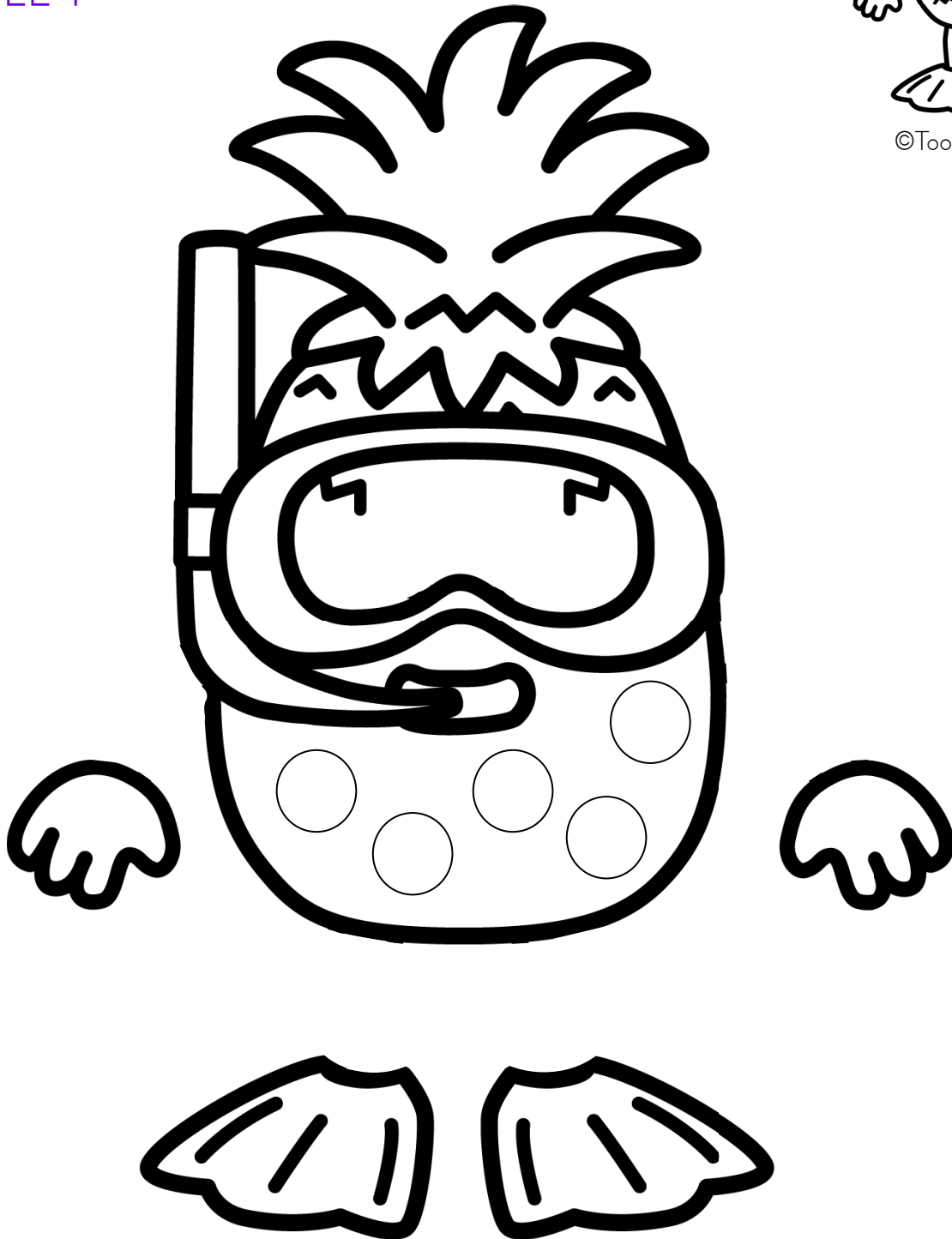
WEEK
4
LEVEL 1



DOUGH MAT
HAPPY PINEAPPLE!



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1. Roll out 2 circle balls and give the pineapple eyes.
2. Roll out 5 circle balls and put them on the pineapple's spots.
3. Roll out 2 snakes and use as the pineapple's legs.
4. Roll out 2 snakes and use as the pineapple's arms.



AUGUST

WEEK 4

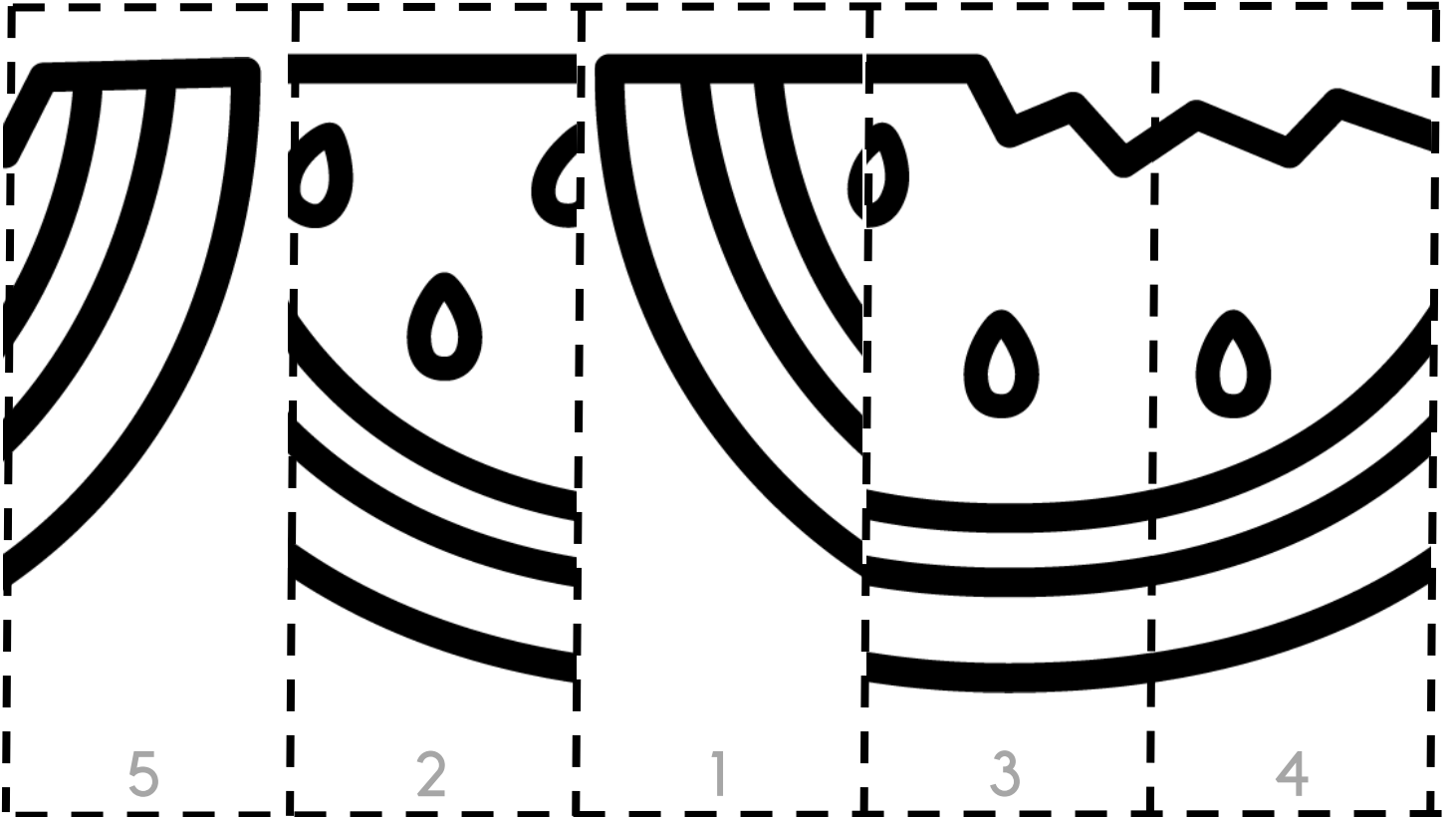
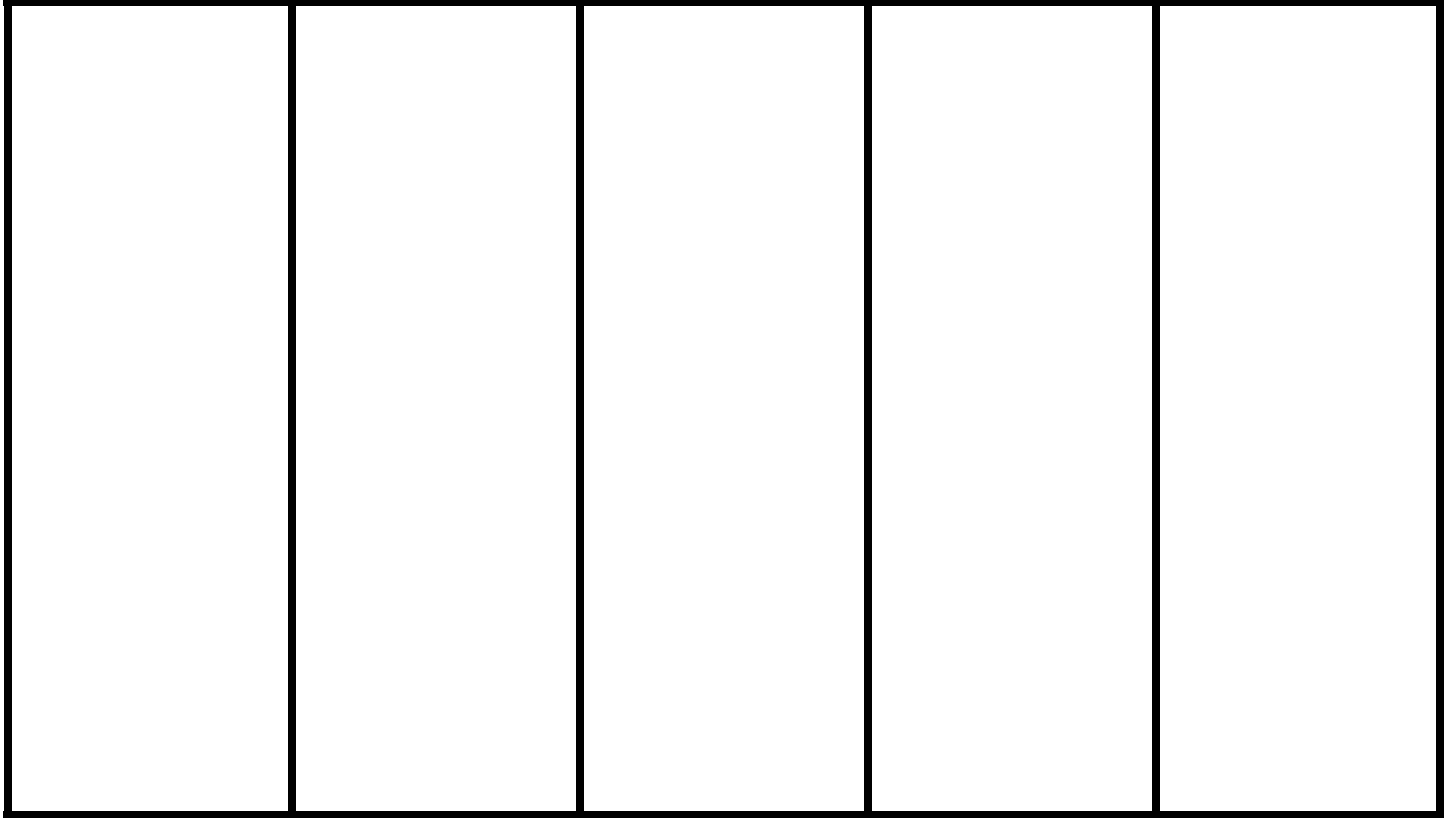
LEVEL 1

SUMMER WATERMELON PUZZLE



Cut on the dotted lines and glue the puzzle back together in the correct number order.

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AUGUST

WEEK 4

LEVEL 1

NUMBER PRACTICE



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1

3

5

7

9

11

13

15

2

4

6

8

10

12

14

16

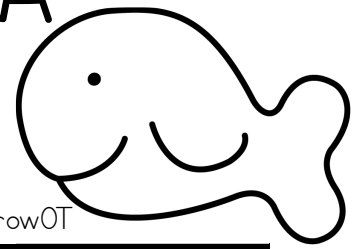
AUGUST

WEEK 4
LEVEL 1

UNDER THE SEA

CRACKER SNACK

recipe



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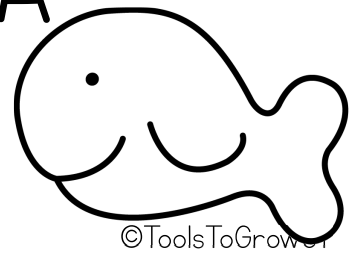
INGREDIENTS AND TOOLS LIST

	1 Graham Cracker (Full Rectangle)	<input type="checkbox"/>
	Cream Cheese	<input type="checkbox"/>
	Blue Food Coloring	<input type="checkbox"/>
	2 Fish Cracker Snacks	<input type="checkbox"/>
	Butter Knife	<input type="checkbox"/>
	Table Spoon	<input type="checkbox"/>
	Small Bowl	<input type="checkbox"/>

UNDER THE SEA




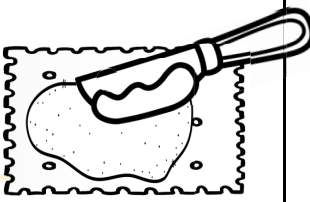
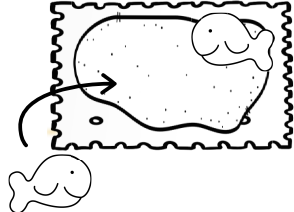
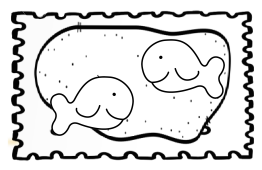
CRACKER SNACK

recipe



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STEPS TO COMPLETE

<p>1</p>	<p>Place 2 tablespoons of cream cheese into a small bowl.</p>		<input type="checkbox"/>
<p>2</p>	<p>Add 1-2 drops of blue food coloring to the cream cheese.</p>		<input type="checkbox"/>
<p>3</p>	<p>Use the spoon to mix until it turns light blue.</p>		<input type="checkbox"/>
<p>4</p>	<p>Use the knife to spread cream cheese onto the graham cracker covering the whole cracker.</p>		<input type="checkbox"/>
<p>5</p>	<p>Place the 2 Fish Crackers onto the cream cheese cracker.</p>		<input type="checkbox"/>
<p>6</p>	<p>You now have an Under The Sea Cracker Snack. Enjoy!</p>		<input type="checkbox"/>

AUGUST

WEEK
5

LEVEL 1

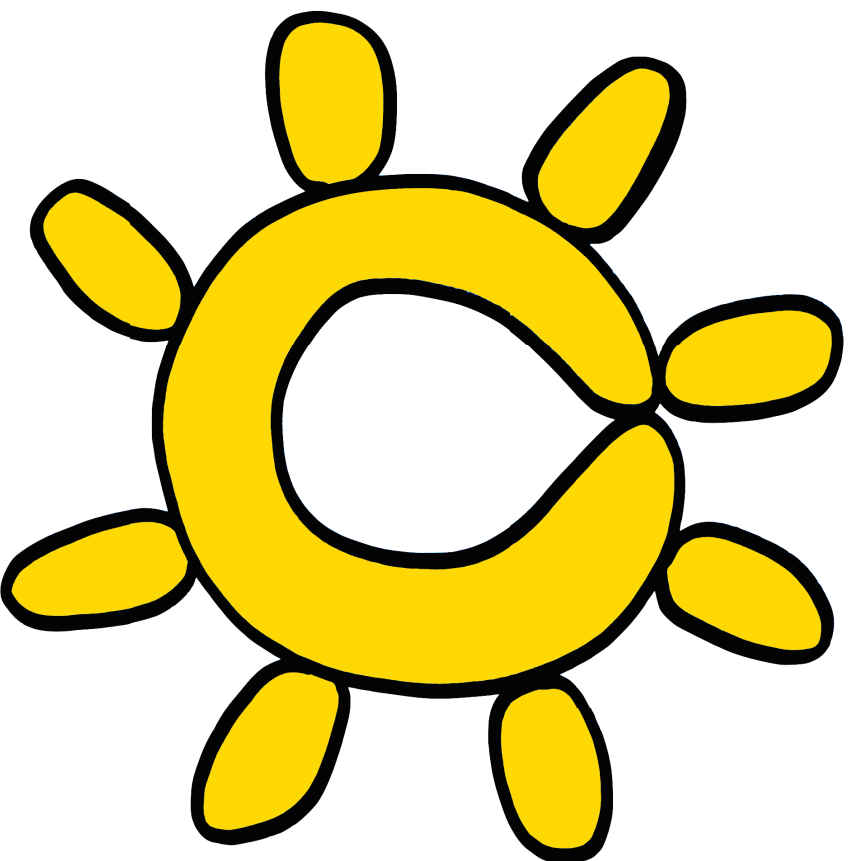


DOUGH MATS

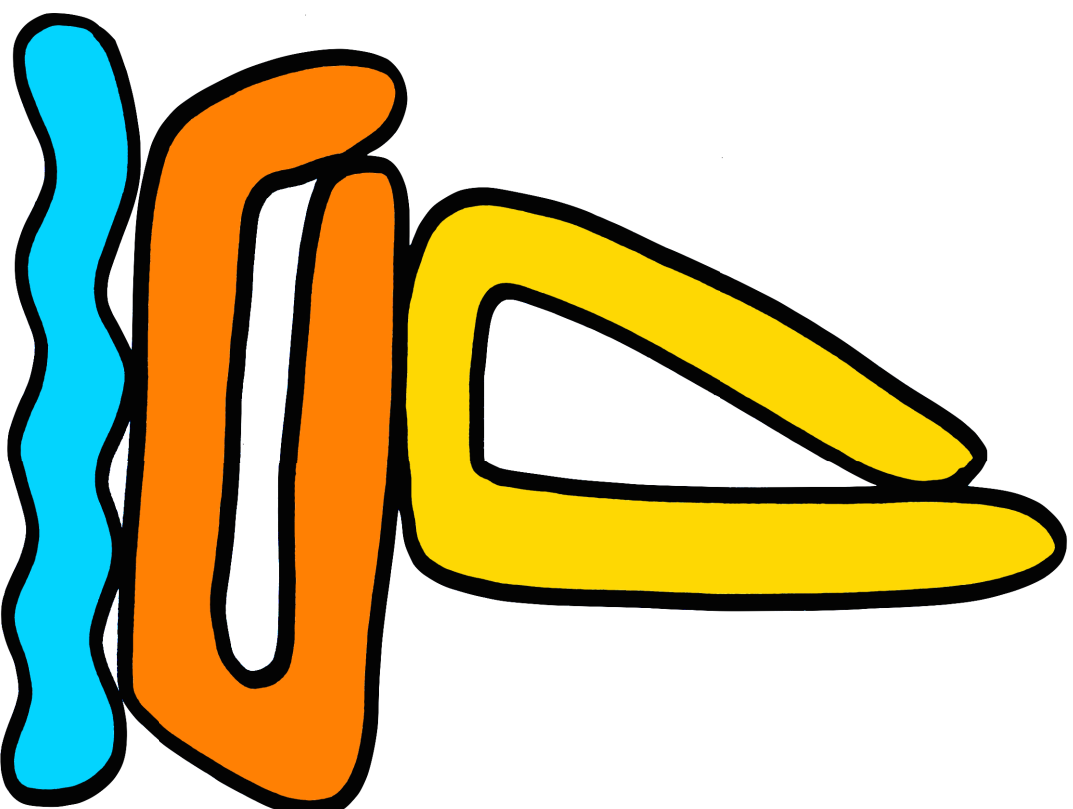
TO USE:

- Print dough mats.
- Cut out each card.
- Laminate or play in clear protector sleeve.
- Roll out dough to place on the dough mats.

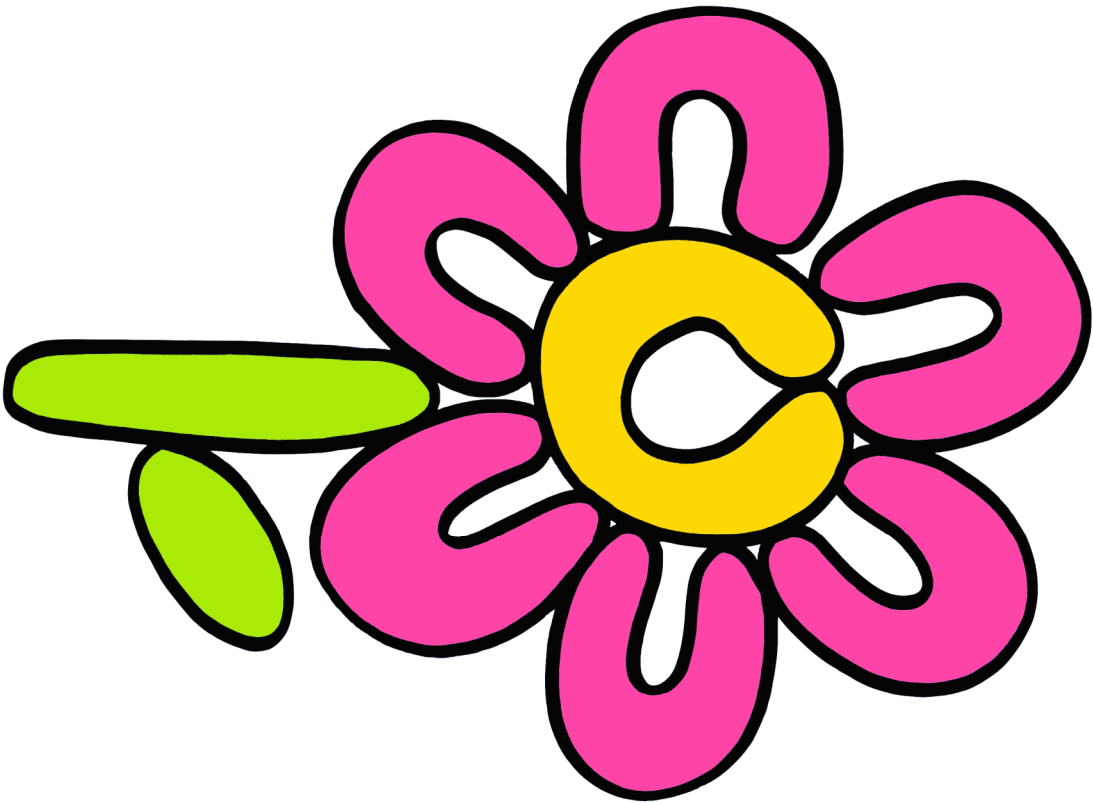
SUMMER
DOUGH MAT 1



SUMMER
DOUGH MAT 2



SUMMER
DOUGH MAT 1



SUMMER
DOUGH MAT 2

